

VENUE RAF Cosford													FULL POWER AND SL													Date of comp 24/11/2021						
S/C	Name	Wt cat.	Body wt	Age Cat	Age	M / F	U/E	RkHt	Squat				Sub Total	SQ Points	RkHt	Bench Press				Sub Total	BN Points	Dead Lift				Sub Total	DL Points	Total	Co. eff.	Points	EVENT	B/F
									1st LIFT	2nd LIFT	3rd LIFT	4th LIFT				1st LIFT	2nd LIFT	3rd LIFT	4th LIFT			1st LIFT	2nd LIFT	3rd LIFT	4th LIFT							
2	Luke Cook	110.00	103.80	OPEN	29	M	U	11	220.0 kg	235.0 kg	245.0 kg	245.0 kg	133.7455	11	165.0 kg	172.5 kg	180.0 kg	180.0 kg	98.2620	270.0 kg	285.0 kg	300.0 kg	300.0 kg	163.7700	725.0 kg	0.5459	395.7775	FP	395.7775			
1	Sam Carlyle	67.50	60.80	OPEN	25	M	U	8	120.0 kg	130.0 kg	137.5 kg	137.5 kg	110.2613	10	85.0 kg	92.5 kg	100.0 kg	100.0 kg	74.1758	180.0 kg	202.5 kg	210.0 kg	210.0 kg	162.3948	432.5 kg	0.8019	346.8218	FP	346.8218			
2	Bill Dunn	90.00	88.80	OPEN	27	M	U	12	175.0 kg	180.0 kg	185.0 kg	185.0 kg	109.1665	12	130.0 kg	137.5 kg	142.5 kg	142.5 kg	84.0893	215.0 kg	230.0 kg	235.0 kg	235.0 kg	138.8735	562.5 kg	0.9901	331.9313	FP	331.9313			
2	Scott Bagshaw	100.00	99.60	OPEN	27	M	U	13	160.0 kg	172.5 kg	182.5 kg	182.5 kg	101.2875	13	130.0 kg	142.5 kg	147.5 kg	147.5 kg	81.8625	200.0 kg	230.0 kg	245.0 kg	245.0 kg	136.9750	575.0 kg	0.955	319.1250	FP	319.1250			
1	Rory Malone	82.50	77.40	OPEN	32	M	U	10	140.0 kg	150.0 kg	157.5 kg	157.5 kg	102.1545	11	115.0 kg	120.0 kg	127.5 kg	127.5 kg	77.8320	190.0 kg	200.0 kg	210.0 kg	210.0 kg	136.2090	487.5 kg	0.8488	316.1925	FP	316.1925			
2	Lee Teasdale	125.00	114.60	OPEN	24	M	U	10	180.0 kg	200.0 kg	202.5 kg	200.0 kg	108.3400	11	150.0 kg	160.0 kg	160.0 kg	160.0 kg	85.0720	215.0 kg	225.0 kg	232.5 kg	232.5 kg	123.6203	592.5 kg	0.9317	316.0323	FP	316.0323			
2	Dan Brown	90.00	88.40	Jnr	23	M	U	10	150.0 kg	160.0 kg	170.0 kg	170.0 kg	102.0680	12	100.0 kg	107.5 kg	110.0 kg	110.0 kg	60.0400	190.0 kg	205.0 kg	212.5 kg	212.5 kg	127.5850	482.5 kg	0.8004	289.6930	FP	289.6930			
1	Amish Thaleswar	75.00	69.80	OPEN	27	M	U	11	100.0 kg	120.0 kg	130.0 kg	130.0 kg	91.8240	11	80.0 kg	90.0 kg	95.0 kg	95.0 kg	63.4320	160.0 kg	180.0 kg	190.0 kg	190.0 kg	103.9120	410.0 kg	0.7048	288.9680	FP	288.9680			
2	Damian Shorten	100.00	99.00	OPEN	27	M	U	13	130.0 kg	140.0 kg	150.0 kg	150.0 kg	83.4750	13	135.0 kg	145.0 kg	150.0 kg	150.0 kg	83.4750	170.0 kg	190.0 kg	202.5 kg	202.5 kg	112.8913	502.5 kg	0.9588	279.8413	FP	279.8413			
1	Alex Wemy	82.50	76.40	T3	19	M	U	8	122.5 kg	130.0 kg	135.0 kg	135.0 kg	88.4250	10	80.0 kg	85.0 kg	92.5 kg	92.5 kg	60.5875	140.0 kg	150.0 kg	160.0 kg	160.0 kg	104.8000	387.5 kg	0.855	253.8125	FP	253.8125			
1	Dan Ashley	90.00	82.80	T3	19	M	U	11	120.0 kg	127.5 kg	137.5 kg	137.5 kg	84.9338	10	97.5 kg	102.5 kg	105.0 kg	105.0 kg	63.3143	145.0 kg	160.0 kg	170.0 kg	170.0 kg	105.0090	410.0 kg	0.8177	253.2570	FP	253.2570			
1	Katie Coen	70.00	64.60	OPEN	28	F	U	10	90.0 kg	100.0 kg	105.0 kg	100.0 kg	80.8400	11	60.0 kg	65.0 kg	72.5 kg	72.5 kg	52.5460	130.0 kg	140.0 kg	150.0 kg	150.0 kg	113.1760	305.0 kg	0.8094	246.5620	FP	246.5620			
1	Connor McDonnell	67.50	67.40	Jnr	20	M	U	10	105.0 kg	115.0 kg	115.0 kg	115.0 kg	83.5620	11	60.0 kg	70.0 kg	75.0 kg	75.0 kg	50.8760	120.0 kg	140.0 kg	150.0 kg	150.0 kg	109.0200	335.0 kg	0.9288	243.4760	FP	243.4760			
1	Kingsley Colville	82.50	76.60	Jnr	20	M	U	12	120.0 kg	130.0 kg	130.0 kg	120.0 kg	78.4440	10	70.0 kg	80.0 kg	90.0 kg	90.0 kg	58.8330	140.0 kg	145.0 kg	150.0 kg	150.0 kg	99.0550	360.0 kg	0.8557	235.3320	FP	235.3320			
1	Rowan Pearce	44.00	43.80	OPEN	25	F	U	4	60.0 kg	65.0 kg	70.0 kg	70.0 kg	77.2330	8	30.0 kg	32.5 kg	35.0 kg	35.0 kg	36.1980	70.0 kg	75.0 kg	80.0 kg	80.0 kg	88.8500	162.5 kg	1.1119	202.9218	FP	202.9218			
2	Chris Marshall	125.00	116.60	M3	50	M	U	10	190.0 kg	200.0 kg	210.0 kg	210.0 kg	111.4890	10	150.0 kg	160.0 kg	170.0 kg	170.0 kg	80.2630	0.0 kg	0.0 kg	0.0 kg	0.0 kg	0.0000	380.0 kg	0.5309	201.7420	SO & BN	201.7420			
1	Charlottle Benson	70.00	68.20	OPEN	25	F	U	9	70.0 kg	75.0 kg	80.0 kg	80.0 kg	61.7680	10	47.5 kg	50.0 kg	55.0 kg	55.0 kg	38.6950	110.0 kg	120.0 kg	130.0 kg	130.0 kg	100.3730	260.0 kg	0.7721	200.7460	FP	200.7460			
1	Jack Andrew	75.00	73.40	Jnr	20	M	U		0.0 kg	0.0 kg	0.0 kg	0.0 kg	0.0000	11	60.0 kg	67.5 kg	70.0 kg	70.0 kg	58.1500	0.0 kg	0.0 kg	0.0 kg	0.0 kg	54.8860	167.5 kg	0.676	113.2300	BN	113.2300			
2	Phil Deener	100.00	93.80	M3	63	M	U		0.0 kg	0.0 kg	0.0 kg	0.0 kg	0.0000	13	90.0 kg	92.5 kg	95.0 kg	95.0 kg	52.8823	0.0 kg	0.0 kg	0.0 kg	0.0 kg	51.4530	182.5 kg	0.5717	104.3353	BN	104.3353			
2	Jevan Maddog Maddox	100.00	92.80	Jnr	22	M	U	11	165.0 kg	185.0 kg	185.0 kg	185.0 kg	89.1405	10	160.0 kg	170.0 kg	180.0 kg	180.0 kg	63.2810	165.0 kg	175.0 kg	185.0 kg	185.0 kg	106.3935	440.0 kg	0.8751	80.5140	FP	80.5140			
2	George Mossey	110.00	108.00	Jnr	23	M	E SQ	11	187.5 kg	215.0 kg	225.0 kg	225.0 kg	121.2975	11	120.0 kg	127.5 kg	132.5 kg	132.5 kg	68.7353	225.0 kg	250.0 kg	265.0 kg	265.0 kg	142.8615	617.5 kg	0.5381	332.8943	FP	332.8943			
2	Henry Fulbrook	90.00	85.40	Jnr	20	M	E SQ	10	140.0 kg	150.0 kg	160.0 kg	160.0 kg	98.8000	11	110.0 kg	115.0 kg	120.0 kg	120.0 kg	72.6000	180.0 kg	190.0 kg	200.0 kg	200.0 kg	108.9000	460.0 kg	0.605	278.3000	FP	278.3000			

Platform Referees: Nathan Leach

Total of 22 lifters