

Official BDFPA Score Sheet (V13.2)

Date of Comp - 5th & 6th March 2022 - Willie Brown

Competition - Scottish Female Qualifier

British Record				World Record							Drug Tested				Calibrated Scales and Weights Used YES					Place Class	Place Cat	Best Lifter	
Age Cat	Wt Class	Age	Body Weight	Name	SQUAT			Best Squat	BENCH			Best Bench	DEADLIFT			Best Deadlift	Total	QUALIFY REQ	Co eff.				Points
					1st Lift	2nd Lift	3rd Lift		1st Lift	2nd Lift	3rd Lift		1st Lift	2nd Lift	3rd Lift								
T2	67.50	16	67.5	Alasdair Padmanabhan	122.5 kg	127.5 kg	130.0 kg	130.0 kg	75.0 kg	80.0 kg	85.0 kg	85.0 kg	150.0 kg	152.5 kg	170.0 kg	152.5 kg	367.5 kg	305	0.72580	266.7315	1	1	
M3	67.50	52	66.9	Paul Rutherford	140.0 kg			140.0 kg	97.5 kg		0.0 kg	97.5 kg	150.0 kg			150.0 kg	387.5 kg	392.5	0.73170	283.5338	1	1	Best Equipped Male Powerlifter
T1	67.50	14	64.3	Tammar Alsaffar	90.0 kg	97.5 kg	102.5 kg	102.5 kg	67.5 kg	70.0 kg	75.0 kg	70.0 kg	115.0 kg	120.0 kg	130.0 kg	130.0 kg	302.5 kg	275	0.75910	229.6278	2	1	
T1	75.00	15	70.6	Lewis McWilliams	125.0 kg	135.0 kg	135.0 kg	125.0 kg	80.0 kg	85.0 kg	85.0 kg	80.0 kg	150.0 kg	160.0 kg	170.0 kg	160.0 kg	365.0 kg	302.5	0.69800	254.7700	1	1	
Open	82.50	25	81.5	Alex Paterson	172.5 kg	180.0 kg	180.0 kg	180.0 kg	115.0 kg	120.0 kg	125.0 kg	125.0 kg	205.0 kg	215.0 kg	220.0 kg	215.0 kg	520.0 kg	490	0.62450	324.7400	1	1	
Jnr	82.50	23	78.5	Jordan Steel	162.5 kg	175.0 kg	182.5 kg	182.5 kg	102.5 kg	112.5 kg	120.0 kg	112.5 kg	192.5 kg	207.5 kg	220.0 kg	220.0 kg	515.0 kg	440	0.64180	330.5270	2	1	
T3	82.50	18	79.4	Daniel Lauchlan	132.5 kg	142.5 kg	150.0 kg	150.0 kg	95.0 kg	102.5 kg	102.5 kg	102.5 kg	160.0 kg	172.5 kg	180.0 kg	180.0 kg	432.5 kg	395	0.63640	275.2430	6	1	
Open	82.50	37	81.6	Douglas Whiteford	115.0 kg	117.5 kg	120.0 kg	120.0 kg	65.0 kg	70.0 kg	72.5 kg	72.5 kg	147.5 kg	152.5 kg	152.5 kg	147.5 kg	340.0 kg	490	0.62410	212.1940	7	7	
T1	82.50	14	77.6	Andrew Muir	95.0 kg	102.5 kg	107.5 kg	107.5 kg	70.0 kg	75.0 kg	77.5 kg	77.5 kg	125.0 kg	130.0 kg	132.5 kg	132.5 kg	317.5 kg	320	0.64730	205.5178	8	1	
Open	82.50	26	77.5	Valentas Virmauskis	160.0 kg	167.5 kg	175.0 kg	175.0 kg	115.0 kg	120.0 kg	127.5 kg	120.0 kg	200.0 kg	210.0 kg	220.0 kg	210.0 kg	505.0 kg	490	0.65050	328.5025	3	3	
Open	82.50	27	80.5	Ryan Williamson	152.5 kg	162.5 kg		152.5 kg	105.0 kg	112.5 kg	117.5 kg	112.5 kg	200.0 kg	210.0 kg	200.0 kg	465.0 kg	490	0.63010	292.9965	4	4		
T2	82.50	16	80.2	Rowan Stephen	140.0 kg	147.5 kg	155.0 kg	155.0 kg	92.5 kg	100.0 kg	107.5 kg	100.0 kg	180.0 kg	192.5 kg	205.0 kg	205.0 kg	460.0 kg	355	0.63180	290.6280	5	1	
Open	90.00	34	85.9	Neil Masson	160.0 kg	180.0 kg	190.0 kg	190.0 kg	110.0 kg	120.0 kg	130.0 kg	120.0 kg	220.0 kg	240.0 kg	250.0 kg	250.0 kg	560.0 kg	520	0.60270	337.5120	1	1	Best Unequipped Male Powerlifter
M1	90.00	40	88.4	Gary Dick	180.0 kg	195.0 kg	205.0 kg	205.0 kg	110.0 kg	120.0 kg	132.5 kg	132.5 kg	190.0 kg	200.0 kg	210.0 kg	210.0 kg	547.5 kg	495	0.59180	324.0105	2	1	
T2	90.00	17	89.0	Mckenzie Morrison	175.0 kg	180.0 kg	182.5 kg	182.5 kg	122.5 kg	130.0 kg	135.0 kg	135.0 kg	195.0 kg	205.0 kg	210.0 kg	210.0 kg	527.5 kg	377.5	0.58930	310.8558	3	1	
Jnr	90.00	20	88.5	Ross MacFarlane	155.0 kg	160.0 kg	175.0 kg	160.0 kg	105.0 kg	110.0 kg	115.0 kg	115.0 kg	190.0 kg	205.0 kg	220.0 kg	220.0 kg	495.0 kg	467.5	0.59140	292.7430	4	1	
T2	90.00	17	89.0	Iain Middleton	155.0 kg	165.0 kg	165.0 kg	165.0 kg	110.0 kg	115.0 kg	120.0 kg	120.0 kg	190.0 kg	205.0 kg	205.0 kg	490.0 kg	377.5	0.58930	288.7570	5	2		
T1	100.00	14	97.6	Gabriel McCahill					0.0 kg				127.5 kg	135.0 kg	140.0 kg	140.0 kg	140.0 kg	140	0.56020	78.4280	1	1	Best Unequipped Male Deadlift
T1	100.00	14	97.6	Gabriel McCahill					65.0 kg	67.5 kg	70.0 kg	67.5 kg				67.5 kg	90	0.56020	37.8135	1	1	Best Unequipped Male Bench	
Jnr	100.00	22	96.3	Dean Simpson	175.0 kg	185.0 kg	195.0 kg	195.0 kg	125.0 kg	135.0 kg	140.0 kg	140.0 kg	235.0 kg	250.0 kg	255.0 kg	255.0 kg	590.0 kg	497.5	0.56390	332.7010	1	1	
Open	100.00	34	98.4	Alexander Campbell	200.0 kg	210.0 kg	210.0 kg	210.0 kg	130.0 kg	135.0 kg	135.0 kg	135.0 kg	210.0 kg	215.0 kg	215.0 kg	210.0 kg	555.0 kg	552.5	0.55810	309.7455	2	2	
Open	100.00	32	97.0	Alex Dunnagan	165.0 kg	177.5 kg	185.0 kg	185.0 kg	120.0 kg	125.0 kg	130.0 kg	130.0 kg	195.0 kg	212.5 kg	222.5 kg	222.5 kg	537.5 kg	552.5	0.56190	302.0213	3	3	
Open	100.00	28	97.6	Dean Allan	165.0 kg	172.5 kg	182.5 kg	182.5 kg	97.5 kg	105.0 kg	107.5 kg	105.0 kg	200.0 kg	212.5 kg	220.0 kg	212.5 kg	500.0 kg	552.5	0.56020	280.1000	3	3	
Open	100.00	30	96.6	Ross Millar	137.5 kg	145.0 kg	152.5 kg	152.5 kg	92.5 kg	95.0 kg	97.5 kg	97.5 kg	155.0 kg	165.0 kg	175.0 kg	175.0 kg	425.0 kg	552.5	0.56300	239.2750	3	3	
M2	100.00	45	100.0	Chris Martin					205.0 kg	205.0 kg	212.5 kg	212.5 kg				212.5 kg	132.5	0.55400	117.7250	1	1		
Open	110.00	24	107.7	Alexsander Hamilton	242.5 kg	257.5 kg	257.5 kg	257.5 kg	132.5 kg	140.0 kg	142.5 kg	140.0 kg	250.0 kg	265.0 kg	265.0 kg	250.0 kg	647.5 kg	570	0.53950	349.3263	1	1	
Open	110.00	35	100.3	Tom Crawford	200.0 kg	207.5 kg	212.5 kg	212.5 kg	135.0 kg	140.0 kg	145.0 kg	145.0 kg	235.0 kg	242.5 kg	250.0 kg	250.0 kg	607.5 kg	570	0.55330	336.1298	1	1	
Open	110.00	31	100.4	Craig Cantwell	180.0 kg	185.0 kg	185.0 kg	185.0 kg	105.0 kg	115.0 kg	120.0 kg	120.0 kg	180.0 kg	200.0 kg	205.0 kg	205.0 kg	510.0 kg	570	0.55310	282.0810	1	1	
Jnr	110.00	20	109.0	Martin Kennedy	190.0 kg	200.0 kg	205.0 kg	190.0 kg	130.0 kg	140.0 kg	145.0 kg	145.0 kg	230.0 kg	240.0 kg	245.0 kg	245.0 kg	580.0 kg	512.5	0.53770	311.8660	1	1	
Open	125.00	31	122.9	Sergeis Serovs	200.0 kg	200.0 kg	220.0 kg	200.0 kg	175.0 kg	185.0 kg	185.0 kg	175.0 kg	220.0 kg	235.0 kg	245.0 kg	235.0 kg	610.0 kg	585	0.52390	319.5790	1	1	
Open	125.00	31	114.1	Fraser Stewart	170.0 kg	175.0 kg	182.5 kg	182.5 kg	142.5 kg	150.0 kg	155.0 kg	150.0 kg	220.0 kg	230.0 kg	232.5 kg	230.0 kg	562.5 kg	585	0.53220	299.3625	1	1	
Jnr	145.00	22	137.7	Zac Murray	200.0 kg	210.0 kg	220.0 kg	220.0 kg	110.0 kg	120.0 kg	130.0 kg	120.0 kg	200.0 kg	210.0 kg	220.0 kg	210.0 kg	550.0 kg	552.5	0.50590	278.2450	1	1	

Refs : Chris Martin , Stevie McQuade, Simon Winterborn

Scorekeepers: Karen Dalziel, Gaby Coia, Claire Sott-Barrett