

Profile

Your name here

Can you tell us a little about yourself?

Explain a little about drug-free powerlifting.

What are your best lifts?

What titles do you hold or have held?

What records do you hold or have held?

What is your training regime?

How long have you been powerlifting?

How important are training partners to you?

What made you become a powerlifter?

What is your favorite assistance exercise?

What is the biggest mistake that beginners make?

What is your advice for beginners?

What are some of your most memorable powerlifting experiences?

What is the craziest thing you ever seen in powerlifting?

What are your future goals?

What do you think is the most important factor when it comes to upping your lifts?

Do you think powerlifting should become an Olympic sport?

How do you see the future of powerlifting?

What does your diet consist of?

What makes the difference between an average lifter and a champion?

What training style do you think works best?

Do you think bodybuilding exercises should be in a powerlifters' routine?

What are your favourite supplements?

What has powerlifting taught you?

What does powerlifting mean to you?