

Official BDFPA Score Sheet (V13.6)

Date of Comp: Organiser:

Championship Title and Location Details

| British Record | | World Record | | | | | | | | | | Divisional Record | | | | | | Calibrated Scales and Weights Used YES/NO | | | | | | | | | | | |
|----------------|----------|--------------|-------------|-------|-----|--------------------|---------------|---------------------|---------------------|---------------------|------------|-------------------|--------------------|---------------------|---------------------|------------|---------------------|---|---------------------|---------------|----------|-------------|---------|----------|-------|------------|-------------|-----------|--|
| Age Cat | Wt Class | Age | Body Weight | UN/EQ | F/M | Name | RH | SQUAT | | | Best Squat | RH | BENCH | | | Best Bench | DEADLIFT | | | Best Deadlift | Total | QUALIFY REQ | Co eff. | Points | MAM | Masters PN | Place Class | Place Cat | Best Lifter |
| | | | | | | | | 1st Lift | 2nd Lift | 3rd Lift | | | 1st Lift | 2nd Lift | 3rd Lift | | 1st Lift | 2nd Lift | 3rd Lift | | | | | | | | | | |
| M1 Jnr | 63.00 | 40 | 61.4 | UN | F | Michelle biscoe | 11 | 80.0 kg | 90.0 kg | 95.0 kg | 95.0 kg | 7 | 42.5 kg | 47.5 kg | 52.5 kg | 52.5 kg | 110.0 kg | 115.0 kg | 117.5 kg | 115.0 kg | 262.5 kg | 222.5 | 0.84380 | ##### | 1.000 | 221.4975 | 3 | 1 | |
| | 70.00 | 20 | 68.4 | UN | F | Rebekah Heath | 12 | 85.0 kg | 92.5 kg | 97.5 kg | 97.5 kg | 8 | 50.0 kg | 55.0 kg | 57.5 kg | 55.0 kg | 115.0 kg | 120.0 kg | 127.5 kg | 127.5 kg | 280.0 kg | 232.5 | 0.77050 | ##### | 1.000 | 215.7400 | 1 | 1 | |
| | Open | 58.50 | 32 | 58.2 | UN | F | Faye Reynolds | 10 | 80.0 kg | 85.0 kg | 90.0 kg | 90.0 kg | 8 | 80.0 kg | 55.0 kg | 57.5 kg | 57.5 kg | 115.0 kg | 120.0 kg | 127.5 kg | 127.5 kg | 275.0 kg | 220 | 0.88250 | ##### | 1.000 | 242.6875 | 1 | 1 |
| Open | 80.00 | 29 | 78.0 | UN | F | Laura Fortune | 11 | 102.5 kg | 110.0 kg | 117.5 kg | 117.5 kg | 5 | 52.5 kg | 57.5 kg | 60.0 kg | 57.5 kg | 115.0 kg | 125.0 kg | 130.0 kg | 130.0 kg | 305.0 kg | 282.5 | 0.70140 | ##### | 1.000 | 213.9270 | 2 | 2 | |
| Open | 63.00 | 34 | 62.0 | UN | F | Francesca shearer | 7 | 102.5 kg | 107.5 kg | 112.5 kg | 112.5 kg | 5 | 65.0 kg | 70.0 kg | 75.0 kg | 70.0 kg | 120.0 kg | 125.0 kg | 130.0 kg | 130.0 kg | 312.5 kg | 235 | | ##### | | 261.5625 | 1 | 1 | Best Unequipped Female Powerlifter |
| Open | 63.00 | 30 | 62.2 | UN | F | Abi Ralph | 8 | 107.5 kg | 112.5 kg | 117.5 kg | 117.5 kg | 5(W) | 55.0 kg | 57.5 kg | 60.0 kg | 60.0 kg | 125.0 kg | 130.0 kg | 135.0 kg | 135.0 kg | 312.5 kg | 235 | 0.83700 | ##### | 1.000 | 260.8438 | 2 | 2 | |
| M3 | 90+ | 52 | 92.6 | UN | F | Louisa Pretorius | 11 | 110.0 kg | 120.0 kg | 130.0 kg | 120.0 kg | 9 | 55.0 kg | 60.0 kg | 62.5 kg | 62.5 kg | 120.0 kg | 130.0 kg | 137.5 kg | 137.5 kg | 320.0 kg | 280 | 0.62230 | ##### | 1.187 | 236.3744 | 1 | 1 | |
| Open | 90.00 | 30 | 83.6 | UN | F | Comfort Oluwole | 13 | 97.5 kg | 105.0 kg | 110.0 kg | 110.0 kg | 9 | 57.5 kg | 60.0 kg | 65.0 kg | 60.0 kg | 127.5 kg | 130.0 kg | 137.5 kg | 137.5 kg | 307.5 kg | 305 | 0.66650 | ##### | 1.000 | 204.9488 | 3 | 3 | |
| M2 | 90.00 | 47 | 85.1 | UN | F | Louise Oldham | 13 | 97.5 kg | 105.0 kg | 107.5 kg | 107.5 kg | 8 | 57.5 kg | 60.0 kg | 62.5 kg | 60.0 kg | 135.0 kg | 142.5 kg | 150.0 kg | 142.5 kg | 310.0 kg | 275 | 0.65790 | ##### | 1.096 | 223.5281 | 2 | 1 | |
| Open | 80.00 | 34 | 74.8 | UN | F | Lou Morris | 8 | 107.5 kg | 115.0 kg | 120.0 kg | 120.0 kg | 7 | 65.0 kg | 72.5 kg | 72.5 kg | 65.0 kg | 150.0 kg | 160.0 kg | 170.0 kg | 170.0 kg | 355.0 kg | 282.5 | 0.72300 | ##### | 1.000 | 256.6650 | 1 | 1 | |
| Open | 90.00 | 37 | 88.6 | UN | F | Cat Freed | 13 | 120.0 kg | 122.5 kg | 122.5 kg | 120.0 kg | 9 | 60.0 kg | 62.5 kg | 60.0 kg | 152.5 kg | 155.0 kg | 152.5 kg | 332.5 kg | 305 | 0.63820 | ##### | 1.000 | 212.2015 | 1 | 1 | | | |
| T1 | 60.00 | 14 | 60.0 | UN | M | Damian Thorpe | 13 | 95.0 kg | 100.0 kg | 105.0 kg | 100.0 kg | 7 | 55.0 kg | 60.0 kg | 65.0 kg | 60.0 kg | 110.0 kg | 115.0 kg | 120.0 kg | 120.0 kg | 280.0 kg | 245 | 0.81280 | ##### | 1.000 | 227.5840 | 1 | 1 | |
| T2 | 75.00 | 16 | 74.0 | UN | M | Simeon archer | 16 | 122.5 kg | 127.5 kg | 132.5 kg | 127.5 kg | 9 | 70.0 kg | 77.5 kg | 80.0 kg | 80.0 kg | 150.0 kg | 157.5 kg | 165.0 kg | 165.0 kg | 372.5 kg | 335 | 0.67160 | ##### | 1.000 | 250.1710 | 3 | 2 | |
| M7 | 75.00 | 71 | 73.0 | UN | M | David John Freeman | 13 | 125.0 kg | 135.0 kg | 140.0 kg | 140.0 kg | 9 | 77.5 kg | 85.0 kg | | 85.0 kg | 150.0 kg | 165.0 kg | 175.0 kg | 175.0 kg | 400.0 kg | 305 | | ##### | | 472.5144 | 2 | 1 | Best Unequipped Male Powerlifter (Masters) |
| T2 | 75.00 | 16 | 73.6 | UN | M | Eoin Tomlinson | 12 | 130.0 kg | 140.0 kg | 150.0 kg | 140.0 kg | 9 | 75.0 kg | 80.0 kg | 82.5 kg | 82.5 kg | 160.0 kg | 170.0 kg | 180.0 kg | 180.0 kg | 402.5 kg | 335 | 0.67890 | ##### | 1.740 | 271.4863 | 1 | 1 | |
| Open | 90.00 | 28 | 87.2 | UN | M | Suraj Jethwa | 12 | 180.0 kg | 190.0 kg | 195.0 kg | 195.0 kg | 8 | 125.0 kg | 130.0 kg | 130.0 kg | 125.0 kg | 185.0 kg | 195.0 kg | 195.0 kg | 185.0 kg | 505.0 kg | 520 | 0.59690 | ##### | 1.000 | 301.4345 | 1 | 1 | |
| M1 | 145+ | 44 | 162.2 | UN | M | Andrew Priddle | 16 | 140.0 kg | 150.0 kg | 157.5 kg | 157.5 kg | 12 | 90.0 kg | 100.0 kg | 102.5 kg | 100.0 kg | 190.0 kg | 200.0 kg | 210.0 kg | 210.0 kg | 467.5 kg | 602.5 | 0.48140 | ##### | 1.044 | 234.9569 | 1 | 1 | |
| Open | 100.00 | 33 | 91.4 | UN | M | Kieran Davis | 13 | 150.0 kg | 165.0 kg | 180.0 kg | 165.0 kg | 9 | 110.0 kg | 120.0 kg | 130.0 kg | 120.0 kg | 200.0 kg | 210.0 kg | 220.0 kg | 220.0 kg | 505.0 kg | 552.5 | 0.58010 | ##### | 1.000 | 292.9505 | 2 | 2 | |
| Open | 100.00 | 39 | 98.6 | UN | M | Gavin Clark | 16 | 155.0 kg | 170.0 kg | 182.5 kg | 170.0 kg | 10 | 100.0 kg | 110.0 kg | 115.0 kg | 115.0 kg | 190.0 kg | 210.0 kg | 225.0 kg | 225.0 kg | 510.0 kg | 552.5 | 0.55750 | ##### | 1.000 | 284.3250 | 1 | 1 | |
| Jnr | 82.50 | 23 | 81.2 | UN | M | Daniel Laidlaw | 13 | 165.0 kg | 172.5 kg | 180.0 kg | 180.0 kg | 9 | 92.5 kg | 92.5 kg | 93.0 kg | 92.5 kg | 210.0 kg | 222.5 kg | 223.0 kg | 222.5 kg | 495.0 kg | 440 | 0.62620 | ##### | 1.000 | 309.9690 | 2 | 1 | |
| Open | 82.50 | 26 | 80.3 | UN | M | Zach Plumley | 14 | 160.0 kg | 170.0 kg | 175.0 kg | 170.0 kg | 8 | 120.0 kg | 127.5 kg | 132.5 kg | 132.5 kg | 220.0 kg | 230.0 kg | 235.0 kg | 235.0 kg | 537.5 kg | 490 | 0.63120 | ##### | 1.000 | 339.2700 | 1 | 1 | Best Unequipped Male Powerlifter |