

UKAF Powerlifting Championships 2022 - 3 RSME REGT Minley

Date of Comp: 23 Nov 22 Organiser: Army Powerlifting Union

British Record		World Record										Divisional Record			Drug Tested			Calibrated Scales and Weights Used YES						
Age Cat	Wt Class	Age	Body Weight	UN/EQ	F/M	Name	SQUAT			Best Squat	BENCH			Best Bench	DEADLIFT			Best Deadlift	Total	QUALIFY REQ	Co eff.	Points	Place Class	Best Lifter
							1st Lift	2nd Lift	3rd Lift		1st Lift	2nd Lift	3rd Lift		1st Lift	2nd Lift	3rd Lift							
Open	80.00	32	71.8	UN	F	Sara McIntyre					62.5 kg	67.5 kg	67.5 kg	67.5 kg	132.5 kg	140.0 kg	147.5 kg	147.5 kg	215.0 kg	282.5	0.74450	160.0675	1	Best Unequipped Female Powerlifter
Jnr	80.00	21	73.1	UN	F	Tabitha Walton					52.5 kg	57.5 kg	64.0 kg	57.5 kg	125.0 kg	135.0 kg	145.0 kg	145.0 kg	202.5 kg	255	0.73510	148.8578	2	
M1	82.50	42	82.1	UN	M	Gary Olivat-Allen	180.0 kg	200.0 kg	205.0 kg	200.0 kg	110.0 kg	115.0 kg	120.0 kg	115.0 kg	200.0 kg	225.0 kg	237.5 kg	225.0 kg	540.0 kg	465	0.62140	335.5560	1	
Open	90.00	30	86.0	UN	M	Ash Braham	190.0 kg	200.0 kg	210.0 kg	200.0 kg	160.0 kg	165.0 kg	170.0 kg	165.0 kg	220.0 kg	230.0 kg	235.0 kg	235.0 kg	600.0 kg	520	0.60220	361.3200	1	Best Unequipped Male Powerlifter
Open	100.00	31	95.1	UN	M	Ni Osei					140.0 kg	150.0 kg	160.0 kg	150.0 kg	280.0 kg	300.0 kg	300.0 kg	300.0 kg	450.0 kg	552.5	0.56750	255.3750	1	

Refs

Rebecca Craggs

Steve Baldock

Loaders