Official BDFPA Score Sheet (V13.6)

Championship Title and Location Details

Date of Comp: 22 January 2023 Organiser: Ruth Gardner

Divisional Record | British Record | European Record | World Record | MPF World Record | Divisional Record | Drug Tested | Calibrated Scales and Weights Used YES/NO

SQ FLT	B FLT	DL FLT	FLT	PLT	Morning / Afternoon	DAY	Age Cat	Wt Class	Age		UN/ EQ	F/M	DIV	Name	RH	SQUAT 1st Lift	SQUAT 2nd Lift	SQUAT 3rd Lift	SQUAT 4th Lift	Best Squat	RH	BENCH 1st Lift	BENCH 2nd Lift	BENCH 3rd Lift	BENCH 4th Lift	Best Bench	DEADLIFT 1st Lift	DEADLIFT 2nd Lift	DEADLIFT 3rd Lift	DEADLIFT 4th Lift	Best Deadlift	Total	QUALIFY REQ	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter
							M4	63.00	55	62.8	UN	F	NM	Pam McVitie		80.0 kg	82.5 kg	85.0 kg		85.0 kg		37.5 kg	40.0 kg	42.5 kg		42.5 kg	100.0 kg	105.0 kg	110.0 kg		110.0 kg	237.5 kg	192.5	0.82800	######	1.250	245.8125	1	1	
							M3	90.00	51	89.4	UN	F	NW	Justine McVitie		80.0 kg	85.0 kg	95.0 kg		85.0 kg		47.5 kg	50.0 kg	55.0 kg		50.0 kg	130.0 kg	135.0 kg	140.0 kg		140.0 kg	275.0 kg	262.5	0.63390	######	1.168	203.6087	3	1	Best Unequipped Female
							Open	90.00	26	83.5	UN	F	NW	Rachael Oldfield		80.0 kg	85.0 kg	90.0 kg		90.0 kg		40.0 kg	45.0 kg	50.0 kg		50.0 kg	120.0 kg	125.0 kg	132.5 kg		132.5 kg	272.5 kg	305	0.66710	######	1.000	181.7848	4	4	
							M1	90.00	42	85.7	UN	F	NW	Ros Lindow		117.5 kg	125.0 kg	132.5 kg		125.0 kg		65.0 kg	72.5 kg	80.0 kg		72.5 kg	125.0 kg	135.0 kg	142.5 kg		135.0 kg	332.5 kg	290	0.65430	######	1.014	220.6005	1	1	Best Unequipped Female Powerlifter
							M2	90.00	45	87.7	UN	F	NW	Rachel Pearson		85.0 kg	90.0 kg	97.5 kg		97.5 kg		47.5 kg	52.5 kg	55.0 kg		55.0 kg	110.0 kg	120.0 kg	130.0 kg		130.0 kg	282.5 kg	275	0.64310	######	1.060	192.5763	2	1	
							M2	90.00	46	88.9	UN	M	NW	Colin Harrison		190.0 kg	200.0 kg	205.0 kg		200.0 kg		140.0 kg	145.0 kg	147.5 kg		147.5 kg	230.0 kg				230.0 kg	577.5 kg	470	0.58970	######	1.078	367.1148	1	1	Best Unequipped Male Powerlifter
							Jnr	82.50	22	80.1	UN	M	NW	Cole Whitehead		130.0 kg	140.0 kg	150.0 kg		140.0 kg		80.0 kg	85.0 kg	90.0 kg		90.0 kg	172.5 kg	182.5 kg	182.5 kg		172.5 kg	402.5 kg	440	0.63240	######	1.000	254.5410	1	1	
							Jnr	100.00	23	95.5	UN	M	NW	Tom Edmonds		175.0 kg	175.0 kg	190.0 kg		175.0 kg		130.0 kg	140.0 kg	140.0 kg		130.0 kg	240.0 kg				240.0 kg	545.0 kg	497.5	0.56630	######	1.000	308.6335	1	1	
							Jnr	75.00	21	74.2	EQ	M	NW	Brandon Yung		175.0 kg	180.0 kg	190.0 kg		190.0 kg		125.0 kg	127.5 kg	130.0 kg		130.0 kg	215.0 kg	222.5 kg	227.5 kg		227.5 kg	547.5 kg	452.5	0.67010	######	1.000	366.8798	1	1	Best Equipped Male Powerlifter
							Open	100.00	24	96.3	EQ	M	NW	Zach Cronin		170.0 kg	180.0 kg	192.5 kg		180.0 kg		120.0 kg	130.0 kg			130.0 kg	230.0 kg	240.0 kg	250.0 kg		250.0 kg	560.0 kg	607.5	0.56390	######	1.000	315.7840	1	1	
								0.00																							0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0	
							M3	55.50	50	53.9	UN/S	F	NW	Alison Brickles		60.0 kg	67.5 kg	67.5 kg		67.5 kg													67.5 kg	#N/A	0.94050	63.4838	1.150	73.0063	1	1	
								0.00																							0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0	
								0.00																							0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0	
							M6	55.50	69	54.9	UN/B	F	NW	Wendy Welburn								37.5 kg	37.5 kg	40.0 kg		37.5 kg					37.5 kg	#N/A	0.92630	34.7363	1.664	57.8011	1	1	
							M4	82.50	57	75.7	UN/B	M	NW	Gaz Fisher								80.0 kg	87.5 kg	90.0 kg		90.0 kg					90.0 kg	#N/A	0.65980	59.3820	1.297	77.0185	2	1	
							M4	110.00	58	109.0	UN/B	M	NW	Chris Pilling								110.0 kg	120.0 kg	130.0 kg		120.0 kg					120.0 kg	#N/A	0.53770	64.5240	1.322	85.3007	2	1	
							M5	90.00	61	88.9	UN/B	M	NW	Brian Shields								120.0 kg	130.0 kg	130.0 kg		130.0 kg					130.0 kg	#N/A	0.58970	76.6610	1.410	108.0920	1	1	
							M5	110.00	60	108.1	UN/B	M	NW	Tony Shields								125.0 kg	130.0 kg	140.0 kg		140.0 kg					140.0 kg	#N/A	0.53890	75.4460	1.380	104.1155	1	1	
							M1	82.50	40	75.7	UN/B	M	NW	Danny Richardson								125.0 kg	135.0 kg	145.0 kg		135.0 kg					135.0 kg	#N/A	0.65980	89.0730	1.000	89.0730	1	1	
							M4	145.00	56	126.5	UN/B	M	NW	Neil Coventry								160.0 kg	165.0 kg	170.0 kg		160.0 kg					160.0 kg	#N/A	0.51920	83.0720	1.273	105.7507	1	1	
								0.00																							0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0	
								0.00																							0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0	
							M3	55.50	50	53.9	UN/D	F	NW	Alison Brickles													70.0 kg	80.0 kg		80.0 kg	80.0 kg	#N/A	0.94050	75.2400	1.150	86.5260	1	1	
							M6	55.50	69	54.9	UN/D	F	NW	Wendy Welburn													70.0 kg	72.5 kg	75.0 kg	75.0 kg	75.0 kg	#N/A	0.92630	69.4725	1.664	115.6022	2	1	
							M4	145.00	56	126.5	UN/D	M	NW	Neil Coventry													260.0 kg	270.0 kg	275.0 kg	270.0 kg	270.0 kg	#N/A	0.51920	######	1.273	178.4542	1	1	
							M1	82.50	40	75.7	UN/D	M	NW	Danny Richardson													230.0 kg	240.0 kg	250.0 kg	250.0 kg	250.0 kg	#N/A	0.65980	######	1.000	164.9500	1	1	
							M5	110.00	60	108.1	UN/D	M	NW	Tony Shields													180.0 kg	200.0 kg	225.0 kg	225.0 kg	225.0 kg	#N/A	0.53890	######	1.380	167.3285	1	1	
							M5	90.00	61	88.9	UN/D	M	NW	Brian Shields													200.0 kg	220.0 kg		220.0 kg	220.0 kg	#N/A	0.58970	######	1.410	182.9249	1	1	
							M3	100.00	51	95.5	UN/D	M	NW	Steve Thomas													160.0 kg	175.0 kg	175.0 kg	160.0 kg	160.0 kg	#N/A	0.56630	90.6080	1.168	105.8301	2	1	
							M8	100.00	75	94.5	UN/D	M	NW	Dave Howarth													175.0 kg	187.5 kg		187.5 kg	187.5 kg	#N/A	0.56940	######	1.900	202.8488	1	1	
								0.00																							0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0	
								0.00																							0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0	
								0.00																							0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0	
								0.00																							0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0	
								0.00																							0.0 kg	#N/A	#REF!	0.0000	1.000	0.0000	0	0	
								0.00																							**0.0 kg**	#N/A	#REF!	0.0000	1.000	0.0000	0	0	

Refs

Neil Ratcliffe
Les Pilling
Mike Leadbetter
Trevor Walker
Steve Thomas
Ruth Gardner