

Official BDFPA Score Sheet (V13.6)

Date of Comp: 30/01/2022 Organiser: Southern Counties

Southern Counties Divisional at Bridge Road Barbell

British Record		European Record					World Record				MPF World Record				Divisional Record				New Totals				Calibrated Scales and Weights			
Age Cat	Wt Class	Age	Body Weight	UN/ EQ	F/M	DIV	Name	RH	SQUAT				Best Squat	RH	BENCH				Best Bench	DEADLIFT				Total	Points	
									1st Lift	2nd Lift	3rd Lift	4th Lift			1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift			
Open	90+	27	93.7	UN	F	SE	Mollianne DEARDS	8	65.0 kg	70.0 kg	75.0 kg		75.0 kg	8	45.0 kg	47.5 kg	50.0 kg		50.0 kg	87.5 kg	95.0 kg	100.0 kg		100.0 kg	225.0 kg	139.1850
Jnr	58.50	22	56.1	UN	F	SE	Naomi DAVIS	4	80.0 kg	87.5 kg	92.5 kg		92.5 kg	7	50.0 kg	55.0 kg	57.5 kg		57.5 kg	97.5 kg	105.0 kg	110.0 kg		110.0 kg	260.0 kg	236.5740
Jnr	70.00	23	69.8	UN	F	EC	Lauren PEARCE	7	77.5 kg	82.5 kg	87.5 kg		87.5 kg	8	42.5 kg	45.0 kg	47.5 kg		47.5 kg	100.0 kg	110.0 kg	117.5 kg		117.5 kg	252.5 kg	191.7990
M1	55.50	41	54.7	UN	F	SE	Lisa GILBERT	5	87.5 kg	92.0 kg	95.0 kg		95.0 kg	8	50.0 kg	55.0 kg	57.5 kg		57.5 kg	110.0 kg	117.5 kg	122.5 kg		122.5 kg	275.0 kg	255.5025
Open	63.00	25	61.8	UN	F	SE	Elizabeth PIPE	6	105.0 kg	110.0 kg	115.0 kg		115.0 kg	7	65.0 kg	70.0 kg	72.5 kg		70.0 kg	147.5 kg	155.0 kg	160.0 kg		160.0 kg	345.0 kg	289.5240
Open	80.00	26	74.9	UN	F	SE	Iman HALFAQUI	7	140.0 kg	160.0 kg	170.0 kg		160.0 kg	9	70.0 kg	70.0 kg	70.0 kg		70.0 kg	160.0 kg	170.0 kg	180.0 kg		180.0 kg	410.0 kg	296.1430
Open	63.00	32	59.0	UN	F	EM	Habee FOLAMI	8	85.0 kg				85.0 kg	10	50.0 kg				50.0 kg	110.0 kg				110.0 kg	245.0 kg	213.7625
M4	80.00	59	77.5	UNB	F	SC	Trisha FORBES							11	40.0 kg	45.0 kg	47.5 kg		47.5 kg						47.5 kg	33.4733
M1	63.00	41	61.9	UNB	F	SC	Sonia PEREZ BAEZA							8	60.0 kg	65.0 kg	67.5 kg		67.5 kg						67.5 kg	56.5718
Open	70.00	35	67.5	UNB	F	SC	Sheridan LUCAS							9	75.0 kg	80.0 kg	82.5 kg		80.0 kg						80.0 kg	62.2160
T3	55.50	18	55.0	UND	F	EC	Mia HOWELL													80.0 kg	82.5 kg	82.5 kg		80.0 kg	80.0 kg	73.9920
M4	70.00	59	70.0	UND	F	SC	Trisha FORBES													80.0 kg	85.0 kg	92.5 kg		92.5 kg	92.5 kg	70.1243
M1	63.00	41	61.9	UND	F	SC	Sonia PEREZ BAEZA													120.0 kg	125.0 kg	130.0 kg		130.0 kg	130.0 kg	108.9530
Open	70.00	35	70.0	UND	F	SC	Sheridan LUCAS													120.0 kg	130.0 kg	140.0 kg		140.0 kg	140.0 kg	106.1340
M2	100.00	47	99.2	EQ	M	SC	Richard JOHN	8	275.0 kg	300.0 kg	300.0 kg		275.0 kg	11	140.0 kg	150.0 kg	160.0 kg		150.0 kg	245.0 kg	260.0 kg		260.0 kg	685.0 kg	380.8600	
M3	82.50	53	80.4	EQ	M	SC	Mathew ROWE	8	162.5 kg	180.0 kg	190.0 kg		190.0 kg	10	115.0 kg	122.5 kg	127.5 kg		127.5 kg	210.0 kg	227.5 kg	237.5 kg		237.5 kg	555.0 kg	350.0385
M3	82.50	53	80.4	EQD	M	SC	Mathew ROWE													210.0 kg	227.5 kg	237.5 kg		237.5 kg	237.5 kg	149.7913
M6	100.00	66	93.4	EQS	M	SC	Terrance JEX	8	200.0 kg	210.0 kg	210.0 kg		200.0 kg												200.0 kg	114.6000
M3	82.50	53	80.1	EQS	M	SC	Mathew ROWE	8	162.5 kg	180.0 kg	190.0 kg		190.0 kg												190.0 kg	120.1560
M8	67.50	77	67.0	UN	M	SC	Martin GODDEN	8	70.0 kg	82.5 kg			82.5 kg	10	60.0 kg	65.0 kg			65.0 kg	100.0 kg	110.0 kg	120.0 kg		120.0 kg	267.5 kg	195.4623
Open	90.00	25	87.2	UN	M	SC	Terry JEX	11	150.0 kg	160.0 kg	170.0 kg		170.0 kg	10	120.0 kg	130.0 kg	135.0 kg		130.0 kg	160.0 kg	175.0 kg	185.0 kg		185.0 kg	485.0 kg	289.4965
T1	67.50	14	63.4	UN	M	SC	Thomas CRICKETT	9	90.0 kg	97.5 kg	105.0 kg		105.0 kg	11	50.0 kg	55.0 kg	60.0 kg		55.0 kg	100.0 kg	120.0 kg	125.0 kg		125.0 kg	285.0 kg	219.2790
Open	82.50	24	81.4	UN	M	EC	Joel WOOD	10	175.0 kg	182.5 kg	187.5 kg		187.5 kg	10	122.5 kg	130.0 kg	130.0 kg		130.0 kg	185.0 kg	197.5 kg	205.0 kg		205.0 kg	522.5 kg	326.6148
Open	110.00	32	108.2	UN	M	SC	James BALDWIN	11	170.0 kg	185.0 kg	195.0 kg		195.0 kg	11	150.0 kg	160.0 kg	160.0 kg		150.0 kg	175.0 kg	190.0 kg	212.5 kg		212.5 kg	557.5 kg	300.3810
Open	82.50	31	82.0	UN	M	SE	Joshua HOWELL	7	175.0 kg				175.0 kg	10	127.5 kg	127.5 kg	127.5 kg		127.5 kg	192.5 kg	212.5 kg	225.0 kg		225.0 kg	527.5 kg	328.0523
Open	75.00	33	73.2	UN	M	SE	Alasdair STEWART	10	120.0 kg	130.0 kg	137.5 kg		137.5 kg	11	72.5 kg	77.5 kg	116.0 kg		72.5 kg	125.0 kg	135.0 kg	145.0 kg		145.0 kg	355.0 kg	240.4770
M4	90.00	57	90.0	UN	M	SC	Mark TUCKER	10	180.0 kg	180.0 kg	190.0 kg		180.0 kg	10	110.0 kg	115.0 kg	120.0 kg		120.0 kg	205.0 kg	220.0 kg	230.0 kg		230.0 kg	530.0 kg	310.2090
T2	67.50	16	64.2	UN	M	SE	James GRAYSHAW	9	120.0 kg	120.0 kg	120.0 kg		120.0 kg	10	72.5 kg	72.5 kg	72.5 kg		72.5 kg	140.0 kg	150.0 kg	155.0 kg		155.0 kg	0.0 kg	0.0000
M1	100.00	40	99.0	UN	M	SE	Jacek SZAST	10	200.0 kg	210.0 kg	220.0 kg		210.0 kg	10	135.0 kg	140.0 kg	140.0 kg		140.0 kg	235.0 kg	255.0 kg	265.0 kg		265.0 kg	615.0 kg	342.2475
Open	75.00	27	72.8	UN	M	SE	Willam TAYLOR	8	160.0 kg	167.5 kg	170.0 kg		170.0 kg	10	112.5 kg	117.5 kg	122.5 kg		122.5 kg	200.0 kg	212.5 kg	220.0 kg		220.0 kg	512.5 kg	348.7563
Open	82.50	25	81.2	UN	M	SW	Jordan CONSTABLE	12	165.0 kg	172.5 kg	177.5 kg		177.5 kg	12	127.5 kg	132.5 kg	137.5 kg		137.5 kg	210.0 kg	222.5 kg	232.5 kg		232.5 kg	547.5 kg	342.8445
M6	90.00	66	90.0	UN	M	SC	Andy BONNER	10	160.0 kg	200.0 kg	200.0 kg		200.0 kg	10	100.0 kg	120.0 kg			120.0 kg	220.0 kg	250.0 kg		250.0 kg	570.0 kg	333.6210	
Open	90.00	34	89.4	UN	M	SE	Dan HARRIS	9	250.0 kg	265.0 kg			265.0 kg	10	140.0 kg	150.0 kg	160.0 kg		150.0 kg	270.0 kg	285.0 kg	295.0 kg		295.0 kg	710.0 kg	417.2670
M2	75.00	49	72.8	UN	M	EC	Brett PAISLEY	9	135.0 kg	142.5 kg	150.0 kg		150.0 kg	11	105.0 kg	112.5 kg	115.0 kg		112.5 kg	235.0 kg	245.0 kg	255.0 kg		255.0 kg	517.5 kg	352.1588
Open	145.00	29	132.2	UNB	M	SC	Matt WARD							12	140.0 kg	150.0 kg	160.0 kg		160.0 kg						160.0 kg	81.9840
M9	82.50	82	82.0	UNB	M	SE	Eric WEST							10	65.0 kg	70.0 kg			65.0 kg						65.0 kg	40.4235
M3	125.00	52	113.0	UNB	M	SE	Steve LAWRENCE							12	145.0 kg	155.0 kg	165.0 kg		155.0 kg						155.0 kg	82.6460
M6	125.00	66	112.2	UNB	M	SC	Brian MITCHELL							9	105.0 kg	107.5 kg			105.0 kg						105.0 kg	56.0700
M6	100.00	66	93.4	UND	M	SC	Terrance JEX													240.0 kg	250.0 kg			250.0 kg	250.0 kg	143.2500
M3	82.50	53	80.1	UNB	M	SC	Mathew ROWE	8	152.5 kg	165.0 kg	175.0 kg		175.0 kg												175.0 kg	110.6700

Refs  
 Steve Van Kempen  
 Steve Baldock  
 Joshua Batterham  
 Alana Pash  
 Habee Hamilton (Folami)  
 Sheridan Lucas