

Official BDFPA Score Sheet (V13.2)

Date of Comp - 4th December 2021

Competition - UK Masters

British Record						World Record				Divisional Record						Drug Tested			Calibrated Scales and Weights Used YES									
Age Cat	Wt Class	Age	Body Weight	UN/EQ	F/M	Name	SQUAT			Best Squat	RH	BENCH			Best Bench	DEADLIFT			Best Deadlift	Total	QUALIFY REQ	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter
							1st Lift	2nd Lift	3rd Lift			1st Lift	2nd Lift	3rd Lift		1st Lift	2nd Lift	3rd Lift										
Open	47.50	25	46.5	UN	F	Beth Langridge	75.0 kg	77.5 kg	80.0 kg	77.5 kg	9	45.0 kg	47.5 kg	50.0 kg	47.5 kg	110.0 kg	117.5 kg	122.5 kg	122.5 kg	247.5 kg	185	1.06020	262.3995	1.000	262.3995	1	1	
M1	58.50	43	57.6	UN	F	Nancy Daly	87.5 kg	87.5 kg	95.0 kg	87.5 kg	10	57.5 kg	62.5 kg	62.5 kg	57.5 kg	117.5 kg	125.0 kg	127.5 kg	127.5 kg	272.5 kg	210	0.89020	242.5795	1.028	249.3717	1	1	
M1	63.00	42	62.8	UN	F	Karen Dalziel	110.0 kg	115.0 kg	120.0 kg	120.0 kg	8	77.5 kg	80.0 kg	81.0 kg	80.0 kg	150.0 kg	155.0 kg	157.5 kg	155.0 kg	355.0 kg	222.5	0.82800	293.9400	1.014	298.0552	1	1	
M2	63.00	48	62.1	UN	F	Annell Ritari-Stewart	111.0 kg	116.0 kg	120.0 kg	110.0 kg										110.0 kg	72.5	0.83580	91.9380	1.114	102.4189	1	1	
M2	63.00	48	62.1	UN	F	Annell Ritari-Stewart									130.0 kg	140.0 kg	148.0 kg	147.5 kg	147.5 kg	90	0.83580	123.2805	1.114	137.3345	1	1		
M2	63.00	48	62.1	UN	F	Annell Ritari-Stewart	100.0 kg	106.0 kg	107.5 kg	105.0 kg	9	52.5 kg	55.0 kg	57.5 kg	55.0 kg	135.0 kg	153.0 kg	153.0 kg	135.0 kg	295.0 kg	212.5	0.83580	246.5610	1.114	274.6690	2	1	
M3	63.00	54	61.0	UN	F	Karen Saunders	77.5 kg	82.5 kg	82.5 kg	82.5 kg	9	47.5 kg	52.5 kg	57.5 kg	47.5 kg	127.5 kg	132.5 kg	137.5 kg	137.5 kg	267.5 kg	202.5	0.84850	226.9738	1.228	278.7238	3	1	
M1	70.00	40	67.9	UN	F	Emma Chisholm	105.0 kg	105.0 kg	107.5 kg	105.0 kg	10	50.0 kg	55.0 kg	60.0 kg	55.0 kg	135.0 kg	142.5 kg	150.0 kg	150.0 kg	310.0 kg	245	0.77450	240.0950	1.000	240.0950	1	1	
M3	70.00	54	69.0	UN	F	Mary Anderson					10	75.0 kg	75.0 kg	75.0 kg	75.0 kg	120.0 kg	130.0 kg	130.0 kg	120.0 kg	195.0 kg	42.5	0.76580	149.3310	1.228	183.3785	1	1	
M1	70.00	41	68.4	UN	F	Lea Phillips					10	80.0 kg	80.0 kg	80.0 kg	80.0 kg				0.0 kg	47.5	0.77050	0.0000	1.005	0.0000	0	0		
M3	70.00	52	68.0	UN	F	Laura Glassford	80.0 kg	85.0 kg	90.0 kg	90.0 kg	9	42.5 kg	45.0 kg	45.0 kg	45.0 kg	120.0 kg	125.0 kg	130.0 kg	130.0 kg	265.0 kg	220	0.77370	205.0305	1.187	243.3712	2	1	
M3	70.00	54	69.0	EQ	F	Mary Anderson	160.0 kg	160.0 kg	162.5 kg	160.0 kg	10	85.0 kg	90.0 kg	95.0 kg	90.0 kg	160.0 kg	172.5 kg	182.5 kg	182.5 kg	432.5 kg	250	0.76580	331.2085	1.228	406.7240	1	1	
M4	80.00	55	72.4	EQ	F	Gaby Coia	110.0 kg	120.0 kg	120.0 kg	120.0 kg	10	55.0 kg	60.0 kg	62.5 kg	62.5 kg	120.0 kg	130.0 kg	140.0 kg	130.0 kg	312.5 kg	262.5	0.74010	231.2813	1.250	289.1016	1	1	
M2	80.00	49	76.4	UN	F	Fiona Sirtou	62.5 kg	67.5 kg	72.5 kg	72.5 kg	10	52.5 kg	57.5 kg	60.0 kg	57.5 kg	90.0 kg	95.0 kg	100.0 kg	100.0 kg	230.0 kg	255	0.71200	163.7600	1.132	185.3763	1	1	
M6	80.00	68	74.2	UN	F	Catherine Macasian	55.0 kg	55.0 kg	60.0 kg	60.0 kg	9	37.5 kg	40.0 kg	41.0 kg	40.0 kg	95.0 kg	102.5 kg	110.0 kg	110.0 kg	210.0 kg	195	0.72720	152.7120	1.630	248.9206	2	1	
M4	90.00	56	80.8	UN	F	Ellen Ball									65.0 kg	70.0 kg	75.0 kg	75.0 kg	75.0 kg	110	0.68350	51.2625	1.273	65.2572	1	1		
M4	90.00	56	80.8	UN	F	Ellen Ball					10	40.0 kg	42.5 kg	45.0 kg	42.5 kg				42.5 kg	50	0.68350	29.0488	1.273	36.9791	1	1		
M3	90+	51	90.4	UN	F	Geraldine Fitzsimmons					10	47.5 kg	50.0 kg	52.5 kg	50.0 kg				50.0 kg	60	0.62960	31.4800	1.168	36.7686	1	1		
M3	90+	51	90.4	UN	F	Geraldine Fitzsimmons									105.0 kg	112.5 kg	120.0 kg	120.0 kg	120.0 kg	120	0.62960	75.5520	1.168	88.2447	1	1		
M1	90+	42	112.0	UN	F	Sheila Moug	140.0 kg	140.0 kg	150.0 kg	150.0 kg	10	77.5 kg	82.5 kg	87.5 kg	87.5 kg	135.0 kg	145.0 kg	150.0 kg	150.0 kg	387.5 kg	310	0.56690	219.6738	1.014	222.7492	1	1	
M8	67.50	77	65.7	UN	M	Michael Wade					10	55.0 kg	60.0 kg	65.0 kg	65.0 kg				65.0 kg	55	0.74390	48.3535	1.980	95.7399	1	1		
M6	75.00	66	72.2	UN	M	Ronnie Kerr	115.0 kg	125.0 kg	127.5 kg	127.5 kg	10	102.5 kg	107.5 kg	110.0 kg	110.0 kg	150.0 kg	160.0 kg	165.0 kg	160.0 kg	397.5 kg	337.5	0.68510	272.3273	1.565	426.1921	4	1	
M5	75.00	60	73.9	UN	M	Gary Dempster	140.0 kg	150.0 kg	160.0 kg	160.0 kg	9	80.0 kg	85.0 kg	90.0 kg	90.0 kg	150.0 kg	162.5 kg	175.0 kg	162.5 kg	412.5 kg	355	0.67230	277.3238	1.380	382.7068	2	1	
M3	75.00	50	74.0	UN	M	Wayne Reid	152.5 kg	157.5 kg	162.5 kg	162.5 kg	10	100.0 kg	105.0 kg	107.5 kg	105.0 kg	190.0 kg	200.0 kg	210.0 kg	210.0 kg	477.5 kg	392.5	0.67160	320.6890	1.150	368.7924	1	1	
M3	75.00	52	74.0	UN	M	Simon Hugh Winterborn	140.0 kg	150.0 kg	150.0 kg	140.0 kg	10	105.0 kg	107.5 kg	107.5 kg	105.0 kg	155.0 kg	160.0 kg	160.0 kg	155.0 kg	400.0 kg	392.5	0.67160	268.6400	1.187	318.8757	3	2	
M6	82.50	66	77.8	UN	M	Michael Phillips									165.0 kg	180.0 kg	191.0 kg	180.0 kg	180.0 kg	135	0.64610	116.2980	1.565	182.0064	2	1		
M4	82.50	59	81.6	UN	M	Stephen Brian Charters									200.0 kg	215.0 kg	225.0 kg	215.0 kg	215.0 kg	157.5	0.62410	134.1815	1.350	181.1450	1	1		
M4	82.50	59	81.6	UN	M	Stephen Brian Charters	170.0 kg	180.0 kg	180.0 kg	180.0 kg									180.0 kg	145	0.62410	112.3380	1.350	151.6563	1	1		
M7	90.00	71	85.6	UN	M	Ash Sinclair					9	130.0 kg	135.0 kg	140.0 kg	140.0 kg				140.0 kg	80	0.60410	84.5740	1.740	147.1588	1	1		
M3	90.00	51	89.3	UN	M	Jim Shadden	155.0 kg	160.0 kg	162.5 kg	162.5 kg	12	92.5 kg	95.0 kg	100.0 kg	95.0 kg	215.0 kg	220.0 kg	225.0 kg	220.0 kg	477.5 kg	447.5	0.58810	280.8178	1.168	327.9951	1	1	
M1	100.00	44	99.0	UN	M	Chris Martin					9	160.0 kg	160.0 kg	160.0 kg	160.0 kg				0.0 kg	127.5	0.55650	0.0000	1.044	0.0000	0	0		
M5	100.00	62	99.7	UN	M	Arthur Cowley	175.0 kg	187.5 kg	195.0 kg	195.0 kg	9	115.0 kg	120.0 kg	125.0 kg	125.0 kg	200.0 kg	215.0 kg	225.0 kg	225.0 kg	545.0 kg	430	0.55480	302.3660	1.440	435.4070	1	1	
M7	100.00	71	93.5	UN	M	Ian King									145.0 kg	150.0 kg	160.0 kg	150.0 kg	150.0 kg	135	0.57270	85.9050	1.740	149.4747	1	1		
M1	100.00	44	99.0	EQ	M	Chris Martin					9	215.0 kg	215.0 kg	215.0 kg	215.0 kg				0.0 kg	140	0.55650	0.0000	1.044	0.0000	0	0		
M5	110.00	61	106.3	UN	M	Pedro Darocha	155.0 kg	165.0 kg	175.0 kg	175.0 kg	12	127.5 kg	135.0 kg	140.0 kg	140.0 kg	180.0 kg	190.0 kg	200.0 kg	200.0 kg	515.0 kg	442.5	0.54160	278.9240	1.410	393.2828	2	1	
M1	110.00	43	107.5	UN	M	David Wozniak					11	150.0 kg	157.5 kg	165.0 kg	165.0 kg				165.0 kg	132.5	0.53980	89.0670	1.028	91.5609	1	1		
M2	110.00	45	108.0	UN	M	Sarunas Mellutis	185.0 kg	192.5 kg	200.0 kg	192.5 kg	12	125.0 kg	130.0 kg	135.0 kg	135.0 kg	235.0 kg	245.0 kg	250.0 kg	245.0 kg	572.5 kg	515	0.53910	308.6348	1.060	327.1528	1	1	
M2	125.00	49	122.2	UN	M	Derek Forsyth	235.0 kg	250.0 kg	261.0 kg	260.0 kg	11	175.0 kg	182.5 kg	187.5 kg	182.5 kg	277.5 kg	292.5 kg	302.5 kg	302.5 kg	745.0 kg	527.5	0.52470	390.9015	1.132	442.5005	1	1	
M8	125.00	75	121.5	UN	M	Trevor John Walker	120.0 kg	130.0 kg	140.0 kg	140.0 kg	12	85.0 kg	95.0 kg	100.0 kg	100.0 kg	180.0 kg	190.0 kg	200.0 kg	200.0 kg	440.0 kg	350	0.52550	231.2200	1.900	439.3180	3	1	
M4	125.00	57	114.7	UN	M	Joe Coogan					10	147.5 kg	157.5 kg	163.0 kg	157.5 kg				157.5 kg	115	0.53160	83.7270	1.297	108.5939	1	1		
M1	125.00	40	121.4	UN	M	Shaun Murney	190.0 kg	200.0 kg	210.0 kg	210.0 kg	12	180.0 kg	190.0 kg	200.0 kg	200.0 kg	250.0 kg	260.0 kg	270.0 kg	270.0 kg	680.0 kg	555	0.52560	357.4080	1.000	357.4080	2	1	
M1	145.00	43	139.1	UN	M	Ron Kane	200.0 kg	225.0 kg	230.0 kg	230.0 kg	13	145.0 kg	155.0 kg	157.5 kg	155.0 kg	250.0 kg	265.0 kg	272.5 kg	272.5 kg	657.5 kg	582.5	0.50440	331.6430	1.028	340.9290	1	1</	