

European Powerlifting Championships - Maromme, France - 24th & 25th June 2006

E/UE	Cat.	Name	Nat	B Wgt	Age	Squat	4th	Bench	D/Lift	Total	Points	Place
UE	44	Pat Reeves	ENG	43	M5	37.5		32.5	95	165	186.15	1
	55.5	Rose Lozano	FRA	53.5	M2	92.5		62.5	140	295	279.13	1
		Nancy Wagner	SWI	55.5	Snr	97.5		65	115	277.5	254.75	2/1
	63	Veronique Bourdon	FRA	61.1	M2	92.5		80	147.5	320	271.14	1
	90	Gladys Saussois	FRA	88.3	Snr	132.5		92.5	192.5	417.5	267.12	1
	67.5	Guido Cucciniello	ITA	67.5	Snr	170		107.5	215	492.5	357.46	1
		Kevin Claverie	FRA	67.1	Jnr	165		122.5	180	467.5	341.13	2/1
		Romain Sholtes	FRA	66.4	Jnr	155		107.5	165	427.5	314.94	3/2
		Gordon Rennie	SCO	66	T3	135		85	195	415	307.43	4/1
		Baljit Cheema	ENG	66.6	T3	137.5		97.5	175	410	301.23	5/2
		Daniel Camut-Mollet	FRA	67.2	M6	147.5		77.5	170	395	287.84	6/1
		David Wilson	ENG	67.4	M1	130		110	155	395	287.09	7/1
	75	Gilles Herit	FRA	73	Snr	190		125	225	540	366.61	1
		Laurie Constantin	ENG	74	M1	155		115	195	485	312.20	2/1
		Guillaume Bernadin	FRA	71.3	T3	152.5		95	185	432.5	299.42	3/1
		John Paul Hayes	SCO	73.1	T3	140		85	180	405	274.67	4/2
		Johnathan Gefen	FRA	74.3	T3	155		110x	-	n/a	n/a	n/a
	82.5	Pascal Mauhourat	FRA	79.3	M2	200		130	272.5	602.5	383.79	1
		Patrick Valfrey	FRA	82.5	M1	180		142.5	215	537.5	332.87	2/1
		Jeremie Stoffel	FRA	82.2	Jnr	150		107.5	245	502.5	312	3/1
		Jonathan Biggin	SCO	76.6	T2	155		115	215	485	317.04	4/1
		Thomas Coyle	IRE	79.3	M1	150		95	220	465	296.21	5/2

		Laurence Bradshaw	ENG	82.2	T1	140	145	110	202.5	452.5	280.96	6/1
	90	Geoffroy Servotte	BEL	89.9	Snr	260.5		177.5	252.5	690	404.13	1
		Thomas Wissler	SWI	90	M1	200		142.5	260	602.5	352.64	2/1
		M Constanso	ITA	89.2	Snr	215		135	250	600	353.10	3/2
		Gilles Rondeau	FRA	87.7	Snr	200		150	220	570	338.98	4/3
		Roderic L'Exact	FRA	83.3	T3	182.5		125	225	532.5	327.59	5/1
		J C Dumont	FRA	88	M2	170		130	230	530	314.56	6/1
	100	Julian Vowles	ENG	97.2	Snr	235		137.5	285	657.5	369.05	1
		Stephen Fisher	ENG	96.4	Snr	230		165	245	640	360.7	2
		Marcus Reiner	SWI	97.5	M1	192.5		157.5	245	595	333.5	3/1
		Roger Studer	SWI	99.1	Snr	195		147.5	250	592.5	329.61	4/3
		Dominique Corre	FRA	94.7	M1	180		140	250	570	324.22	5/2
		Philippe Foire	FRA	99.5	M2	205		152.5	200	552.5	306.5	6/1
		Alastair Christie	SCO	98.5	M4	190		120	240	550	306.79	7/1
		Sergey Kirilov	RUS	99.7	M3	170		142.5	190	502.5	278.79	8/1

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UE	110	Les Pilling	ENG	108.9	M3	250		150		280	680	365.7	1
		Joel Godon	FRA	106.2	M2	207.5		165		275	647.5	350.75	2/1
		Ronald Simpson	SCO	104	M4	195		110		215	520	283.66	3/1
		John Gosteli	SWI	106	M6	142.5		107.5		170	420	227.68	4/1
	125	Cedric Broutin	FRA	120	Snr	265		175		267.5	707.5	372.85	1
		Joachim Jehle	SWI	123.9	Snr	210		145		215	570	297.88	2
		Jerome Deschamps	BEL	111.2	T3	200		105		230	535	286.28	3/1

	145	Mark Haydock	ENG	127.8	Snr	300		175		305	780	403.96	1
E	58.5	Orla Smith	IRE	57.4	Snr	110		62.5		110	282.5	252.22	1
	60	Stephen Brown	ENG	60	M1	185		100		210	495	402.34	1
	67.5	Vincent Goffin	BEL	67.2	Snr	222.5		150.5		227.5	600	437.22	1
		Lionel Van Dooren	BEL	62.8	T2	130		80		162.5	372.5	289.25	2/1
	75	William Brown	SCO	75	Snr	240		140		250	630	418.64	1
		Dean Mikosz	ENG	73.9	Snr	260		155		205	620	416.83	2
		Daniel Delaporte	FRA	72.6	M4	180	185x	125	127.5	205	510	347.82	3/1
		Lionel Hamon	FRA	74.9	M3	140		130		240	510	339.25	4/1
	82.5	Beny Verbeke	BEL	82.4	M1	270		140		300	710	440.06	1
		Elie Lalouche	FRA	81.4	M2	235		157.5	160	245	637.5	398.5	2/1
		Steve Cook	WAL	81.7	Snr	230		145		230	605	377.22	3/1
	90	Stephen Maden	ENG	89.3	M1	230		160		235	625	367.56	1
	100	Matthew Saunders	ENG	98.1	Snr	312.5		222.5		322.5	857.5	479.26	1
		Gianni Vermote	BEL	99.8	Snr	262.5		162.5		230	655	363.2	2
		Sergey Kirilov	RUS	98.4	M3	200		140		210	550	306.96	3/1
	110	Mark Norton	ENG	108.3	M1	340.5		237.5		262.5	840	452.42	1
		Leslie Pilling	ENG	109.3	M3	300		180		285	765	411.03	2/1
		Francesco Natalizi	ITA	107.9	Snr	210		90		210	510	274.99	3/1
	125	Gerald Pilling	ENG	123.8	Snr	330		210		320	860	449.52	1
		Hamish Davidson	SCO	110.2	M3	200x		-		-	n/a	n/a	n/a

Report from Mark Norton

The 2006 European Championships were held in the town of Maromme, northern France. The venue was a purpose built sports centre, Stade Paul Vauquelin just outside the town centre. Food and drink were in plentiful supply to keep hunger at bay.

On to the competition, in the 44kg class Pat Reeves took the title after an epic journey through France and our only female entrant. In the 67.5kg class, two from the T3 age group lifted very well in a close battle Gordon Rennie, Scotland, just 5kg ahead of Baljit Cheema, England who later on went to celebrate by drinking all the local cider at the venue. David Wilson was injured and put a

total of 395kg in and gained team points. In the 75kg class another young Scot, John Paul Hayes managed a 405kg total for 2nd place behind a useful French T3 lifter. Laurie Constantin put a 465kg total together for the M1 title

In the 82.5 kg class, Laurence Bradshaw at T1 (14 years old) put together a solid 452.5kg total which included a few records. Jonathan Biggin in the T2 age group put in an excellent 485kg including a 215kg deadlift to take the title.

Unfortunately no 90kg lifters but 3 in the 100's, Jules Vowles and Stephen Fisher locked horns again after their British encounter and Jules took the honour by virtue of a better deadlift this time narrowly missing a big 300kg deadlift. Alastair Christie at M4 totalled 550kg which included a 240kg deadlift and another Scottish win. It was also good to see the Swiss at an International event, I spoke to Markus Reiner afterwards and he was delighted with his 9 for 9 PB performance and 3rd place in the open.

At 110 Les Pilling M3 totalled 680kg to win the open and M3 title and Ronnie Simpson took the M4 honours with 520kg's for Scotland.

Mark Haydock at 145kg class produced another world class performance. Considering he had driven the mini bus, along with Eddie Bennett the whole day before 780kg is big.

Day 2 and the equipped section: Stephen Brown started the proceedings in the 60kg weight category, pulling an impressive 210kg deadlift to end up with 495kg's.

In the 75's William Brown, Scotland and Dean Mikosz, England had another close fought contest with Dean squatting 260kg and benching 155kg giving him a 35kg subtotal over Willie. So it came down to the deadlift Dean started with 205 and Willie succeeded with 240, Dean went for the win with 217.5kg but missed it and Willie pulled 245 for a 2nd attempt. Dean then went for 220kg only to see Willie pull 250kg and 1st place by only 10kg's, a great contest.

Steve Cook from Wales at 82.5 lifted well for his first international and was in the company of some well seasoned lifters in Beny Verbeke Belgium and Elie Lalouche of France. Steve totalled 605kg in the open event. Steve Maden lifted solo in the 90kg class, totalling 625kg, Euro title and maximum team points.

Matt Saunders 100kg class needs no introduction and went on to total 857.5kg a British and European record. He also claimed the bench press record with 222.5kg in the process. Matt will be going for a record 10th World title in November at the Worlds in Ireland.

In the 110's Les Pilling totalled 765kg at M3 for the umpteenth European title. I managed to break a long standing record at M1 in the squat with 340.5kg and get a PB total 840kg which I was satisfied with considering the fact that I had a poorly knee and hip.

Gerald Pilling did the business at 125 with 860kg including a British squat record 330kg and I don't think it will be too long before he hits the 900kg mark. Hamish Davidson from Scotland unfortunately went out on the squats probably due to being a little ill.

Anyway the next stop for most us will be the Worlds in Kinsale, Ireland in November and I wish everyone the best of luck. I'm sure the IDFFPA will put on a great championships.