

Official BDFPA Score Sheet (V13.6)

RN Northern Region Powerlifting Championships - HMNB Clyde

Date of Comp: 22 Feb 23 Organiser: Chris Martin

Divisional Record		British Record				European Record				World Record				Divisional Record				Drug Tested			Calibrated Scales and Weights Used YES/NO											
FLT	DAY	Age Cat	Wt Class	Age	Body Weight	UN/EQ	F/M	DIV	Name	RH	SQUAT			Best Squat	RH	BENCH			Best Bench	DEADLIFT			Best Deadlift	Total	QUALIFY REG	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter
											1st Lift	2nd Lift	3rd Lift			1st Lift	2nd Lift	3rd Lift		1st Lift	2nd Lift	3rd Lift										
1		Jnr	63.00	23	62.6	UN	F	RN	Alisa Brown	8	92.5 kg	100.0 kg	105.0 kg	105.0 kg	3	57.5 kg	62.5 kg	67.5 kg	62.5 kg	122.5 kg	132.5 kg	137.5 kg	137.5 kg	305.0 kg	212.5	0.83020	253.2110	1.000	253.2110	1	1	Best Unequipped Female Powerlifter
1		Jnr	82.50	20	80.7	UN	M	RN	Michael Clark	16	130.0 kg	140.0 kg	150.0 kg	150.0 kg	10	90.0 kg	100.0 kg	110.0 kg	100.0 kg	165.0 kg	175.0 kg	185.0 kg	185.0 kg	435.0 kg	440	0.62900	273.6150	1.000	273.6150	1	1	
1		Oper	90.00	37	85.2	UN	M	RN	Liam Watson	15	180.0 kg	185.0 kg	190.0 kg	190.0 kg	7	150.0 kg	180.0 kg	180.0 kg	150.0 kg	220.0 kg	230.0 kg	240.0 kg	240.0 kg	580.0 kg	520	0.60590	351.4220	1.000	351.4220	1	1	Best Unequipped Male Powerlifter
1		T3	90.00	19	87.9	UN	M	RN	Charlie Jones	16	190.0 kg	200.0 kg	205.0 kg	205.0 kg	9	125.0 kg	125.0 kg	130.0 kg	130.0 kg	200.0 kg	210.0 kg	220.0 kg	220.0 kg	555.0 kg	420	0.59390	329.6145	1.000	329.6145	2	1	
1		M1	90.00	43	87.3	UNB	M	RN	Andy Hayes						10	90.0 kg	100.0 kg	110.0 kg	110.0 kg					110.0 kg	120	0.59650	65.6150	1.028	67.4522	1	1	Best Unequipped Male Bench
1		M3	100.00	50	94.7	UN	M	RN	Steve McAllister	16	130.0 kg	130.0 kg	150.0 kg	150.0 kg	10	90.0 kg	100.0 kg	105.0 kg	100.0 kg	180.0 kg	200.0 kg	210.0 kg	210.0 kg	460.0 kg	475	0.56880	261.6480	1.150	300.8952	1	1	
1		Oper	110.00	32	103.8	UN	M	RN	Anthony Burnside-Shonk	17	170.0 kg	180.0 kg	190.0 kg	190.0 kg	10	100.0 kg	110.0 kg	125.0 kg	110.0 kg	205.0 kg	215.0 kg	225.0 kg	225.0 kg	525.0 kg	570	0.54590	286.5975	1.000	286.5975	1	1	

Refs  
Chris Martin

Loaders  
Cherly More  
Tommy Richmond  
Sam Sheppard