

Official BDFPA Score Sheet (V13.6)

Date of Comp: 30 APRIL 2023

Organiser: William Brown

Scottish British Qualifier 2023 - Ministry of Strength, Glasgow

British Record		World Record				Divisional Record				Drug Tested				Calibrated Scales and Weights Used YES/NO												
Age Cat	Wt Class	F/M	Name	SQUAT			Best Squat	RH	BENCH			Best Bench	DEADLIFT			Best Deadlift	Total	QUALIFY REQ	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter	
				1st Lift	2nd Lift	3rd Lift			1st Lift	2nd Lift	3rd Lift		1st Lift	2nd Lift	3rd Lift											
T2	53.00	F	Eva O'Donnell	35.0 kg	40.0 kg	45.0 kg	45.0 kg		25.0 kg	27.5 kg	30.0 kg	30.0 kg	50.0 kg	60.0 kg	70.0 kg	70.0 kg	145.0 kg	147.5	0.96550	139.9975	1.000	139.9975	1	1		
M1	55.50	F	Pamela Irving	90.0 kg	95.0 kg	100.0 kg	100.0 kg		55.0 kg	60.5 kg	65.0 kg	60.0 kg	100.0 kg	110.0 kg	115.0 kg	115.0 kg	275.0 kg	200	0.94050	258.6375	1.044	270.0176	1	1	Best Unequipped Female Powerlifter	
Open	63.00	F	Aniela Henry	70.0 kg	72.5 kg	75.0 kg	70.0 kg		40.0 kg	42.5 kg	45.0 kg	42.5 kg	100.0 kg	112.5 kg	120.0 kg	120.0 kg	232.5 kg	235	0.84040	195.3930	1.000	195.3930	2	2		
Open	63.00	F	Sheree Bryden	92.5 kg	97.5 kg	102.5 kg	102.5 kg		52.5 kg	55.0 kg	57.5 kg	57.5 kg	110.0 kg	120.0 kg	127.5 kg	127.5 kg	287.5 kg	235	0.83700	240.6375	1.000	240.6375	1	1		
T2	70.00	F	Heidi Lindow	100.0 kg	115.0 kg	120.0 kg	120.0 kg		55.0 kg	60.0 kg	65.0 kg	60.0 kg	135.0 kg	150.0 kg	160.0 kg	150.0 kg	330.0 kg	190	0.77530	255.8490	1.000	255.8490	1	1		
T3	70.00	F	Rachel Lawson	90.0 kg	92.5 kg	97.5 kg	97.5 kg		47.5 kg	55.0 kg	55.0 kg	55.0 kg	115.0 kg	122.5 kg	130.0 kg	130.0 kg	282.5 kg	210	0.81370	229.8703	1.000	229.8703	4	1		
Open	70.00	F	Emma Mary Skinner	100.0 kg	100.0 kg	110.0 kg	110.0 kg		57.5 kg	62.5 kg	65.0 kg	62.5 kg	130.0 kg	140.0 kg	145.0 kg	140.0 kg	312.5 kg	257.5	0.77130	241.0313	1.000	241.0313	2	2		
Open	70.00	F	Jodie Halpin	112.5 kg	120.0 kg	125.0 kg	120.0 kg		47.5 kg	52.5 kg	52.5 kg	47.5 kg	127.5 kg	130.0 kg	140.0 kg	140.0 kg	307.5 kg	257.5	0.77980	239.7885	1.000	239.7885	3	3		
T2	70.00	F	Mia Gonzaga	100.0 kg	100.0 kg	105.0 kg	100.0 kg		50.0 kg	55.0 kg	60.0 kg	55.0 kg	100.0 kg	105.0 kg	112.5 kg	112.5 kg	267.5 kg	190	0.76580	204.8515	1.000	204.8515	5	2		
M3	70.00	F	Fiona Stirtion	75.0 kg	80.0 kg	85.0 kg	85.0 kg		62.5 kg	67.5 kg	70.0 kg	70.0 kg	100.0 kg	110.0 kg	120.0 kg	110.0 kg	265.0 kg	220	0.76820	203.5730	1.150	234.1090	6	1		
M2	70.00	F	Lene Harkjaer-Thorgriksen	70.0 kg	77.5 kg	80.0 kg	77.5 kg		45.0 kg	47.5 kg	47.5 kg	45.0 kg	115.0 kg	125.0 kg	130.0 kg	125.0 kg	247.5 kg	232.5	0.76890	190.3028	1.132	215.4227	7	1		
Jnr	80.00	F	Rachel Wolshke	90.0 kg	95.0 kg	100.0 kg	90.0 kg		47.5 kg	50.0 kg	52.5 kg	52.5 kg	105.0 kg	115.0 kg	120.0 kg	120.0 kg	262.5 kg	255	0.72440	190.1550	1.000	190.1550	1	1		
M9	67.50	M	Sandy Barclay	40.0 kg	45.0 kg	45.0 kg	45.0 kg		35.0 kg	35.0 kg	42.5 kg	42.5 kg	80.0 kg	90.0 kg	95.0 kg	95.0 kg	182.5 kg	225	0.77060	140.6345	2.220	312.2086	2	1		
T1	67.50	M	Ryan Connor	97.5 kg	102.5 kg	0.0 kg	97.5 kg		67.5 kg	72.5 kg	77.5 kg	72.5 kg	140.0 kg	150.0 kg	160.0 kg	160.0 kg	330.0 kg	275	0.77410	255.4530	1.000	255.4530	1	1		
T2	75.00	M	Alasdair Padmanabhan	140.0 kg	147.5 kg	155.0 kg	155.0 kg		87.5 kg	92.5 kg	95.0 kg	92.5 kg	167.5 kg	177.5 kg	182.5 kg	177.5 kg	425.0 kg	335	0.70310	298.8175	1.000	298.8175	3	1		
Open	75.00	M	Colin Docherty	170.0 kg	180.0 kg	190.0 kg	190.0 kg		120.0 kg	125.0 kg	130.0 kg	130.0 kg	230.0 kg	240.0 kg	250.0 kg	250.0 kg	570.0 kg	457.5	0.67370	384.0090	1.000	384.0090	1	1	Best Unequipped Male Powerlifter	
Open	75.00	M	Kris Wright	167.5 kg	177.5 kg	182.5 kg	182.5 kg		92.5 kg	100.0 kg	105.0 kg	105.0 kg	207.5 kg	217.5 kg	222.5 kg	217.5 kg	505.0 kg	457.5	0.67160	339.1580	1.000	339.1580	2	2		
M6	75.00	M	Ronnie Kerr	115.0 kg	125.0 kg	131.0 kg	130.0 kg		102.5 kg	107.5 kg	110.5 kg	110.0 kg	160.0 kg	172.5 kg	172.5 kg	160.0 kg	400.0 kg	337.5	0.66800	267.2000	1.630	435.5360	4	1		
T2	82.50	M	Rowan Stephan	150.0 kg	160.0 kg	165.0 kg	160.0 kg		95.0 kg	102.5 kg	107.5 kg	102.5 kg	170.0 kg	0.0 kg	0.0 kg	170.0 kg	432.5 kg	355	0.64120	277.3190	1.000	277.3190	4	1		
Open	82.50	M	Jordan Horne	195.0 kg	195.0 kg	210.0 kg	210.0 kg		130.0 kg	137.5 kg	145.0 kg	145.0 kg	225.0 kg	240.0 kg	250.0 kg	250.0 kg	605.0 kg	490	0.62900	380.5450	1.000	380.5450	1	1		
Open	82.50	M	Neil Masson	185.0 kg	195.0 kg	200.0 kg	200.0 kg		120.0 kg	125.0 kg	130.0 kg	130.0 kg	220.0 kg	240.0 kg	250.0 kg	250.0 kg	580.0 kg	490	0.62680	363.5440	1.000	363.5440	2	2		
T1	82.50	M	Joseph Gonzaga	160.0 kg	180.0 kg	190.0 kg	160.0 kg		97.5 kg	105.0 kg	105.0 kg	97.5 kg	155.0 kg	167.5 kg	172.5 kg	172.5 kg	430.0 kg	320	0.63240	271.9320	1.000	271.9320	5	1		
Jnr	82.50	M	Ross MacFarlane	140.0 kg	150.0 kg	165.0 kg	165.0 kg		100.0 kg	110.0 kg	117.5 kg	110.0 kg	230.0 kg	240.0 kg	240.0 kg	240.0 kg	515.0 kg	440	0.62840	323.6260	1.000	323.6260	3	1		
T1	90.00	M	Andrew Muir	122.5 kg	0.0 kg	0.0 kg	122.5 kg		82.5 kg	87.5 kg	90.0 kg	90.0 kg	140.0 kg	0.0 kg	0.0 kg	140.0 kg	352.5 kg	340	0.58650	206.7413	1.000	206.7413	2	1		
M2	100.00	M	Barry Sheeran	145.0 kg	160.0 kg	160.0 kg	145.0 kg		112.5 kg	117.5 kg	120.0 kg	120.0 kg	220.0 kg	235.0 kg	242.5 kg	242.5 kg	507.5 kg	500	0.56540	286.9405	1.060	304.1569	1	1		
T1	110.00	M	Jacob McCahill	112.5 kg	115.0 kg	117.5 kg	115.0 kg		72.5 kg	77.5 kg	80.0 kg	72.5 kg	117.5 kg	122.5 kg	130.0 kg	130.0 kg	317.5 kg	375	0.54310	172.4343	1.000	172.4343	7	1		
M3	67.50	M	Paul Rutherford	172.5 kg	185.0 kg	190.0 kg	190.0 kg	12	122.5 kg	130.0 kg	135.0 kg	130.0 kg	180.0 kg	190.0 kg	0.0 kg	0.0 kg	190.0 kg	510.0 kg	392.5	0.73870	376.7370	1.207	454.7216	1	1	Best Equipped Male Powerlifter
Open	75.00	M	Ryan Rutherford	195.0 kg	205.0 kg	215.0 kg	215.0 kg	12	122.5 kg	132.5 kg	137.5 kg	137.5 kg	200.0 kg	215.0 kg	225.0 kg	215.0 kg	567.5 kg	502.5	0.67080	380.6790	1.000	380.6790	1	1	Best Equipped Male Powerlifter	
Open	90.00	M	Fraser Neill	165.0 kg	177.5 kg	190.0 kg	190.0 kg	16	127.5 kg	132.5 kg	135.0 kg	132.5 kg	200.0 kg	0.0 kg	0.0 kg	200.0 kg	522.5 kg	520	0.60550	316.3738	1.000	316.3738	1	1		
Jnr	110.00	M	Martin Kennedy	200.0 kg	215.0 kg	220.0 kg	220.0 kg		150.0 kg	160.0 kg	160.0 kg	150.0 kg	240.0 kg	250.0 kg	260.0 kg	260.0 kg	630.0 kg	512.5	0.54050	340.5150	1.000	340.5150	2	1		
Open	110.00	M	Sandy Hamilton	245.0 kg	262.5 kg	270.0 kg	262.5 kg		137.5 kg	142.5 kg	147.5 kg	147.5 kg	250.0 kg	260.0 kg	267.5 kg	260.0 kg	670.0 kg	570	0.53670	359.5890	1.000	359.5890	1	1		
Open	110.00	M	Ryan Beveridge	190.0 kg	202.5 kg	210.0 kg	210.0 kg		130.0 kg	137.5 kg	140.0 kg	137.5 kg	235.0 kg	245.0 kg	0.0 kg	235.0 kg	582.5 kg	570	0.53880	313.8510	1.000	313.8510	3	3		
M2	110.00	M	Chris Martin	190.0 kg	200.0 kg	210.0 kg	210.0 kg	12	220.0 kg	227.5 kg	235.0 kg	235.0 kg	210.0 kg	225.0 kg	235.0 kg	235.0 kg	680.0 kg	565	0.53850	366.1800	1.078	394.7420	1	1		
Open	110.00	M	Sean Sandall	175.0 kg	180.0 kg	185.0 kg	185.0 kg	15	125.0 kg	130.0 kg	135.0 kg	135.0 kg	245.0 kg	255.0 kg	265.0 kg	255.0 kg	575.0 kg	570	0.53660	308.5450	1.000	308.5450	4	4		
Open	110.00	M	Aaron Pettiglio	200.0 kg	200.0 kg	210.0 kg	210.0 kg		120.0 kg	125.0 kg	130.0 kg	125.0 kg	220.0 kg	230.0 kg	240.0 kg	230.0 kg	565.0 kg	570	0.54100	305.6650	1.000	305.6650	5	5		
M5	110.00	M	Ped Darocha	160.0 kg	170.0 kg	180.0 kg	180.0 kg	16	130.0 kg	137.5 kg	142.5 kg	142.5 kg	210.0 kg	220.0 kg	227.5 kg	227.5 kg	550.0 kg	442.5	0.54080	297.4400	1.470	437.2368	6	1	Best Unequipped Male Powerlifter	
T3	125.00	M	Perry Christie	110.0 kg	120.0 kg	130.0 kg	130.0 kg		55.0 kg	62.5 kg	70.0 kg	70.0 kg	140.0 kg	152.5 kg	157.5 kg	157.5 kg	357.5 kg	475	0.52650	188.2238	1.000	188.2238	2	1		
Jnr	125.00	M	Josh Harland	187.5 kg	0.0 kg	0.0 kg	187.5 kg		135.0 kg	0.0 kg	0.0 kg	135.0 kg	210.0 kg	0.0 kg	0.0 kg	210.0 kg	532.5 kg	527.5	0.53020	282.3315	1.000	282.3315	1	1		
Jnr	145.00	M	Zac Murray	230.0 kg	0.0 kg	0.0 kg	0.0 kg	16	0.0 kg	0.0 kg	0.0 kg	0.0 kg	0.0 kg	0.0 kg	0.0 kg	0.0 kg	0.0 kg	552.5	0.50050	0.0000	1.000	0.0000	0	0		

Refs

Chris Martin

Joanne Martin

Jim Sheddon

Claire Stott-Barrett

Karen Dalziel

Loaders