

**BDFPA**  
**British unequipped**  
**Powerlifting**  
**Championships 2012**  
**Scotstoun Stadium**  
**72 Danes Drive Glasgow G14 9HD**  
**Saturday 7<sup>th</sup> April**

**ENTRY FORM**

NAME..... Membership

No.....

ADDRESS.....

.....

..... POST CODE.....

TEL..... E mail .....

D.O.B..... AGE (on date of competition)

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APPROX B/WT..... B/WT.CATEGORY

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Are you a Novice (first-time) competitor? YES ..... No .....

*Unequipped* .....

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**I UNDERSTAND THAT I COMPETE IN THIS EVENT AT MY OWN RISK**

**SIGNED** .....

**DATE**.....

**ENTRY FEE Full Power £35.00 (Cheques payable to Glasgow City Barbell Club).**

**Entry fee, with completed entry forms – to be returned by Monday 26<sup>th</sup> March 2012 (deadline) –**

**to: William Brown, c/o BDFPA, 86 Castlemilk Drive 3/1 Glasgow G45 9DS**

**ENQUIRIES on rules, dress code etc., to William Brown 07920023542,**

[www.bdfpascotland.co.uk](http://www.bdfpascotland.co.uk)

[Wullie.33@ntlworld.com](mailto:Wullie.33@ntlworld.com), and PLEASE Detach Below

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**Weigh-in times: 9am – 10.30am (1 ½ hours)**

You must be at the venue within the 1st hour in order to make weigh-in

**Competition starts promptly at: 11am (½ hour after end of weigh-in)**