

Official BDFPA Score Sheet (V13.6)

Royal Navy Powerlifting Championships; HMS TEMERAIRE, Burnaby Road, Portsmouth

Date of Comp: 16 Nov 2022

Organiser: CPO Chris Martin

Divisional Record	British Record		European Record					World Record				MPF World Record				Divisional Record				Drug Tested		Calibrated Scales and Weights Used YES/NO													
	FLT	Age Cat	Wt Class	Age	Body Weight	UN/EO	F/M	DIV	Name	RH	SQUAT				Best Squat	RH	BENCH				Best Bench	DEADLIFT				Best Deadlift	Total	QUALIFY REQ	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter
											1st Lift	2nd Lift	3rd Lift	4th Lift			1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift	2nd Lift	3rd Lift	4th Lift										
1	Jnr	63.00	22	62.8	UN	F	RN	Alisa Brown	8	86.0 kg	92.0 kg	97.0 kg	95.0 kg	5	55.0 kg	60.0 kg	65.0 kg	60.0 kg	120.0 kg	130.0 kg	140.0 kg	130.0 kg	285.0 kg	212.5	0.82800	235.9800	1.000	235.9800	1	1					
1	Open	63.00	33	62.4	UN	F	RN	Rachel Ormston	12	90.0 kg	95.0 kg	97.5 kg	95.0 kg	7	42.5 kg	45.0 kg	47.5 kg	45.0 kg	105.0 kg	112.5 kg	115.0 kg	115.0 kg	255.0 kg	235	0.83240	212.2620	1.000	212.2620	2	2					
1	Open	70.00	31	68.8	UN	F	RN	Syra Pearson	11	100.0 kg	105.0 kg	110.0 kg	110.0 kg	6	77.5 kg	80.0 kg	80.0 kg	77.5 kg	130.0 kg	140.0 kg	145.0 kg	145.0 kg	332.5 kg	257.5	0.76740	255.1605	1.000	255.1605	1	1	Best Unequipped Female Powerlifter				
1	Open	70.00	24	66.0	UN	F	RN	Faye Gardiner	14	115.0 kg	135.0 kg	135.0 kg	115.0 kg	8	50.0 kg	55.0 kg	60.0 kg	55.0 kg	120.0 kg	130.0 kg	140.0 kg	140.0 kg	310.0 kg	257.5	0.79380	246.0780	1.000	246.0780	2	2					
1	Open	70.00	36	69.4	UN	F	RN	Cheryl More	14	105.0 kg	110.0 kg	110.0 kg	110.0 kg	6	55.0 kg	60.0 kg	60.0 kg	55.0 kg	115.0 kg	120.0 kg	122.5 kg	120.0 kg	285.0 kg	257.5	0.76270	217.3695	1.000	217.3695	3	3					
1	T3	90+	19	110.4	UND	F	RN	Kaitlin Bark						8					120.0 kg	130.0 kg	130.0 kg	120.0 kg	120.0 kg	112.5	0.56910	68.2920	1.000	68.2920	1	1	Best Unequipped Female Powerlifter				
1	Open	75.00	29	71.6	UN	M	RN	Emmanuel Appiah	13	100.0 kg	110.0 kg	130.0 kg	130.0 kg	6	110.0 kg	120.0 kg	135.0 kg	120.0 kg	150.0 kg	160.0 kg	172.5 kg	172.5 kg	422.5 kg	457.5	0.68980	291.4405	1.000	291.4405	1	1					
1	Jnr	82.50	21	80.2	UN	M	RN	Jordan McKenzie	16	140.0 kg	152.5 kg	162.5 kg	162.5 kg	6	105.0 kg	110.0 kg	115.0 kg	115.0 kg	160.0 kg	172.5 kg	180.0 kg	180.0 kg	457.5 kg	440	0.63180	289.0485	1.000	289.0485	1	1					
1	Open	82.50	34	82.5	UN	M	RN	Steve Aiken	17	120.0 kg	125.0 kg	130.0 kg	130.0 kg	7	110.0 kg	117.5 kg	117.5 kg	110.0 kg	150.0 kg	160.0 kg	172.5 kg	172.5 kg	412.5 kg	490	0.61930	255.4613	1.000	255.4613	2	2					
2	Open	90.00	29	89.6	UN	M	RN	Harry McMillan	17	170.0 kg	185.0 kg	200.0 kg	185.0 kg	10	140.0 kg	147.5 kg	152.5 kg	147.5 kg	220.0 kg	240.0 kg	255.0 kg	255.0 kg	587.5 kg	520	0.58690	344.8038	1.000	344.8038	1	1					
2	Open	90.00	36	86.2	UN	M	RN	Liam Watson	14	185.0 kg	195.0 kg		185.0 kg	7	135.0 kg	150.0 kg	160.0 kg	160.0 kg	205.0 kg	220.0 kg	235.0 kg	235.0 kg	580.0 kg	#N/A	0.60130	348.7540	1.000	348.7540	1	1					
2	T3	90.00	19	89.7	UN	M	RN	Charlie Jones	15	170.0 kg	185.0 kg	195.0 kg	200.0 kg	8	115.0 kg	120.0 kg	125.0 kg	125.0 kg	185.0 kg	200.0 kg	210.0 kg	210.0 kg	530.0 kg	420	0.58650	310.8450	1.000	310.8450	2	1					
2	Open	100.00	24	95.9	UN	M	RN	George Westman	18	180.0 kg	192.5 kg	200.0 kg	200.0 kg	9	107.5 kg	117.5 kg	125.0 kg	117.5 kg	225.0 kg	242.5 kg	255.0 kg	255.0 kg	572.5 kg	552.5	0.56510	323.5198	1.000	323.5198	1	1					
2	Open	110.00	29	109.5	UN	M	RN	James Cain	15	250.0 kg	260.0 kg		260.0 kg	9	160.0 kg	170.0 kg	175.0 kg	175.0 kg	235.0 kg	245.0 kg	255.0 kg	255.0 kg	690.0 kg	570	0.53710	370.5990	1.000	370.5990	1	1	Best Unequipped Male Powerlifter				
2	Open	110.00	36	109.9	UN	M	RM	Ben Jones	17	210.0 kg	220.0 kg	230.0 kg	230.0 kg	10	130.0 kg	140.0 kg	145.0 kg	140.0 kg	240.0 kg	250.0 kg	260.0 kg	260.0 kg	630.0 kg	570	0.53660	338.0580	1.000	338.0580	2	2					
2	M1	110.00	40	100.3	UN	M	RN	James Cox	18	180.0 kg	192.5 kg	202.5 kg	202.5 kg	8	115.0 kg	125.0 kg	127.5 kg	125.0 kg	230.0 kg	245.0 kg	252.5 kg	245.0 kg	572.5 kg	542.5	0.55330	316.7643	1.000	316.7643	3	1					
2	Open	110.00	32	105.9	UN	M	RN	Anthony Burnside-Shonk	17	160.0 kg	170.0 kg	185.0 kg	185.0 kg	10	90.0 kg	100.0 kg	115.0 kg	115.0 kg	190.0 kg	210.0 kg	222.5 kg	222.5 kg	522.5 kg	570	0.54220	283.2995	1.000	283.2995	4	4					

Refs

Loaders