

MINUTES OF THE BRITISH DRUG FREE POWERLIFTING ASSOCIATION COMMITTEE
MEETING HELD BY TELE-CONFERENCE ON 18 SEP 2018

Present	Ann Thomas Pat Reeves Catherine Walter Sue Bethell Neil Thomas Pete Gaskin Chris Martin William Brown Steve Van Kempen Pete Schreiber Sean Smithson Craig Spicer	President General Secretary Membership Registrar Treasurer Events Coordinator Web Master and Records Registrar Technical Secretary Scottish Div Rep Eastern Counties Div Rep Southern Counties Div Rep Services Liaison Rep Coaching Secretary
Apologies	Callum Barney Richard Bremner Colin Kelly Derran Langston Kate West Habee Folami Geraint Llewellyn	South East Div Rep South West Div Rep North East Div Rep North Midlands Div Rep North West Div Rep East Midlands Div Rep Welsh Div Rep

Opening Remarks	Action
<p>1. The President opened the meeting and thanked everyone for their attendance.</p> <p>Item 1 – Minutes from last AGM</p> <p>2. The previous minutes were discussed and agreed to be a true and accurate account. A link can be found here.</p> <p>Item 2 – Membership report</p> <p>3. The Membership Registrar provided a detailed report prior to the meeting taking place. This was agreed to be a true and accurate account. As of the AGM, the BDFPA had 858 full members and 28 official (non-lifting) members.</p> <p>Item 3 – Treasurer’s report</p> <p>4. The treasurer supplied a financial account prior to the meeting taking place. Full details of the accounts provided at the time of the meeting can be found here.</p> <p>Item 4 – Technical Secretary’s Report</p> <p>5. The Technical Secretary highlighted to the NC that there had been a few recent reports of damaged floors at events. This has resulted in the BDFPA having a financial outlay to address this. He stated that this is due to the slamming of the bar during the Deadlift, he proposed changes to the rule book to address this. These will be reviewed and sent out for ballot in due course.</p>	<p>President</p> <p>Membership Secretary</p> <p>Treasurer</p>

<p>6. It was also decided that a new National exam for referees will be implemented with effect from January 2019.</p> <p>7. The discussion of divisional referees' attire was opened for debate. It was pointed out that a great number of ties were being issued to divisional referees, but that many of those referees were not maintaining their status. It was agreed that, effective immediately, the £10 exam fee for the divisional exam, which currently covers the cost of the tie, will be scrapped; that the rule book will be amended to state that divisional referees are required to wear white shirts, grey trousers; that only once referees reach National referee status will they receive a BDFPA tie and badge.</p>	<p>Technical Secretary</p>
<p>Item 5 – Drug Control Officer Report</p>	
<p>8. The DCO stated that 87 tests have been carried out in 2018 so far, this resulted in 3 failed tests, which comprise of 2 lifetime bans and a 2-year suspension. Testing at the Nationals went over the recommended 10% testing, demonstrating that the BDFPA actively promotes testing, leading the way across all nations within the WDFPF.</p> <p>9. Thanks, were given to Gabrielle Coia, who has produced an in-depth and detailed step by step work instruction on conducting drug testing. It was recommended that a laminated version of this instruction, on a clip board, be used for future events.</p>	<p>Drugs Control Officer</p>
<p>Item 6 – Equipment Update</p>	
<p>10. A spreadsheet detailing the current BDFPA equipment holdings can be found here.</p>	
<p>Item 7 – TORs/Constitution</p>	
<p>11. The President informed all National Council members that the Terms of Reference had been reviewed, apart from those of the Services Liaison Officer, which are still in draft form. These can all be found on the BDFPA website under the NC log in page.</p> <p>12. She added that the Constitution was currently being reviewed and work was underway with Articles in Licence to allow the BDFPA to move forward to becoming a company limited by guarantee, as agreed in the 2017 AGM as an urgent requirement.</p>	<p>President</p>
<p>Item 8 –Upcoming events</p>	
<p>13. The National Full Power and Single Lift Championships were discussed and agreed as the following.</p> <ul style="list-style-type: none"> a. National Single Lifts will take place on 16 and 17th Feb 2019 in Hitchin, Bedfordshire. b. National Full Power will take place on 20th and 21st Jul 2019 in Edinburgh, Scotland. 	<p>Events Co-ordinator</p>
<p>14. The equipped championships were discussed; these have been trialed as a separate event over the last 3 years. Due to this event being run</p>	

at a financial loss, it was agreed that from 2019 these events would now be absorbed into the respective National events.

15. All International event locations will be ratified at the World Congress in Nov 2018, details to follow.

Item 9 - Ballots

1. The removal of an MPF/Armed forces discounted membership fee from January 2019 membership year onwards.	Passed
2. Make all the qualification totals in the BDFPA the same as the WDFPF totals for both Full Power and single Lift from January 2019.	Passed
3. The re-introduction of the National Champions qualification rule in that those who finish first in their age and weight class gain an automatic qualification to the following nationals, to apply as of National Championships in 2018 for qualification in 2019.	Passed
4. The equipped championships to be absorbed back into their unequipped national equivalent from 2019.	Passed
5. Weigh in times to be set at 0700-0800 for all national events from 2019.	Passed
6. Competition start time change to 2 hours after weigh in closes.	Passed
7. Scrap permit fees and Competition permits to be administered by Divisional Representatives under the described conditions, effective immediately.	Passed
8. Scrap divisional referee examination fee, effective immediately.	Passed
9. Proposed new optional membership category for members over the age of 65, with fees corresponding to the (Individual/Club) Teen/Student membership fees, effective from 2019 membership year.	Passed
10. The three-month rule: proposal to extend to all members (details in AOB below), effective from January 2019.	Passed
11. To break a British record the lifter must be wearing a suit and t-shirt as specified under Costume and Personal Equipment in the rule book, effective from January 2019.	Passed
12. The End-of-Year membership category to cease to exist after December 2018.	Passed
13. Official (Non-lifting) membership should not be free.	Rejected Official Membership will remain free
14. Official (Non-lifting) membership will not be available to members who are actively lifting with another powerlifting federation, nor to those merely taking a year out through injury or other reasons, effective immediately.	Passed

Info
All

<p>Item 12 – Any Other Business</p> <p>16. The general secretary requested that all NC members who are going to be away for more than 5 days are to inform her to prevent loss of BDFPA output. Voting on ballots will be closed after five days of a ballot's being announced.</p> <p>17. The newly appointed Coaching Secretary asked that for future events only the lifter and nominated coaches are allowed in the warm up area. This was agreed, effective immediately, and will be addressed at individual events on the pre-event brief.</p> <p>18. The Membership Registrar proposed clarification of the 3-month ruling as part of Ballot 10. <i>Rules will now read: NATIONAL – Current BDFPA membership for at least the three months leading up to the competition and participation in a qualifying event under BDFPA rules. The only exception to the 3-month membership rule is where the nationals fall within 3 months of the commencement of the membership year, i.e. before 31st March. All members will be subject to the 3-month minimum unless they have registered their absence with the BDFPA President and have thus “suspended” their membership for a specific reason, such as gap year travel etc. (NC Ballot Sep 2014).</i></p> <p>19. The end of year membership was discussed, and it was agreed that this causes clerical issues for the Membership Registrar and may be subject to abuse. It was agreed that this would no longer be available to lifters from the 2019 membership year.</p>	<p>Gen Sec</p>
---	----------------

A Thomas
BDFPA President

Distribution:

All attendees
committee members

ACTIONS & ISSUES PLAN FROM COMMITTEE MEETINGS.

1	Liability Insurance	Liability Insurance for all BDFPA events. Insurance purchased through Leisure Insurance Ltd, covering up to 25 events. Requires renewal Dec 18.	Aug 17	President/ Treasurer	Ongoing
2	Articles in Licence	Preparation of BDFPA legal status as highlighted in Ballot 63.	Aug 17	President/ Treasurer	Ongoing
3	Scales	All BDFPA Scales are to be calibrated annually via Scales World in Milton Keynes. All calibration certificate is held by the Gen Sec who will maintain regular checks to ensure they remain in date.	Oct 17	Technical Secretary	Ongoing
4	Laptop	A second laptop is to be purchased to allow the ability of two platforms for competitions. A second laptop and printer has been purchased with 2018 funds and are held with the president for all future events.	Jun 18	President	Item Closed
5	2019 events	President/ div reps / Events Co-Ordinator is to confirm all 2019 events and email details to the web master to ensure plenty of notice is given to all lifters in time to qualify for National and International events.	Sep 18	All	New
6	Constitution and TORs	President is to review Constitution and the TORs for all committee members to acknowledge.	Sep 18	President	New
7	Rule Book Amendments	The Tech Sec is to review the current rule book for clarity and update as required.	Sep 18	Technical Secretary	New

8	Referee Exam	The Tech Sec raised that the National Referee exam requires updating to bring in line with the changes identified in the constitution. To review changes for proposal.	Sep 18	Technical Secretary	New
9	Platforms	The 2018 season saw much damage to floors in which the BDFPA received a financial obligation to fix. To prevent this in future it is being research to see if we can have bespoke made platforms and the ability to rent these for all events.	Sep 18	President	New
10	Banner	More banners will be required for future events. The idea is that all div reps will hold a banner for their events. All those requiring a banner who doesn't have one is to contact the president so that she can determine how many are still required.	Sep	President	New