

Official BDFPA Score Sheet (V13.2)

Date of Comp - 3rd Dec - Willie Brown

Competition - UK Masters

| British Record | | | European Record | | | | World Record | MPF World Record | | | | Divisional Record | | | | Drug Tested | | | | Calibrated Scales and Weights Used YES | | | | | | | | | | | | |
|----------------|----------|-----|-----------------|-------|-----|-----|-----------------------|------------------|----------|----------|----------|-------------------|------------|----------|----------|-------------|----------|------------|----------|--|----------|----------|---------------|----------|-------------|----------|----------|---|---|--------------------------------------|-----------|-------------|
| Age Cat | Wt Class | Age | Body Weight | UN/EQ | F/M | DIV | Name | RH | SQUAT | | | | Best Squat | BENCH | | | | Best Bench | DEADLIFT | | | | Best Deadlift | Total | QUALIFY REQ | Co eff. | Points | MAM | Masters PN | Place Class | Place Cat | Best Lifter |
| | | | | | | | | | 1st Lift | 2nd Lift | 3rd Lift | 4th Lift | | 1st Lift | 2nd Lift | 3rd Lift | 4th Lift | | 1st Lift | 2nd Lift | 3rd Lift | 4th Lift | | | | | | | | | | |
| M1 | 53.00 | 44 | 51.3 | UN | F | SCO | Pamela Irving | 9 | 87.5 kg | 92.5 kg | 97.5 kg | 97.5 kg | 50.0 kg | 55.0 kg | 57.5 kg | 57.5 kg | 100.0 kg | 107.5 kg | 112.5 kg | 112.5 kg | 267.5 kg | 192.5 | 0.97930 | 261.9628 | 1.044 | 273.4891 | 1 | 1 | Best Unequipped Female Powerlifter | | | |
| M3 | 70.00 | 53 | 68.0 | UN | F | SCO | Laura Glasford | 9 | 80.0 kg | 87.5 kg | 95.0 kg | 95.0 kg | 42.5 kg | 45.0 kg | 47.5 kg | 45.0 kg | 125.0 kg | 132.5 kg | 132.5 kg | 132.5 kg | 272.5 kg | 220 | 0.77370 | 210.8333 | 1.207 | 254.4757 | 1 | 1 | | | | |
| M3 | 80.00 | 51 | 77.7 | UN | F | SCO | Lee Hargreaves | 13 | 115.0 kg | 125.0 kg | 125.0 kg | 115.0 kg | 62.5 kg | 65.0 kg | 70.0 kg | 70.0 kg | 160.0 kg | 170.0 kg | 177.5 kg | 170.0 kg | 355.0 kg | 242.5 | 0.70340 | 249.7070 | 1.168 | 291.6578 | 1 | 1 | Best Unequipped Female Powerlifter (Masters) | | | |
| M6 | 80.00 | 69 | 74.8 | UN | F | SCO | Catherine Macastan | 13 | 55.0 kg | 60.5 kg | 65.0 kg | 60.0 kg | 37.5 kg | 40.5 kg | 42.5 kg | 42.5 kg | 92.5 kg | 102.5 kg | 110.5 kg | 102.5 kg | 205.0 kg | 195 | 0.72300 | 148.2150 | 1.664 | 246.6298 | 3 | 1 | | | | |
| M2 | 80.00 | 46 | 75.3 | UN | F | SCO | Nicola Harcus | 9 | 90.0 kg | 97.5 kg | 105.0 kg | 105.0 kg | 55.0 kg | 60.0 kg | 65.0 kg | 60.0 kg | 120.0 kg | 130.0 kg | 135.0 kg | 130.0 kg | 295.0 kg | 255 | 0.71960 | 212.2820 | 1.078 | 228.8400 | 2 | 1 | | | | |
| M5 | 80.00 | 60 | 76.9 | UND | F | SCO | Trisha Forbes | | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 37.5 kg | 92.5 kg | 97.5 kg | 97.5 kg | 97.5 kg | 95 | 0.70870 | 69.0983 | 1.380 | 95.3556 | 1 | 1 | Best Unequipped Female Deadlift Best Unequipped Female Deadlift (Masters) | | | |
| M5 | 80.00 | 60 | 76.9 | UNB | F | SCO | Trisha Forbes | | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 45.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 45.0 kg | 45 | 0.70870 | 31.8915 | 1.380 | 44.0103 | 1 | 1 | Best Unequipped Female Bench Best Unequipped Female Bench (Masters) | | | | |
| M1 | 90+ | 43 | 117.0 | UN | F | SCO | Sheila Moug | 10 | 165.0 kg | 175.0 kg | 180.0 kg | 175.0 kg | 85.0 kg | 90.0 kg | 95.5 kg | 90.0 kg | 140.0 kg | 150.0 kg | 160.0 kg | 160.0 kg | 425.0 kg | 310 | 0.56010 | 238.0425 | 1.028 | 244.7077 | 1 | 1 | | | | |
| M3 | 90+ | 52 | 91.0 | UND | F | SCO | Geraldine Fitzsimmons | | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 100.0 kg | 105.0 kg | 107.5 kg | 107.5 kg | 107.5 kg | 120 | 0.62760 | 67.4670 | 1.187 | 80.0833 | 1 | 1 | | | | |
| M3 | 90+ | 52 | 91.0 | UNB | F | SCO | Geraldine Fitzsimmons | | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 47.5 kg | 50.0 kg | 50.0 kg | 47.5 kg | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 47.5 kg | 60 | 0.62760 | 29.8110 | 1.187 | 35.3857 | 1 | 1 | | | | |
| M3 | 67.50 | 53 | 67.0 | UN | M | SCO | Simon Winterborn | 10 | 125.0 kg | 140.0 kg | 140.0 kg | 125.0 kg | 97.5 kg | 0.0 kg | 0.0 kg | 97.5 kg | 145.0 kg | 160.0 kg | 170.0 kg | 170.0 kg | 392.5 kg | 357.5 | 0.73070 | 286.7998 | 1.207 | 346.1673 | 1 | 1 | | | | |
| M6 | 75.00 | 67 | 73.5 | UN | M | SCO | Ronnie Kerr | 12 | 110.0 kg | 120.0 kg | 130.0 kg | 130.0 kg | 102.5 kg | 107.5 kg | 110.5 kg | 107.5 kg | 165.0 kg | 172.5 kg | 180.5 kg | 172.5 kg | 410.0 kg | 337.5 | 0.67520 | 276.8320 | 1.597 | 442.1007 | 1 | 1 | | | | |
| M7 | 90.00 | 71 | 84.5 | UN | M | SCO | Thomas Meakin | 15 | 90.0 kg | 100.0 kg | 105.0 kg | 105.0 kg | 90.0 kg | 95.0 kg | 97.5 kg | 95.0 kg | 135.0 kg | 140.0 kg | 150.0 kg | 150.0 kg | 350.0 kg | 347.5 | 0.60930 | 213.2550 | 1.740 | 371.0637 | 1 | 1 | | | | |
| M1 | 90.00 | 40 | 89.2 | UN | M | SCO | Gary Dick | 14 | 200.0 kg | 207.5 kg | 218.0 kg | 217.5 kg | 125.0 kg | 135.0 kg | 140.5 kg | 135.0 kg | 205.0 kg | 225.0 kg | 225.0 kg | 225.0 kg | 577.5 kg | 495 | 0.58850 | 339.8588 | 1.000 | 339.8588 | 1 | 1 | | | | |
| M3 | 90.00 | 52 | 87.2 | UN | M | SCO | Greg Stewart | 15 | 110.0 kg | 117.5 kg | 125.0 kg | 125.0 kg | 90.0 kg | 95.0 kg | 100.0 kg | 100.0 kg | 140.0 kg | 150.0 kg | 162.5 kg | 162.5 kg | 387.5 kg | 447.5 | 0.59690 | 231.2988 | 1.187 | 274.5516 | 1 | 1 | | | | |
| M7 | 90.00 | 72 | 88.1 | UNB | M | SCO | Ash Sinclair | | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 130.0 kg | 140.0 kg | 143.5 kg | 145.0 kg | 142.5 kg | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 142.5 kg | 80 | 0.59300 | 84.5025 | 1.780 | 150.4145 | 1 | 1 | Best Unequipped Male Bench (Masters) | | |
| M2 | 100.00 | 45 | 99.1 | EQ | M | SCO | Chris Martin | 11 | 260.0 kg | 272.5 kg | 272.5 kg | 260.0 kg | 205.0 kg | 215.0 kg | 215.0 kg | 215.0 kg | 210.0 kg | 225.0 kg | 230.0 kg | 225.0 kg | 700.0 kg | 547.5 | 0.55630 | 389.4100 | 1.060 | 412.7746 | 1 | 1 | Best Equipped Male Powerlifter Best Equipped Male Powerlifter (Masters) | | | |
| M1 | 100.00 | 44 | 95.6 | UN | M | SCO | Ross Harkins | 16 | 180.0 kg | 190.0 kg | 190.0 kg | 180.0 kg | 100.0 kg | 107.5 kg | 112.5 kg | 107.5 kg | 240.0 kg | 260.0 kg | 270.0 kg | 260.0 kg | 547.5 kg | 525 | 0.56600 | 309.8850 | 1.044 | 323.5199 | 1 | 1 | | | | |
| M1 | 100.00 | 44 | 95.8 | UN | M | SCO | Barry Sheeran | 16 | 135.0 kg | 150.0 kg | 160.0 kg | 160.0 kg | 110.0 kg | 115.0 kg | 117.5 kg | 117.5 kg | 215.0 kg | 227.5 kg | 235.0 kg | 227.5 kg | 505.0 kg | 525 | 0.56540 | 285.5270 | 1.044 | 298.0902 | 1 | 1 | | | | |
| M3 | 100.00 | 52 | 94.5 | UND | M | SCO | Jim Shedden | | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 190.0 kg | 205.0 kg | 215.0 kg | 215.0 kg | 215.0 kg | 115 | 0.56940 | 122.4210 | 1.187 | 145.3137 | 1 | 1 | Best Unequipped Male Deadlift Best Unequipped Male Deadlift (Masters) | | | |
| M3 | 100.00 | 54 | 96.3 | UNB | M | SCO | Tom Ashmele | | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 145.0 kg | 150.0 kg | 155.0 kg | 160.0 kg | 155.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 0.0 kg | 155.0 kg | 115 | 0.56390 | 87.4045 | 1.228 | 107.3327 | 1 | 1 | Best Unequipped Male Bench | | |
| M7 | 100.00 | 71 | 96.2 | UN | M | SCO | Iain Macastan | 14 | 70.0 kg | 70.0 kg | 70.0 kg | 70.0 kg | 60.0 kg | 65.0 kg | 70.0 kg | 70.0 kg | 110.0 kg | 115.0 kg | 120.0 kg | 120.0 kg | 0.0 kg | 367.5 | 0.56420 | 0.0000 | 1.470 | 0.0000 | 0 | 0 | | | | |
| M5 | 110.00 | 63 | 100.4 | UN | M | SCO | Arthur Cowley | 14 | 180.0 kg | 190.0 kg | 195.0 kg | 195.0 kg | 117.5 kg | 122.5 kg | 127.5 kg | 127.5 kg | 215.0 kg | 227.5 kg | 232.5 kg | 232.5 kg | 555.0 kg | 442.5 | 0.55310 | 306.9705 | 1.470 | 451.2466 | 1 | 1 | Best Unequipped Male Powerlifter (Masters) | | | |
| M2 | 110.00 | 45 | 102.3 | UN | M | SCO | Mark Torrie | 18 | 170.0 kg | 180.0 kg | 190.0 kg | 190.0 kg | 110.0 kg | 115.0 kg | 120.0 kg | 120.0 kg | 192.5 kg | 205.0 kg | 220.0 kg | 220.0 kg | 530.0 kg | 515 | 0.54890 | 290.9170 | 1.060 | 308.3720 | 1 | 1 | | | | |
| M3 | 125.00 | 50 | 122.7 | UN | M | SCO | Bears Froggath | 18 | 240.0 kg | 255.0 kg | 265.0 kg | 265.0 kg | 160.0 kg | 170.0 kg | 175.0 kg | 175.0 kg | 275.0 kg | 285.0 kg | 295.0 kg | 295.0 kg | 735.0 kg | 500 | 0.52410 | 385.2135 | 1.150 | 442.9955 | 1 | 1 | Best Unequipped Male Powerlifter | | | |
| M1 | 125.00 | 41 | 124.7 | UN | M | SCO | Shaun Murney | 17 | 200.0 kg | 225.0 kg | 230.0 kg | 230.0 kg | 180.0 kg | 190.0 kg | 200.5 kg | 190.0 kg | 250.0 kg | 270.0 kg | 280.0 kg | 280.0 kg | 700.0 kg | 555 | 0.52140 | 364.9800 | 1.005 | 366.8049 | 1 | 1 | | | | |
| M1 | 145.00 | 40 | 138.2 | UN | M | SCO | Chrys Howe | 23 | 120.0 kg | 135.0 kg | 145.0 kg | 145.0 kg | 100.0 kg | 107.5 kg | 107.5 kg | 100.0 kg | 180.0 kg | 200.0 kg | 212.5 kg | 200.0 kg | 445.0 kg | 582.5 | 0.50540 | 224.9030 | 1.000 | 224.9030 | 1 | 1 | | | | |

Refs

- Stevie McQuade
- Willie Brown
- Claire Stott-Barrett
- Karen Dalziel
- Chris Martin

Scorekeepers

- Karen Murray
- Karen Dalziel

Drug Testing

- Chris Martin
- Karen Dalziel