

Competition 4 Nations 2014

Divisional Record British Record European Record World Record MPF British Record Drug Tested Calibrated Scales and Weights Used YES

Refs Glen Danbury, Pete Gaskin, Pat Reeves, Andy Bonner, Pete Sparks Team Ireland members only eligible for British records if they are BDFPA members Scorekeepers - Pete Gaskin, Phil Jones

FLT	Wt cat.	Body wt	Age Cat	UN/ EQ	F/M	DIV	Name	SQUAT				BENCH				DEADLIFT				Total	Co eff.	Points	Eng 2935	Ire 2703	Sco 2753	Wales 2600
								1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift							
1	47.50	46.10	T3	UN	F	Scotland	Hayley Rutherford	65.0 kg	67.5 kg	70.0 kg		35.0 kg	37.5 kg	40.0 kg		92.5 kg	100.0 kg	102.5 kg	207.5 kg	1.06760	221.5270			0		
1	50.50	49.50	Open	UN	F	Ireland	Hazeline Hu	97.5 kg	102.5 kg	102.5 kg		55.0 kg	57.5 kg	60.0 kg		122.5 kg	130.0 kg	132.5 kg	292.5 kg	1.00820	294.8985		295			
1	53.00	52.90	M3	UN	F	Wales	Sue Bethell	65.0 kg	77.5 kg	85.0 kg		40.0 kg	45.0 kg	50.0 kg		130.0 kg	140.0 kg	145.0 kg	267.5 kg	0.95500	255.4625				255	
1	55.50	54.80	Open	UN	F	England	Nicole Dash	100.0 kg	110.0 kg	117.5 kg		42.5 kg	47.5 kg	47.5 kg		110.0 kg	125.0 kg	135.0 kg	295.0 kg	0.92770	273.6715	274				
1	58.50	57.70	Open/MPF	UN	F	Scotland	Karen Dalziel	85.0 kg	90.0 kg	97.5 kg		62.5 kg	67.5 kg	70.0 kg		135.0 kg	140.0 kg	142.5 kg	300.0 kg	0.88890	266.6700			267		
1	58.50	57.50	Open	UN	F	Ireland	Linh Nguyen	112.5 kg	117.5 kg	117.5 kg		55.0 kg	57.5 kg	57.5 kg		115.0 kg	122.5 kg	125.0 kg	290.0 kg	0.89150	258.5350		259			
1	58.50	58.00	Open	UN	F	Ireland	Martina Hennessy	112.5 kg	120.0 kg	120.0 kg		47.5 kg	50.0 kg	55.0 kg		120.0 kg	130.0 kg	130.0 kg	287.5 kg	0.88510	254.4663		0			
OUT	63.00	59.80	Open	UN	F	Ireland	Fionulla McHale													0.86280	0.0000		0			
2	70.00	70.00	Open	UN	F	Ireland	Assumpta Feeney	117.5 kg	125.0 kg	130.0 kg		65.0 kg	67.5 kg	67.5 kg		145.0 kg	157.5 kg	160.0 kg	350.0 kg	0.75810	265.3350		265			
2	70.00	68.00	Open	UN	F	Ireland	Clare Patterson	100.0 kg	107.5 kg	112.5 kg		75.0 kg	80.0 kg	85.0 kg		132.5 kg	140.0 kg	145.0 kg	332.5 kg	0.77370	257.2553		0			
2	70.00	66.50	M1	UN	F	Scotland	Jo Gaskin	115.0 kg	120.0 kg	120.0 kg		57.5 kg	60.0 kg	62.5 kg		145.0 kg	155.0 kg	160.0 kg	330.0 kg	0.78870	260.2710			260		
2	80.00	78.10	T3	UN	F	England	Shachar Head	130.0 kg	140.0 kg	147.5 kg		77.5 kg	80.0 kg	82.5 kg	85.00	155.0 kg	165.0 kg	170.0 kg	392.5 kg	0.70070	275.0248	275				
2	80.00	71.20	Open	UN	F	England	Megan Batchelor	110.0 kg	115.0 kg	122.5 kg		75.0 kg	80.0 kg	85.0 kg		135.0 kg	145.0 kg	155.0 kg	350.0 kg	0.74900	262.1500	0				
2	90.00	83.20	Open	UN	F	Wales	Kat Zlamatova Brown	95.0 kg	105.0 kg	110.0 kg		52.5 kg	57.5 kg	57.5 kg		125.0 kg	135.0 kg	145.0 kg	302.5 kg	0.66890	202.3423				202	
3	67.50	64.70	Open	UN	M	Ireland	Kris Boyce	155.0 kg	162.5 kg	167.5 kg		117.5 kg	125.0 kg	127.5 kg		200.0 kg	210.0 kg	217.5 kg	502.5 kg	0.75460	379.1865		379			
3	75.00	74.70	Open	UN	M	England	Luke Rogers	192.5 kg	205.0 kg	207.5 kg		125.0 kg	130.0 kg	132.5 kg		240.0 kg	252.5 kg	265.0 kg	587.5 kg	0.66660	391.6275	392				
3	75.00	72.90	Jnr	UN	M	Wales	Luke Phillips	155.0 kg	160.0 kg	167.5 kg		122.5 kg	127.5 kg	127.5 kg		215.0 kg	225.0 kg	235.0 kg	507.5 kg	0.67970	344.9478				345	
3	82.50	82.50	Open/MPF	UN	M	Wales	Sam Dew	240.0 kg	255.0 kg			160.0 kg	170.0 kg	175.0 kg		230.0 kg	250.0 kg	257.5 kg	682.5 kg	0.61930	422.6723				423	
3	82.50	80.10	Open	UN	M	Scotland	Chris Wong	200.0 kg	210.0 kg	210.0 kg		125.0 kg	135.0 kg	135.0 kg		220.0 kg	230.0 kg	250.0 kg	585.0 kg	0.63240	369.9540				370	
3	82.50	76.60	Open/MPF	UN	M	Scotland	Mark Hourston	165.0 kg	175.0 kg	180.0 kg		125.0 kg	130.0 kg	135.0 kg		215.0 kg	225.0 kg	235.0 kg	550.0 kg	0.65370	359.5350				360	
4	90.00	89.30	Jnr/MPF	UN	M	England	Reece Meakin	200.0 kg	210.0 kg	220.0 kg		157.5 kg	165.0 kg	165.0 kg	-170.50	252.5 kg	267.5 kg	275.0 kg	642.5 kg	0.58810	377.8543	378				
4	90.00	86.00	Open/MPF	UN	M	England	Wesley McGuinness	195.0 kg	205.0 kg	212.5 kg		145.0 kg	152.5 kg	155.0 kg		225.0 kg	232.5 kg	240.0 kg	607.5 kg	0.60220	365.8365	0				
4	90.00	88.90	M3	UN	M	Ireland	Andy Murtagh	170.0 kg	180.0 kg	190.0 kg		130.0 kg	135.0 kg	140.0 kg		275.0 kg	280.0 kg	282.5 kg	607.5 kg	0.58970	358.2428		358			
4	100.00	100.00	M2	UN	M	England	Steve Sprange	250.0 kg	265.0 kg	275.0 kg		147.5 kg	152.5 kg	157.5 kg		260.0 kg	280.0 kg	285.0 kg	697.5 kg	0.55400	386.4150	386				
4	100.00	98.90	Open	UN	M	Scotland	Tommy McGovern	230.0 kg	242.5 kg	250.0 kg		125.0 kg	132.5 kg	135.0 kg		282.5 kg	292.5 kg	300.0 kg	670.0 kg	0.55680	373.0560				373	
4	100.00	96.70	Open/MPF	UN	M	Wales	James Cox	210.0 kg	217.5 kg			132.5 kg	137.5 kg		250.0 kg	260.0 kg	265.0 kg	610.0 kg	0.56270	343.2470				343		
4	100.00	93.90	Open	UN	M	Ireland	Andrew Richardson	190.0 kg	205.0 kg	220.0 kg		117.5 kg	122.5 kg	127.5 kg		245.0 kg	265.0 kg	270.0 kg	607.5 kg	0.57140	347.1255		347			
4	100.00	99.30	Open	UN	M	Wales	Geraint Llewellyn	180.0 kg	192.5 kg	200.0 kg		155.0 kg	165.0 kg	170.0 kg		215.0 kg	235.0 kg	242.5 kg	600.0 kg	0.55580	333.4800				333	
4	100.00	99.90	Jnr	UN	M	Wales	Joshua Edwards	200.0 kg	210.0 kg	220.0 kg		130.0 kg	140.0 kg	140.0 kg		240.0 kg	250.0 kg	265.0 kg	600.0 kg	0.55430	332.5800				0	
OUT	100.00	91.60	M4	UN	M	England	Andy Bonner													0.57930	0.0000		0			
5	110.00	103.80	M1	UN	M	England	Simon Marshall	250.0 kg	265.0 kg	272.5 kg		190.0 kg	200.0 kg	200.0 kg		300.0 kg	315.0 kg	315.0 kg	772.5 kg	0.54590	421.7078	422				
5	110.00	108.00	Open	UN	M	England	Iain MacConnachie	270.0 kg	280.0 kg	287.5 kg		180.0 kg	190.0 kg	195.0 kg		255.0 kg	265.0 kg	272.5 kg	750.0 kg	0.53910	404.3250	404				
4	110.00	108.00	Open	UN	M	Ireland	Mark Murphy	210.0 kg	220.0 kg	230.0 kg		165.0 kg	175.0 kg	180.0 kg		265.0 kg	275.0 kg	282.5 kg	685.0 kg	0.53910	369.2835		369			
5	110.00	106.70	Open	UN	M	Scotland	Martin Smith	200.0 kg	210.0 kg	215.0 kg		152.5 kg	155.0 kg	157.5 kg		250.0 kg	265.0 kg	280.0 kg	630.0 kg	0.54100	340.8300				0	
5	110.00	102.60	M4	UN	M	Scotland	Arthur Cowley	220.0 kg	233.0 kg			142.5 kg	150.0 kg	152.5 kg		245.0 kg	255.0 kg	265.0 kg	635.0 kg	0.54830	348.1705				348	
5	110.00	108.90	Open	UN	M	Wales	Lee Dunkley	180.0 kg	195.0 kg	200.0 kg		140.0 kg	145.0 kg	152.5 kg		240.0 kg	250.0 kg	260.0 kg	605.0 kg	0.53780	325.3690				0	
4	125.00	114.50	Open	UN	M	Ireland	James O'Connell	270.0 kg	285.0 kg	295.0 kg		185.0 kg	200.0 kg	205.0 kg		280.0 kg	300.0 kg	310.0 kg	810.0 kg	0.53180	430.7580		431			
4	125.00	123.70	Open	UN	M	Wales	Deri Hughes	240.0 kg	255.0 kg	260.0 kg		135.0 kg	142.5 kg	150.0 kg		220.0 kg	232.5 kg	232.5 kg	630.0 kg	0.52280	329.3640				0	
5	145.00	132.90	Open	UN	M	Wales	Daniel Ferrett	225.0 kg	245.0 kg	250.0 kg		180.0 kg	180.0 kg	192.5 kg		265.0 kg	275.0 kg	280.0 kg	685.0 kg	0.51150	350.3775				350	
5	145.00	131.50	Open	UN	M	Scotland	Craig Cameron	250.0 kg	265.0 kg	265.0 kg		147.5 kg	147.5 kg	152.5 kg		265.0 kg	275.0 kg	275.0 kg	667.5 kg	0.51320	342.5610				343	
3	75.00	73.80	Open	EQ	M	Wales	Phil Webley Parry	160.0 kg	175.0 kg	180.0 kg		110.0 kg	115.0 kg			220.0 kg	235.0 kg	250.0 kg	505.0 kg	0.67300	339.8650				0	
3	82.50	80.80	M3	EQ	M	Wales	John Williams	200.0 kg	210.0 kg	215.0 kg		90.0 kg	97.5 kg	102.5 kg		215.0 kg	230.0 kg	236.0 kg	552.5 kg	0.62840	347.1910				347	
5	90.00	89.10	M1	EQ	M	Scotland	Wullie Brown	275.0 kg	295.0 kg	305.0 kg		160.0 kg	160.0 kg	170.0 kg		270.0 kg	280.0 kg		735.0 kg	0.58890	432.8415				433	
5	90.00	88.30	Open	EQ	M	Ireland	David Twomey	235.0 kg	245.0 kg	250.0 kg		155.0 kg	165.0 kg	175.0 kg		235.0 kg	235.0 kg	235.0 kg		0.59220	0.0000		0			
5	110.00	100.20	Open	EQ	M	England	Matt Gibson	280.0 kg	295.0 kg	300.0 kg		170.0 kg	180.0 kg	185.0 kg		250.0 kg	260.0 kg	260.0 kg	730.0 kg	0.55360	404.1280	404				

Best Lifters
 Hazeline Hu - Female/Open
 James O'Connell - Unequipped/Open
 Sue Bethell - Masters
 Wullie Brown - Masters/EQ

Scoring
 Top 8 to count
 Can include 1 equipped
 Must include minimum of 2 Women