

Official BDFPA Score Sheet (V13.2)

Date of Comp - 5th December 2021

Competition - Scottish Open Championships

British Record		European Record										World Record				MPF World Record				Divisional Record				Drug Tested				Calibrated Scales and Weights Used Yes					
Age Cat	Wt Class	Age	Body Weight	UN/EQ	F/M	DIV	Name	RH	SQUAT				Best Squat	RH	BENCH				Best Bench	DEADLIFT				Best Deadlift	Total	QUALITY REQ	Co off.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter
									1st Lift	2nd Lift	3rd Lift	4th Lift			1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift										
Open	58.50	32	56.2	UN	F		Holly Judge	7	85.0 kg	92.5 kg	97.5 kg		97.5 kg	7	60.0 kg	62.5 kg	65.0 kg		62.5 kg	117.5 kg	125.0 kg	130.0 kg		130.0 kg	290.0 kg	220	0.90860	263.4940	1.000	263.4940	2	2	
Open	58.50	24	55.8	UN	F		Diana Padron	5	107.5 kg	110.0 kg	112.5 kg		112.5 kg	7	57.5 kg	60.0 kg	62.5 kg		60.0 kg	125.0 kg	130.0 kg	130.0 kg		130.0 kg	302.5 kg	220	0.91400	276.4850	1.000	276.4850	1	1	Best Unequipped Female Powerlifter
Open	63.00	36	61.8	UN	F		Sharon Lundie	9	30.0 kg	30.0 kg	35.0 kg		35.0 kg	10	32.5 kg	35.0 kg	37.5 kg		35.0 kg	75.0 kg	80.0 kg	85.0 kg		85.0 kg	150.0 kg	235	0.83920	125.8800	1.000	125.8800	1	1	
M3	70.00	50	69.6	UN	F		Jacquie Harper	8	90.0 kg	97.5 kg	97.5 kg		90.0 kg	10	47.5 kg	50.0 kg	50.0 kg		47.5 kg	120.0 kg	120.0 kg	127.5 kg		120.0 kg	257.5 kg	220	0.76110	195.9833	1.150	226.3807	4	1	
Open	70.00	36	68.9	UN	F		Rachael Cassidy	8	87.5 kg	90.0 kg	95.0 kg		95.0 kg	10	57.5 kg	60.0 kg	60.0 kg		60.0 kg	130.0 kg	135.0 kg	140.0 kg		140.0 kg	295.0 kg	257.5	0.76660	226.1470	1.000	226.1470	3	3	
Open	70.00	29	69.2	UN	F		Alice McArthur	9	112.5 kg	117.5 kg	120.0 kg		120.0 kg	9	55.0 kg	60.0 kg	65.0 kg		60.0 kg	135.0 kg	142.5 kg	145.0 kg		145.0 kg	325.0 kg	257.5	0.76420	248.3650	1.000	248.3650	2	2	
Open	70.00	29	67.4	UN	F		Ana Roca-Echeburua	8	110.0 kg	115.0 kg	120.0 kg		120.0 kg	8	70.0 kg	72.5 kg	75.0 kg		75.0 kg	140.0 kg	150.0 kg	160.0 kg		150.0 kg	345.0 kg	257.5	0.77980	269.0310	1.000	269.0310	1	1	
Open	80.00	31	77.7	UN	F		Sarah Wilson	9	92.5 kg	100.0 kg	107.5 kg		100.0 kg	10	60.0 kg	60.0 kg	60.0 kg		60.0 kg	135.0 kg	150.0 kg	150.0 kg		135.0 kg	0.0 kg	282.5	0.70340	0.0000	1.000	0.0000	0	0	
Open	80.00	38	79.0	UN	F		Pamela Thomson	12	95.0 kg	100.0 kg	105.0 kg		105.0 kg	11	57.5 kg	60.0 kg	62.5 kg		60.0 kg	135.0 kg	145.0 kg	147.5 kg		145.0 kg	310.0 kg	282.5	0.69490	215.4190	1.000	215.4190	3	3	
Open	80.00	30	76.6	UN	F		Laura Hawkins	7	110.0 kg	115.0 kg	120.0 kg		120.0 kg	8	47.5 kg	50.0 kg	52.5 kg		52.5 kg	120.0 kg	125.0 kg	132.5 kg		132.5 kg	305.0 kg	282.5	0.71070	216.7635	1.000	216.7635	4	4	
Open	80.00	24	76.5	UN	F		Jayne Nicholl	8	100.0 kg	107.5 kg	115.0 kg		115.0 kg	8	55.0 kg	57.5 kg	60.0 kg		60.0 kg	120.0 kg	130.0 kg	140.0 kg		130.0 kg	305.0 kg	282.5	0.71140	216.9770	1.000	216.9770	4	4	
Jnr	80.00	21	78.3	UN	F		Sile Robertson	9	125.0 kg	130.0 kg	130.0 kg		125.0 kg	8	52.5 kg	55.0 kg	55.0 kg		55.0 kg	130.0 kg	135.0 kg	135.0 kg		135.0 kg	315.0 kg	255	0.69940	220.3110	1.000	220.3110	2	1	
Open	80.00	36	74.5	UN	F		Meg (Margaret) Smith	7	110.0 kg	115.0 kg	115.0 kg		115.0 kg	9	55.0 kg	57.5 kg	60.0 kg		60.0 kg	145.0 kg	152.5 kg	160.0 kg		160.0 kg	335.0 kg	282.5	0.72510	242.9085	1.000	242.9085	1	1	
Open	90+	34	145.5	UNB	F		Wend Ross	2						11	75.0 kg	80.0 kg	85.0 kg		85.0 kg					85.0 kg	67.5	0.00000	0.0000	1.000	0.0000	0	0	Best Unequipped Female Bench	
Open	67.50	26	67.0	UN	M		Alex Phillips	8	122.5 kg	130.0 kg	135.0 kg		135.0 kg	10	87.5 kg	90.0 kg	92.5 kg		92.5 kg	200.0 kg	207.5 kg	207.5 kg		200.0 kg	427.5 kg	417.5	0.73070	312.3743	1.000	312.3743	1	1	
T1	75.00	14	75.0	UN	M		Andrew Muir	11	80.0 kg	85.0 kg	90.0 kg		90.0 kg	11	55.0 kg	60.0 kg	62.5 kg		62.5 kg	115.0 kg	122.5 kg	130.0 kg		130.0 kg	282.5 kg	302.5	0.66450	187.7213	1.000	187.7213	2	1	
Open	75.00	25	73.7	UN	M		Brad Mitchell	10	150.0 kg	162.5 kg	170.0 kg		170.0 kg	10	100.0 kg	105.0 kg	110.0 kg		110.0 kg	165.0 kg	172.5 kg	180.0 kg		180.0 kg	460.0 kg	457.5	0.67370	309.9020	1.000	309.9020	1	1	
Open	82.50	31	77.9	UN	M		Craig Cummings	11	110.0 kg	125.0 kg	130.0 kg		130.0 kg	11	82.5 kg	92.5 kg	100.0 kg		92.5 kg	145.0 kg	155.0 kg	167.5 kg		167.5 kg	390.0 kg	490	0.64540	251.7060	1.000	251.7060	4	4	
T2	82.50	16	79.9	UN	M		Rowan Stephen	10	130.0 kg	137.5 kg	145.0 kg		145.0 kg	11	90.0 kg	95.0 kg	100.0 kg		95.0 kg	170.0 kg	185.0 kg	200.0 kg		200.0 kg	440.0 kg	355	0.63350	278.7400	1.000	278.7400	3	1	
Jnr	82.50	22	82.0	UN	M		Nigel Smith	9	150.0 kg	155.0 kg	160.0 kg		160.0 kg	9	100.0 kg	105.0 kg	110.0 kg		110.0 kg	180.0 kg	185.0 kg	190.0 kg		190.0 kg	460.0 kg	440	0.62190	286.0740	1.000	286.0740	2	1	
Open	82.50	31	79.3	UN	M		Martin Murphy	8	150.0 kg	160.0 kg	170.0 kg		170.0 kg	10	95.0 kg	102.5 kg	107.5 kg		107.5 kg	200.0 kg	205.0 kg	210.0 kg		210.0 kg	487.5 kg	490	0.63700	310.5375	1.000	310.5375	1	1	
Open	90.00	29	84.4	UN	M		John Reilhan	10	175.0 kg	185.0 kg	185.0 kg		175.0 kg	10	95.0 kg	100.0 kg	100.0 kg		100.0 kg	205.0 kg	220.0 kg	225.0 kg		225.0 kg	0.0 kg	520	0.60980	0.0000	1.000	0.0000	0	0	
T2	90.00	16	87.9	UN	M		Mckenzie Morrison	10	145.0 kg	155.0 kg	165.0 kg		165.0 kg	11	120.0 kg	120.0 kg	135.0 kg		120.0 kg	190.0 kg	200.0 kg	207.5 kg		207.5 kg	492.5 kg	377.5	0.59390	292.4958	1.000	292.4958	6	1	
T3	90.00	18	85.0	UN	M		Jamie Harper	10	165.0 kg	175.0 kg	185.0 kg		185.0 kg	10	112.5 kg	120.0 kg	127.5 kg		127.5 kg	185.0 kg	195.0 kg	210.0 kg		210.0 kg	522.5 kg	420	0.60690	317.1053	1.000	317.1053	5	1	
Open	90.00	25	88.0	UN	M		Daniel White	10	170.0 kg	180.0 kg	185.0 kg		185.0 kg	11	120.0 kg	130.0 kg	140.0 kg		130.0 kg	210.0 kg	220.0 kg	225.0 kg		225.0 kg	540.0 kg	520	0.59350	320.4900	1.000	320.4900	4	4	
Open	90.00	34	87.8	UN	M		Ross Jackson	11	180.0 kg	195.0 kg	202.5 kg		180.0 kg	11	107.5 kg	112.5 kg	115.0 kg		107.5 kg	235.0 kg	250.0 kg	262.5 kg		262.5 kg	550.0 kg	520	0.59430	326.8650	1.000	326.8650	3	3	
Jnr	90.00	23	87.3	UN	M		Jay Mcmanus	12	150.0 kg	160.0 kg	170.0 kg		170.0 kg	11	117.5 kg	125.0 kg	130.0 kg		125.0 kg	252.5 kg	265.0 kg	280.0 kg		265.0 kg	560.0 kg	467.5	0.59650	334.0400	1.000	334.0400	2	1	
Open	90.00	30	88.6	UN	M		James Young	10	200.0 kg	215.0 kg	215.0 kg		215.0 kg	9	150.0 kg	160.0 kg	167.5 kg		160.0 kg	250.0 kg	260.0 kg	265.0 kg		265.0 kg	640.0 kg	520	0.59100	378.2400	1.000	378.2400	1	1	
Open	100.00	31	97.0	UN	M		Alex Dunnagan	12	162.5 kg	172.5 kg	182.5 kg		182.5 kg	12	120.0 kg	127.5 kg	130.0 kg		120.0 kg	200.0 kg	200.0 kg	200.0 kg		200.0 kg	0.0 kg	552.5	0.56190	0.0000	1.000	0.0000	0	0	
T1	100.00	14	94.1	UNB	M		Gabriel McCahill	2						11	55.0 kg	60.0 kg	62.5 kg		62.5 kg					62.5 kg	90	0.57070	35.6688	1.000	35.6688	1	1		
T1	100.00	14	94.1	UNB	M		Gabriel McCahill	2						11	115.0 kg	122.5 kg	130.0 kg		115.0 kg	115.0 kg	122.5 kg	130.0 kg		122.5 kg	122.5 kg	140	0.57070	69.9108	1.000	69.9108	2	1	
T2	100.00	16	94.7	UNB	M		Iain Middleton	2						11	115.0 kg	125.0 kg	135.0 kg		115.0 kg					115.0 kg	155	0.56880	65.4120	1.000	65.4120	3	2		
T2	100.00	16	94.7	UNB	M		Iain Middleton	2						11					115.0 kg		200.0 kg	215.0 kg		215.0 kg	215.0 kg	155	0.56880	122.2920	1.000	122.2920	1	1	
Open	100.00	30	95.2	UN	M		Ross Millar	10	135.0 kg	142.5 kg	147.5 kg		147.5 kg	10	90.0 kg	95.0 kg	97.5 kg		97.5 kg	155.0 kg	162.5 kg	170.0 kg		170.0 kg	415.0 kg	562.5	0.56720	235.3880	1.000	235.3880	6	6	
Open	100.00	31	99.5	UN	M		Craig Cartwell	9	165.0 kg	175.0 kg	182.5 kg		182.5 kg	11	102.5 kg	107.5 kg	115.0 kg		107.5 kg	165.0 kg	175.0 kg	190.0 kg		190.0 kg	480.0 kg	562.5	0.55530	266.5440	1.000	266.5440	5	5	
Open	100.00	28	98.1	UN	M		Dean Allan	13	155.0 kg	162.5 kg	170.0 kg		170.0 kg	12	95.0 kg	102.5 kg	105.0 kg		105.0 kg	195.0 kg	207.5 kg	215.0 kg		215.0 kg	490.0 kg								