

Official BDFPA Score Sheet (V13.6)

Date of Comp: 26 February 2023 Organiser: William Brown

Scottish Push Pull - Titanium Barbell Club, Glasgow

Divisional Record	British Record							European Record		Divisional Record				Drug Tested			Calibrated Scales and Weights Used YES/NO				
	FLT	Age Cat	Wt Class	Age	Body Weight	UN/ EQ	F/M	DIV	Name	BENCH			Best Bench	DEADLIFT			Best Deadlift	Total	QUALIFY REQ	Co eff.	Points
										1st Lift	2nd Lift	3rd Lift		1st Lift	2nd Lift	3rd Lift					
1	Jnr	70.00	23	68.0	UPP	F	SCO	Emma Skinner	55.0 kg	60.0 kg	63.0 kg	62.5 kg	130.0 kg	140.0 kg	147.5 kg	140.0 kg	202.5 kg	#N/A	0.77370	156.6743	
1	Open	70.00	33	68.9	UNB	F	SCO	Emma Hebborn	85.0 kg	90.0 kg	93.0 kg	92.5 kg					92.5 kg	50	0.76660	70.9105	
1	Open	80.00	26	71.7	UPP	F	SCO	Nicole McKinnon	50.0 kg	55.0 kg	57.5 kg	57.5 kg	122.5 kg	130.0 kg	137.5 kg	137.5 kg	195.0 kg	#N/A	0.74530	145.3335	
1	M5	80.00	60	76.4	UPP	F	SCO	Trish Forbes	42.5 kg	45.0 kg	47.5 kg	45.0 kg	85.0 kg	90.0 kg	95.0 kg	90.0 kg	135.0 kg	#N/A	0.71200	96.1200	
1	M3	90.00	51	81.3	UPP	F	SCO	Lisa Herrington	60.0 kg	65.0 kg	70.0 kg	70.0 kg	160.0 kg	170.0 kg	175.0 kg	175.0 kg	245.0 kg	#N/A	0.68040	166.6980	
1	M3	90+	53	92.4	UPP	F	SCO	Geraldine Fitzsimmons	45.0 kg	50.0 kg	52.5 kg	50.0 kg	90.0 kg	100.0 kg	110.0 kg	110.0 kg	160.0 kg	#N/A	0.62290	99.6640	
1	Open	67.50	27	66.5	UPP	M	SCO	Jason Lau	130.0 kg	135.0 kg	137.5 kg	135.0 kg	190.0 kg	205.0 kg	215.0 kg	215.0 kg	350.0 kg	#N/A	0.73570	257.4950	
1	Open	67.50	28	66.9	UPP	M	SCO	Colin Docherty	115.0 kg	117.5 kg	120.0 kg	120.0 kg	225.0 kg	230.0 kg	235.0 kg	230.0 kg	350.0 kg	#N/A	0.73170	256.0950	
1	Open	82.50	35	80.1	UPP	M	SCO	Neil Mason	110.0 kg	120.0 kg	125.0 kg	120.0 kg	220.0 kg	240.0 kg	240.0 kg	240.0 kg	360.0 kg	#N/A	0.63240	227.6640	
2	M6	82.50	67	78.6	UND	M	SCO	Len Fairbairn					150.0 kg	160.0 kg	175.0 kg	175.0 kg	175.0 kg	135	0.64120	112.2100	
2	Open	90.00	38	88.5	UPP	M	SCO	John Wilson	87.5 kg	92.5 kg	95.0 kg	92.5 kg	172.5 kg	182.5 kg	190.0 kg	190.0 kg	282.5 kg	#N/A	0.59140	167.0705	
2	M1	100.00	44	96.5	UPP	M	SCO	Barry Sheeran	112.5 kg	117.5 kg	120.0 kg	120.0 kg	220.0 kg	232.5 kg	240.0 kg	240.0 kg	360.0 kg	#N/A	0.56330	202.7880	
2	M7	100.00	71	95.3	UPP	M	SCO	Iain Macaslan	60.0 kg	65.0 kg	70.0 kg	65.0 kg	100.0 kg	110.0 kg	120.0 kg	120.0 kg	185.0 kg	#N/A	0.56690	104.8765	
2	Open	110.00	25	109.2	UPP	M	SCO	Sandy Hamilton	135.0 kg	140.0 kg	140.0 kg	140.0 kg	245.0 kg	257.5 kg	265.0 kg	265.0 kg	405.0 kg	#N/A	0.53760	217.7280	
2	Open	110.00	33	108.6	UPP	M	SCO	Ryan Beveridge	130.0 kg	137.5 kg	137.5 kg	137.5 kg	237.5 kg	247.5 kg	255.0 kg	247.5 kg	385.0 kg	#N/A	0.53820	207.2070	
2	M2	110.00	45	102.0	UPP	M	SCO	Mark Torrie	110.0 kg	117.5 kg	125.0 kg	125.0 kg	200.0 kg	215.0 kg	230.0 kg	215.0 kg	340.0 kg	#N/A	0.54950	186.8300	
2	Open	125.00	28	114.0	UPP	M	SCO	Cameron Turner	110.0 kg	115.0 kg	120.0 kg	115.0 kg	230.0 kg	240.0 kg	247.5 kg	240.0 kg	355.0 kg	#N/A	0.53230	188.9665	
2	open	125.00	22	114.4	UPP	M	SCO	Josh Harland	175.0 kg	182.5 kg	182.5 kg	175.0 kg	250.0 kg	270.0 kg	285.0 kg						
2	M1	145.00	40	141.0	UPP	M	SCO	Chrys Howe	105.0 kg	107.5 kg	112.5 kg	107.5 kg	200.0 kg	210.0 kg	215.0 kg	215.0 kg	322.5 kg	#N/A	0.50230	161.9918	
2	Open	145+	34	167.0	UPP	M	SCO	Grant Hill	165.0 kg	175.0 kg	182.5 kg	175.0 kg	200.0 kg	215.0 kg	225.0 kg	225.0 kg	400.0 kg	#N/A	0.47720	190.8800	

Refs

Chris Martin

Joanne Martin

Jim Sheddon