



I thought I would take the opportunity to give you a roundup of 2022.

The year has seen many divisional events run by dedicated and diligent individuals who volunteer their own time and effort to ensure a positive lifting experience for all participants; they have strived to ensure a welcoming environment for all the new and competition inexperienced lifters who have taken the brave steps on the platform. Notably we saw the resurrection of the Northern Ireland division which has been vacant for some time. The UK Masters Championships were a huge success in Glasgow, the Scottish div rep is currently engaging with Glasgow council to establish a powerlifting bespoke location with the vision of developing junior lifters to become successful seniors on the platform and the All-England event held in Brandon saw record numbers of members at divisional level events. Areas all around the UK has seen club growth from strength to strength which is having a positive impact on club membership and inclusion for lifters old and new.

The National Single Lifts and National Full Power events were hugely successful and hosted in some great locations across England and Scotland which allowed maximum participation across all areas.

The BDFPA were fortunate enough to be selected to host the European Single Lifts & the World Full Power Championships. The unfortunate passing of the Queen meant the European Single Lifts had to be rescheduled at the last minute and combined with the World Full Power. This proved extremely challenging given the changing numbers of athletes and the location move. Collaborating with a supporting company at the World Full Power was a first in that format. An excellent service was provided but the BDFPA were left with some challenges placed upon us on the day driven by commercial obligations undertaken by the supporting company. This unfortunately meant that a few individuals participating in the WFP did not have the opportunity to appear on the live stream, something not provided by the BDFPA, but this decision allowed the event to run as planned in terms of delivery. A level of flexibility is always required at events to ensure that the correct level of officials and admin staff are present to provide a fair, well refereed, and safe competition for the athlete and it is this that is paramount. There currently is a finite amount of officials and support staff whose needs also require consideration, they are all volunteers and attend events at their own cost often do not even lift, so a huge shout out to those who make the events happen. The introduction of live streaming was an amazing feature but comes at a cost of resource that may be considered for future events.

President: Ann Thomas

BDFPA is the trading name of British Drug Free Powerlifting LTD

Company Number 11758041

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Entry forms for 2023 National Events will soon be available on the website, remember you must be a member to submit an entry form to the Nationals and have qualified to attend. The coming 2023 season also sees the BDFPA Host the European Single Lifts in September at Stoke Mandeville Stadium and the World Full Power in November in Glasgow, venue TBC.

The year has ended with 862 active lifting members and 34 officials. GameDay, our online membership provider, have made upgrades to their system that has had some teething issues but please bear with my team, they are working around the clock to ensure a smooth transition and are experiencing technical challenges from the company providing this service.

59 Drug Tests were conducted by the BDFPA alone, as an organisation we are at the forefront of priding ourselves as the British Drug Free Powerlifting Association. More impressively we have seen NO positive cases recorded this year in the BDFPA. Sadly, however there will always be those athletes who do try to cheat the system; however, they do get caught so the WDFPF has acted on two positive tests from other Nations.

As with all lifting years we have said farewell to a few members who have sadly passed on. Memorial trophies were presented for Mr and Mr Stephen Brian Charters at the World Full Power and World MPF events. More recently, we lost one of our international referees, Mr Steve McQuade who passed away on the 27 December. Two great lifters and one dedicated Referee who will be sorely missed.

As always the BDFPA are always on the lookout for those individuals who feel that they could dedicate a little of their time to assist with the running of the organisation so if you feel you would be interested in becoming a divisional referee, a testing collection officer, admin desk staff or any other positions now or in the future please do get in touch at [President@bdfpa.co.uk](mailto:President@bdfpa.co.uk)

Moving forward to 2023, I would like to take the opportunity to thank every one of you for your continued support, the BDFPA Executive Council and the National Council wish you all an incredibly happy new year, stay safe and injury free.

Kindest Regards

The BDFPA National Council.

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