

Official BDFPA Score Sheet (V13.6)

Scottish Bench Press Championships: Sport, Work, Life, Rutherglen

Date of Comp: 28 Aug 2022

Organiser: William Brown

FLY	Age Cat	Wt Class	Divisional Record				Divisional Record				Calibrated Scales and Weights Used YES/NO		Co eff.	Points	MAM	Masters PR	Place Class	Place Cat	Best Lifter				
			Age	Body Weight	Wt EQ	FM	Div	Name	RH	BENCH										Best Bench	Total	QUALIFY REG	
			1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift													
1	Jnr	55.50	23	53.8	UNB	F	SCO	Kirsty Gauld	14	42.5 kg	45.0 kg	47.5 kg	47.5 kg	47.5 kg	37.5	0.94190	44.7403	1.000	44.7403	1	1		
1	Jnr	63.00	20	61.3	UNB	F	SCO	Chloe Wilson	13	55.0 kg	60.0 kg	65.0 kg	65.0 kg	65.0 kg	42.5	0.84500	54.9250	1.000	54.9250	1	1		
1	M2	70.00	49	68.6	UNB	F	SCO	Fiona Stirton	12	62.5 kg	67.5 kg	70.0 kg	70.0 kg	67.5 kg	45	0.76890	51.9008	1.132	58.7516	1	1		
1	Open	70.00	26	70.0	UNB	F	SCO	Nicole McKinnon	13	50.0 kg	52.5 kg	55.0 kg	55.0 kg	52.5 kg	50	0.75810	39.8003	1.000	39.8003	2	2		
1	Open	80.00	33	72.9	UNB	F	SCO	Emma Hebborn	12	85.0 kg	90.0 kg	92.5 kg	92.5 kg	90.0 kg	57.5	0.73650	66.2850	1.000	66.2850	1	1	Best Unequipped Female Bench	
1	M2	80.00	48	70.1	UNB	F	SCO	Ish Wade	9	47.5 kg	50.0 kg	52.5 kg	52.5 kg	52.5 kg	52.5	0.75730	39.7583	1.114	44.2907	2	1		
1	Open	80.00	38	74.9	UNB	F	SCO	Stacey Ann Smillie	15	47.5 kg	47.5 kg	50.0 kg	50.0 kg	50.0 kg	57.5	0.72230	36.1150	1.000	36.1150	3	3		
1	M1	90+	42	155.3	UNB	F	SCO	Sheila Moug	12	85.0 kg	90.0 kg	92.5 kg	92.5 kg	92.5 kg	65	0.00000	0.0000	1.014	0.0000	0	0		
1	Open	90+	35	138.0	UNB	F	SCO	Mairi Ross	13	80.0 kg	85.0 kg	85.0 kg	85.0 kg	80.0 kg	67.5	0.53320	42.6560	1.000	42.6560	2	2		
1	M3	90+	53	82.3	UNB	F	SCO	Geraldine Fitzsimmons	15	50.0 kg	52.5 kg	55.0 kg	55.0 kg	52.5 kg	60	0.62390	32.7548	1.207	39.5350	3	1		
2	T1	60.00	15	57.1	UNB	M	SCO	Max Munro	14	75.0 kg	80.0 kg	85.0 kg	87.5 kg	85.0 kg	57.5	0.85640	72.7940	1.000	72.7940	1	1		
2	M8	67.50	78	64.4	UNB	M	SCO	Mike Wade	14	55.0 kg	60.0 kg	62.5 kg	62.5 kg	62.5 kg	55	0.75800	47.3750	2.020	95.6975	1	1		
1	T2	75.00	17	70.6	UNB	M	SCO	Luca Young	13	95.0 kg	105.5 kg	107.5 kg	107.5 kg	107.5 kg	92.5	0.69800	75.0350	1.000	75.0350	1	1		
1	T1	75.00	15	69.1	UNB	M	SCO	Tammar Alsaif	15	82.5 kg	85.0 kg	90.0 kg	90.0 kg	85.0 kg	75	0.71100	60.4350	1.000	60.4350	2	1		
2	Open	82.50	36	82.3	UNB	M	SCO	Christopher Empson	13	140.0 kg	147.5 kg	150.0 kg	150.0 kg	150.0 kg	120	0.62090	93.1350	1.000	93.1350	1	1		
2	T1	82.50	14	81.7	UNB	M	SCO	Andrew Muir	15	80.0 kg	85.0 kg	87.5 kg	87.5 kg	85.0 kg	80	0.62350	52.9975	1.000	52.9975	2	1		
2	T3	90.00	19	87.3	UNB	M	SCO	Joseph Devine	15	130.0 kg	135.0 kg	135.0 kg	135.0 kg	135.0 kg	102.5	0.59650	80.5275	1.000	80.5275	1	1		
2	T3	90.00	19	83.0	UNB	M	SCO	Daniel Lauchlan	12	105.0 kg	110.0 kg	115.0 kg	115.0 kg	115.0 kg	102.5	0.61670	70.9205	1.000	70.9205	2	2		
2	Open	100.00	32	93.3	UNB	M	SCO	Scott Lawrie	19	140.0 kg	147.5 kg	150.0 kg	150.0 kg	150.0 kg	135	0.57340	86.0100	1.000	86.0100	1	1		
2	Open	100.00	34	98.2	UNB	M	SCO	Alexander Campbell	13	140.0 kg	145.0 kg	150.0 kg	150.0 kg	150.0 kg	135	0.55860	83.7900	1.000	83.7900	2	2		
2	M1	100.00	43	97.0	UNB	M	SCO	Barry Sheeran	13	102.5 kg	107.5 kg	112.5 kg	112.5 kg	112.5 kg	127.5	0.56190	63.2138	1.028	64.9837	3	1		
2	T1	100.00	15	99.4	UNB	M	SCO	Gabriel McCahill	17	77.5 kg	80.0 kg	82.5 kg	82.5 kg	82.5 kg	90	0.55550	45.8288	1.000	45.8288	4	1		
3	Jnr	110.00	22	109.2	UNB	M	SCO	Josh Harland	14	155.0 kg	162.5 kg	168.0 kg	170.5 kg	167.5 kg	125	0.53760	90.0480	1.000	90.0480	1	1		
3	Open	110.00	24	107.9	UNB	M	SCO	Sandy Hamilton	13	137.5 kg	145.0 kg	147.5 kg	147.5 kg	147.5 kg	140	0.53920	79.5320	1.000	79.5320	2	2		
3	M1	110.00	44	102.5	UNB	M	SCO	John Proctor	14	127.5 kg	135.0 kg	140.0 kg	140.0 kg	140.0 kg	132.5	0.54850	76.7800	1.044	80.1688	3	1		
3	Open	110.00	32	108.0	UNB	M	SCO	Ryan Beveridge	15	130.0 kg	135.0 kg	140.0 kg	140.0 kg	140.0 kg	140	0.53910	75.4740	1.000	75.4740	4	4		
2	M5	110.00	63	101.5	UNB	M	SCO	Arthur Muriel Cowley	13	122.5 kg	127.5 kg	130.0 kg	130.0 kg	130.0 kg	110	0.55060	71.5780	1.470	105.2197	5	1	Best Unequipped Male Bench (Masters)	
3	M1	125.00	41	124.0	UNB	M	SCO	Shaun Murney	17	180.0 kg	190.0 kg	201.0 kg	200.0 kg	200.0 kg	135	0.52240	104.4800	1.005	105.0024	1	1	Best Unequipped Male Bench	
3	Open	145.00	36	133.1	UNB	M	SCO	Vin McGuire	15	127.5 kg	130.4 kg	130.0 kg	130.0 kg	130.0 kg	150	0.50170	66.4690	1.000	66.4690	1	1		
3	M1	145.00	40	141.5	UNB	M	SCO	Chrys Howe	18	102.5 kg	110.0 kg	110.0 kg	102.5 kg	102.5 kg	142.5	0.50170	51.4243	1.000	51.4243	2	1		
3	Open	145+	33	163.4	UNB	M	SCO	Grant Hill	18	170.0 kg	177.5 kg	187.5 kg	177.5 kg	177.5 kg	157.5	0.48040	85.2710	1.000	85.2710	1	1		
3	M6	75.00	67	74.3	EQB	M	SCO	Ronnie Kerr	12	105.0 kg	115.0 kg	122.5 kg	115.0 kg	115.0 kg	87.5	0.66940	76.9810	1.597	122.9387	1	1	Best Equipped Male Bench (Masters)	
3	M2	100.00	45	99.9	EQB	M	SCO	Chris Martin	12	205.0 kg	220.0 kg	220.0 kg	205.0 kg	205.0 kg	132.5	0.55430	113.6315	1.060	120.4494	1	1	Best Equipped Male Bench	
3	M1	145.00	43	135.5	EQB	M	SCO	Graeme Reid	18	170.0 kg	208.0 kg	200.0 kg	170.0 kg	170.0 kg	157.5	0.50840	86.4280	1.028	88.8480	1	1		

Refs  
Stephen McQuade  
William Brown  
Chris Martin

Loaders