

BDFPA
BRITISH SINGLE LIFT CHAMPIONSHIPS,

Organised by **Pat Reeves** and held at **Dudley College, The Broadway, Dudley, West Midlands, DY1 4AS on Sunday, 19th February, 2012**. The National Committee has, via ballot, sanctioned these Championships to be the **first** one-day event of its kind – hence members are to choose to lift **EITHER** unequipped, or equipped.

Qualification for this event is via BDFPA qualifying events/invitation only

NAME.....

ADDRESS.....

EMAIL (REQUIRED INFORMATION – IF YOU POSSESS).....

TELEPHONE NUMBER.....WEIGHT CLASS.....

DIVISION.....GENDER.....AGE GROUP.....

DATE OF BIRTH.....MEMBERSHIP NUMBER.....

UNEQUIPPEDSQUAT.....BENCH.....DEADLIFT

EQUIPPED.....SQUAT.....BENCH.....DEADLIFT

Please circle, as appropriate

Entry fee **£30** for first lift and **£40** to include a second or third discipline, within chosen category. Cheques made payable to
'G. Elmore Second AC' and addressed to Pat Reeves, Oakfield Cottage, Bromley Lane, Kingswinford, West Midlands, DY6 8JP – or via bank input to Mrs P. J. Reeves, Santander a/c number 93167501. Sort code: 09-01-34 - to be received as soon as possible ahead of closing date of 28th January, 2012

Weigh in 7-8.30 am – All lifters MUST REPORT to weigh in by 8 am. LIFTING STARTS AT 9.30 to 10am

Trophies and certificates to first three lifters in each weight class. All age groups acknowledged.

You will automatically be entered into the OPEN category within your weight class, AND your age-specific category.

Drug testing will absolutely take place!

Official Waiver – please read carefully

In consideration of the acceptance of my entry for this competition, I intend to be legally bound for not only myself, but also my heirs, my executors and my

administrators. In signing this release from liability, I waive and release anyone connected with this competition from any and all liability which may arise from this competition. Moreover, I agree that any testing method that WDFPF/BDFPA recognised testing officers may apply to detect the presence of drugs, as listed on the World Anti-doping Agency (WADA) banned substances list, shall be conclusive. I agree to operate fully with all IOC sampling and testing procedures, including those that may be considered necessary prior-to, or after these Championships. Should I fail to pass the drug testing procedures, I agree to forfeit any trophy/certificate, record or placing that I might otherwise have won, and I also forfeit and previous trophy/certificate, record etc. should the offence be deemed sufficiently serious according to WDFPF/BDFPA rules. I also agree to waive any claim which might arise under State, National or International law for any person, real or corporate, whom I may sue in effort to challenge this release from liability. I understand that my agreement to pay attorney fees and litigation expenses be the SINE QUA NON for my acceptance of my entry in this contest. Results of the drug tests will be published via BDFPA Newsletter and our website.

Signature of participant.....

All enquiries relative to these Championships are to be directed to:

Pat Reeves, Gen Sec, BDFPA – in first instance please email me at pat@foodalive.org or telephone me on 01384 270270. Postal addresses as above.

My very best wishes, Pat