

Official BDFPA Score Sheet (V13.7)

Date of Comp: 21 November 2021

Organiser: Richard Bremner

South West Bench Single Lifts 2021

British Record		European Record					Divisional Record				Calibrated Scales and Weights Used YES							
Age Cat	Wt Class	Age	Body Weight	UN/ EQ	F/M	DIV	Name	BENCH				Total	QUALIFY REQ	Co eff.	Points	Place Class	Place Cat	Best Lifter
								1st Lift	2nd Lift	3rd Lift	4th Lift							
Open	63.00	32	62.4	UNB	F	SW	Elise Broughhton	70.0 kg	75.0 kg	77.5 kg		75.0 kg	47.5	0.83240	62.4300	1	1	Best Unequipped Female Bench
M3	75.00	50	72.5	UNB	M	SW	Cris Iles-Wright	122.5 kg	127.5 kg	130.0 kg		130.0 kg	97.5	0.68280	88.7640	1	1	Best Unequipped Male Bench
Open	80.00	27	78.2	UNB	F	SW	Henrietta Simpson	77.5 kg	82.5 kg	85.0 kg		82.5 kg	57.5	0.70010	57.7583	1	1	
Open	80.00	30	76.6	UNB	F	SW	Syra Naomi Pearson	75.0 kg	80.0 kg	85.0 kg		80.0 kg	57.5	0.71070	56.8560	2	2	
M6	90.00	68	88.2	UNB	M	SW	David Williams	115.0 kg	120.0 kg	pass		120.0 kg	90	0.59260	71.1120	1	1	Best Unequipped Male Bench (Masters)
Open	100.00	31	94.0	UNB	M	SW	Mike Hawkins	145.0 kg	150.0 kg	155.0 kg		155.0 kg	135	0.57100	88.5050	1	1	
Open	100.00	34	91.2	UNB	M	SW	Carlin Jones	120.0 kg	130.0 kg	140.0 kg		140.0 kg	135	0.58080	81.3120	2	2	
M2	100.00	48	98.0	UNB	M	SW	Conrad Harpham	130.0 kg	135.0 kg	135.0 kg		135.0 kg	120	0.55910	75.4785	3	1	
M1	110.00	43	107.0	UNB	M	SW	David Wozniak	145.0 kg	155.0 kg	162.5 kg		162.5 kg	132.5	0.54050	87.8313	1	1	
Open	110.00	38	102.0	UNB	M	SW	Jon Bartlett	130.0 kg	135.0 kg	140.0 kg		135.0 kg	140	0.54950	74.1825	2	2	
M4	90+	55	97.2	UNB	F	SW	Jennifer Nicoll	72.5 kg	77.5 kg	80.5 kg		77.5 kg	57.5	0.60740	47.0735	1	1	

Refs

Russell Martin (INT)

Paul Collinson (NAT)

Mark Rattenbury (NAT)

Loaders

Josh Needs

Ash Cutter

Chris Lynne