

Official APU Championship Score Sheet  
NATIONAL SINGLE LIFT CHAMPIONSHIPS 2014

Date of Comp - 01 MARCH 14

UE/E	Name	Wt cat.	Body wt	Age Cat	Single Lift - DEADLIFT				Sub Total	Co eff.	Points	MAM	Masters PN	PLACING	QUALIFIED FOR INTERNATIONALS	BEST LIFTER
					1st Lift	2nd Lift	3rd Lift	4th Lift								
U	GEORGIE HODSON	50.50	48.80	Open	80.0 kg	87.5 kg	95.0 kg		95.0 kg	1.01990	96.8905		0.0000	1	Yes	
U	PAT REEVES	50.50	49.60	M6	85.0 kg	90.0 kg	95.0 kg		95.0 kg	1.00650	95.6175	1.6300	155.8565	1	Yes	
U	SUE BETHELL	58.50	55.30	M3	135.0 kg	145.0 kg	151.5 kg		150.0 kg	0.92080	138.1200	1.2070	166.7108	1	Yes	Best Female Unequipped
U	MILI LEITNER	58.50	57.20	Open	110.0 kg	122.5 kg	127.5 kg		127.5 kg	0.89540	114.1635		0.0000	1	Yes	
U	IWONA LANGE	58.50	58.30	Open	100.0 kg	115.0 kg	125.0 kg		115.0 kg	0.88140	101.3610		0.0000	1	Yes	
U	HELEN CATHERINE WALTER	58.50	57.80	M6	85.0 kg	90.0 kg	95.0 kg		95.0 kg	0.88760	84.3220	1.5970	134.6622	1	Yes	
U	ANN THOMAS	63.00	60.20	Open/MPF	130.0 kg	140.0 kg			140.0 kg	0.85790	120.1060		0.0000	1	Yes	
U	NICOLA ELDING	63.00	62.20	M3	90.0 kg	100.0 kg	115.0 kg		115.0 kg	0.83470	95.9905	1.0600	101.7499	1	Yes	
U	ISHBEL WADE	63.00	61.90	M1	90.0 kg	95.0 kg	100.0 kg		100.0 kg	0.83810	83.8100	1.0000	83.8100	1	Yes	
U	CROW DILLON-PARKIN	70.00	68.10	M3	100.0 kg	110.0 kg	115.0 kg		110.0 kg	0.77290	85.0190	1.1870	100.9176	1	Yes	
U	MARY ANDERSON	80.00	75.30	M2	150.0 kg	160.0 kg	165.0 kg		160.0 kg	0.71960	115.1360	1.0780	124.1166	1	Yes	
U	LUCIE SPRAGGON	90.00	83.20	JNR	120.0 kg	135.0 kg	142.5 kg	145.0 kg	142.5 kg	0.66890	95.3183		0.0000	1	Yes	
U	JAMES CAITHNESS	60.00	59.30	JNR	135.0 kg	145.0 kg	155.0 kg		155.0 kg	0.82280	127.5340		0.0000	1	Yes	
U	NATHANIEL FLETCHER	60.00	59.10	T2	130.0 kg	140.0 kg	150.0 kg	152.5 kg	150.0 kg	0.82570	123.8550		0.0000	1	Yes	
U	NATHAN LEACH	67.50	66.00	Open/MPF	155.0 kg	165.0 kg	170.0 kg		170.0 kg	0.74080	125.9360		0.0000	1	Yes	
U	ROBERT FERGUSON	67.50	61.20	T1	120.0 kg				120.0 kg	0.66450	79.7400		0.0000	1	Yes	
U	OLIVER GILBERT	75.00	74.50	Open	220.0 kg	235.0 kg	245.0 kg		245.0 kg	0.66800	163.6600		0.0000	1 SNR	Yes	
U	DAVID HODSON	75.00	73.50	Open	190.0 kg	207.5 kg	215.0 kg		207.5 kg	0.67520	140.1040		0.0000	2 SNR	Yes	
U	COLIN DEAKIN	75.00	69.90	Open/MPF	180.0 kg	195.0 kg	195.0 kg		180.0 kg	0.70400	126.7200		0.0000	3 SNR	Yes	
U	LAURIE CONSTANTIN	75.00	73.80	M3	160.0 kg	177.5 kg	182.5 kg		177.5 kg	0.67300	119.4575	1.2280	146.6938	1	Yes	
U	BEN SPARKS	75.00	72.60	T2	140.0 kg	155.0 kg	165.0 kg		165.0 kg	0.68200	112.5300		0.0000	1	Yes	
U	PHILIP JOHN	75.00	72.40	JNR	152.5 kg	165.0 kg	165.0 kg		152.5 kg	0.68350	104.2338		0.0000	1	Yes	
U	GREN ELMORE	75.00	73.10	M10	80.0 kg	85.0 kg	86.0 kg		85.0 kg	0.67820	57.6470	2.1000	121.0587	1	Yes	
U	CHARLES BUCHANNAN	82.50	81.50	M4	260.0 kg	280.0 kg	292.5 kg		280.0 kg	0.62450	174.8600	1.3500	236.0610	1	Yes	Best Male Unequipped
U	DAVE HEATH	82.50	80.70	Open/MPF	220.0 kg	235.0 kg	242.5 kg	247.5 kg	242.5 kg	0.62900	152.5325		0.0000	1	Yes	
U	DILJEET SINGH	82.50	75.70	Open/MPF	240.0 kg	255.0 kg	255.0 kg		240.0 kg	0.65980	158.3520		0.0000	2	Yes	
U	ALEX FODOR	82.50	78.80	JNR	225.0 kg	235.0 kg	241.0 kg		235.0 kg	0.63990	150.3765		0.0000	1	Yes	
U	MIKE CHAMBERS	82.50	76.60	Open	200.0 kg	230.0 kg	255.0 kg		230.0 kg	0.65370	150.3510		0.0000	2	Yes	
U	PATRICK LYNCH	82.50	82.40	JNR	205.0 kg	220.0 kg	230.0 kg	240.5 kg	230.0 kg	0.61980	142.5540		0.0000	2	Yes	
U	MARTIN PARRY	82.50	81.20	M1/MPF	200.0 kg	212.5 kg	220.0 kg		220.0 kg	0.62620	137.7640	1.0140	139.6927	1	Yes	
U	DAVID LOEBELL	82.50	81.70	M2	205.0 kg	218.5 kg	220.0 kg		217.5 kg	0.62350	135.6113	1.0780	146.1889	1	Yes	
U	BRIAN SHIELDS	82.50	82.40	M3	215.0 kg	222.2 kg			215.0 kg	0.61980	133.2570	1.1870	158.1761	1	Yes	
U	NICOLAS MAY	82.50	80.50	JNR	210.0 kg	220.0 kg	220.0 kg		210.0 kg	0.63010	132.3210		0.0000	3	Yes	
U	ANDREW NORTON	82.50	81.50	Open	185.0 kg	195.0 kg	205.0 kg		195.0 kg	0.62450	121.7775		0.0000	3	Yes	
U	MICHAEL ROUND	82.50	81.50	M4	185.0 kg	190.0 kg	195.0 kg		195.0 kg	0.62450	121.7775	1.3220	160.9899	2	Yes	
U	BRIAN WINSLOW	82.50	75.60	M8	120.0 kg	130.0 kg	137.5 kg		130.0 kg	0.66030	85.8390	1.7800	152.7934	1	Yes	
U	MIKE DAVIES	82.50	80.00	M8	110.0 kg	120.0 kg	132.5 kg		120.0 kg	0.63290	75.9480	1.7000	129.1116	2	Yes	
U	REECE MEAKIN	90.00	86.40	JNR/MPF	245.0 kg	267.5 kg	267.5 kg		245.0 kg	0.60040	147.0980		0.0000	1	Yes	
U	MICHAEL HAWKINS	90.00	86.90	JNR/MPF	225.0 kg	235.0 kg	237.5 kg		237.5 kg	0.59820	142.0725		0.0000	2	Yes	
U	NEAL COLLINSON*	90.00	82.50	M3	200.0 kg	220.0 kg	230.0 kg		220.0 kg	0.61930	136.2460	1.1500	156.6829	1	Yes	
U	WILL YOUNG	90.00	87.60	JNR	202.5 kg	212.5 kg	217.5 kg		212.5 kg	0.59520	126.4800		0.0000	3	Yes	
U	ERIC CONWAY	90.00	88.40	M3	185.0 kg	195.0 kg	205.0 kg		205.0 kg	0.59180	121.3190	1.2280	148.9797	2	Yes	
U	ANDREW CONDON	100.00	96.20	Open	245.0 kg	260.0 kg	267.5 kg		267.5 kg	0.56420	150.9235		0.0000	1	Yes	
U	MATHEW PAYNTER	100.00	96.60	Open	240.0 kg	250.0 kg	260.0 kg		260.0 kg	0.56300	146.3800		0.0000	2	Yes	
U	PHIL JONES	100.00	99.30	M2/MPF	227.5 kg	240.0 kg	250.0 kg		240.0 kg	0.55580	133.3920	1.0600	141.3955	1 / MPF	Yes	
u	HARBANS BANSAL	100.00	97.40	Open	220.0 kg	230.0 kg	245.0 kg		230.0 kg	0.56080	128.9840		0.0000	3	Yes	
U	YANNIS VERENAKIS	100.00	96.70	JNR	200.0 kg	207.5 kg	215.0 kg		215.0 kg	0.56270	120.9805		0.0000	1	Yes	
U	JOHN CAMPBELL	100.00	98.50	JNR	205.0 kg	215.0 kg	220.0 kg		215.0 kg	0.55780	119.9270		0.0000	2	Yes	
U	DARREN GREVILLE	100.00	100.00	M1	212.5 kg				212.5 kg	0.55400	117.7250	1.0280	121.0213	1	Yes	
U	DEAN FLETCHER	100.00	97.40	M2/MPF	195.0 kg	205.0 kg	210.0 kg		210.0 kg	0.56080	117.7680	1.0280	121.0655	2	Yes	

U	ANDREW WEBBER	100.00	96.60	Open	205.0 kg	215.0 kg			205.0 kg	0.56300	115.4150		0.0000	4	No	
U	STEVE HASWELL	110.00	104.20	Open/MPF	280.0 kg	301.0 kg	305.0 kg		305.0 kg	0.54520	166.2860		0.0000	1	Yes	Best Male MPF
U	SIMON GARDENER	110.00	101.90	M2	240.0 kg	255.0 kg	272.5 kg		272.5 kg	0.54970	149.7933	1.1140	166.8697	1	Yes	
U	ALISTAIR MURDOCH	110.00	107.20	M2	250.0 kg	265.0 kg	277.5 kg		265.0 kg	0.54020	143.1530	1.0780	154.3189	2	Yes	
U	PETER CLANCY*	110.00	97.80	M1	240.0 kg	255.0 kg	265.0 kg		265.0 kg	0.55970	148.3205	1.0050	149.0621	1	Yes	
U	STEVEN LAMBERT	110.00	107.40	M3	245.0 kg	255.0 kg	265.0 kg		255.0 kg	0.53990	137.6745	1.2070	166.1731	1	Yes	
U	RHYS CALLAND	110.00	104.90	T3	210.0 kg	225.0 kg	235.0 kg		235.0 kg	0.54390	127.8165		0.0000	1	Yes	
U	JOHN WALKER	110.00	102.20	M7	215.0 kg	225.0 kg	230.0 kg	233.0 kg	230.0 kg	0.54910	126.2930	1.8600	234.9050	1	Yes	
U	FRANK KAMAU*	110.00	98.20	M1	230.0 kg	250.0 kg	250.0 kg		230.0 kg	0.55860	128.4780	1.0000	128.4780	2	Yes	
U	RONALD BURDEN	110.00	103.40	M6	205.0 kg	220.0 kg	225.0 kg		220.0 kg	0.54670	120.2740	1.6640	200.1359	1	Yes	
U	MIKE LEADBETTER	125.00	118.10	M5	210.0 kg	222.5 kg	232.5 kg	242.5 kg	232.5 kg	0.52870	122.9228	1.5010	184.5070	1	Yes	
U	WILLIAM O'NEIL	125.00	117.80	JNR	180.0 kg	200.0 kg	240.0 kg	250.0 kg	240.0 kg	0.52900	126.9600			1	Yes	
E	ANN THOMAS	63.00	60.20	Open/MPF	130.0 kg				130.0 kg	0.85790	111.5270		0.0000	1	Yes	Best Female MPF
E	MARY ANDERSON	80.00	75.30	M2	180.0 kg	190.0 kg	200.0 kg		190.0 kg	0.71960	136.7240	1.0780	147.3885	1	Yes	Best Female Equipped
E	CHRIS MORGAN	82.50	81.70	M1	227.5 kg	257.5 kg	270.0 kg		270.0 kg	0.62350	168.3450	1.0140	170.7018	1	Yes	Best Male Equipped
E	NEIL RATCLIFFE	82.50	79.00	M1	210.0 kg	227.5 kg	237.5 kg		227.5 kg	0.63880	145.3270	1.0280	149.3962	2	Yes	
E	MICHAEL PHILLIPS	82.50	80.80	M4	215.0 kg	215.0 kg	242.5 kg		215.0 kg	0.63840	137.2560	1.3500	185.2956	1	Yes	Best Male Masters Equipped
E	MARK KNIGHT	82.50	81.90	M2	185.0 kg	200.0 kg			185.0 kg	0.62240	115.1440		0.0000	1	Yes	
E	WILLIAM KING	82.50	82.20	M5	160.0 kg	165.0 kg	165.0 kg		160.0 kg	0.62090	99.3440		0.0000	1	Yes	
E	DAVID HOWARTH	90.00	88.30	M6	205.0 kg	215.0 kg	215.0 kg		215.0 kg	0.59220	127.3230		0.0000	1	Yes	
E	PETE SPARKS	100.00	97.20	M2/MPF	185.0 kg	200.0 kg	207.5 kg		207.5 kg	0.56130	116.4698	1.0960	127.6508	1	Yes	
E	JAGIR SINGH	100.00	99.90	M4	180.0 kg	200.0 kg	205.0 kg		200.0 kg	0.55430	110.8600	1.2500	138.5750	1	Yes	
E	BRIAN MITCHELL	110.00	107.10	M4	180.0 kg	190.0 kg	200.0 kg		190.0 kg	0.54040	102.6760	1.3220	135.7377	1	Yes	
E	IAN HAWKINS	125.00	116.30	Open	250.0 kg	270.0 kg	282.5 kg		282.5 kg	0.53020	149.7815		0.0000	1	Yes	
E	ROY OLSEN	125.00	117.00	M7	200.0 kg	220.0 kg			220.0 kg	0.52960	116.5120	1.8200	212.0518	1	Yes	

\* Denotes a "light lifter". Only qualified at a higher weight class, therefore moved up a category and exempt from records.

MPF Record	Refs Neil Thomas, Andy Davies, Mike Davies, Mike Leadbetter, Eric West, Nicola Elding, Les Pilling, Russ Martin, Pete Sparks, Pete Hudson, Ann Thomas, Glen Danbury, James Minear, Pat Reeves
British Record	
European Record	
World Record	
Drug Tested	
A copy of the results	