

Official BDFPA Score Sheet (V13.6)

Date of Comp: 24 Jun 23 Organiser: Chris Martin

Highland Bench Press Championships - Wolfhouse Gym, Fort William

Division		British Record					European Record					Divisional Record				Calibrated Scales and Weights Used YES/NO									
FLT	Age Cat	Wt Class	Age	Body Weight	UN/ EQ	F/M	DIV	Name	RH	BENCH				Best Bench	Total	QUALIFY REQ	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter		
										1st Lift	2nd Lift	3rd Lift	4th Lift												
1	M2	70.00	49	69.0	UNB	F	SCO	Lene MH Thorgrimsen	12	45.0 kg	47.5 kg	50.0 kg		50.0 kg	50.0 kg	45	0.76580	38.2900	1.132	43.3443	2	1			
1	Open	70.00	24	67.6	UNB	F	SCO	Emma Skinner	10	57.5 kg	62.5 kg	65.0 kg		62.5 kg	62.5 kg	50	0.77690	48.5563	1.000	48.5563	1	1			
1	M7	80.00	70	76.4	UNB	F	SCO	Catherine Macaslan	13	37.5 kg	40.0 kg	42.5 kg	43.0 kg	42.5 kg	42.5 kg	35	0.71200	30.2600	1.700	51.4420	3	1			
1	T1	80.00	15	73.1	UNB	F	SCO	Morven MacLean	13	45.0 kg	50.0 kg	57.5 kg		57.5 kg	57.5 kg	37.5	0.73510	42.2683	1.000	42.2683	2	1			
1	Open	80.00	32	71.1	UNB	F	SCO	Sarah Raiston	10	57.5 kg	62.5 kg	65.0 kg		62.5 kg	62.5 kg	57.5	0.74970	46.8563	1.000	46.8563	1	1			
1	Open	90+	25	94.9	UNB	F	SCO	Dora Burbank	13	90.0 kg	95.0 kg	100.0 kg	102.5 kg	100.0 kg	100.0 kg	67.5	0.61470	61.4700	1.000	61.4700	1	1	Best Unequipped Female Bench		
1	Open	67.50	24	64.8	UNB	M	SCO	Alexander Pollock	16	87.5 kg	92.5 kg	95.0 kg		92.5 kg	92.5 kg	100	0.75350	69.6988	1.000	69.6988	2	2			
1	T2	67.50	16	64.2	UNB	M	SCO	Max Munro	15	85.0 kg	100.0 kg	105.0 kg	110.0 kg	105.0 kg	105.0 kg	72.5	0.76020	79.8210	1.000	79.8210	1	1			
1	M6	75.00	68	74.0	UNB	M	SCO	Ronnie Kerr	13	102.5 kg	107.5 kg	107.5 kg		107.5 kg	107.5 kg	80	0.67160	72.1970	1.630	117.6811	1	1			
2	M6	75.00	68	74.0	EQB	M	SCO	Ronnie Kerr	13	117.5 kg	120.0 kg	120.0 kg	122.5 kg	120.0 kg	120.0 kg	87.5	0.67160	80.5920	1.630	131.3650	1	1			
2	Jnr	82.50	23	77.6	UNB	M	SCO	Lukas Strielciunas	14	100.0 kg	110.0 kg	115.0 kg		110.0 kg	110.0 kg	107.5	0.64730	71.2030	1.000	71.2030	2	1			
2	Open	82.50	26	82.4	UNB	M	SCO	John Treasurer	16	110.0 kg	115.0 kg	120.0 kg		115.0 kg	115.0 kg	120	0.61980	71.2770	1.000	71.2770	1	1			
2	Open	82.50	25	79.6	EQB	M	SCO	Ryan Rutherford	12	140.0 kg	145.0 kg	150.0 kg		150.0 kg	150.0 kg	132.5	0.63520	95.2800	1.000	95.2800	2	2			
2	Open	82.50	37	81.8	EQB	M	SCO	Christopher Empson	13	170.0 kg	175.0 kg	180.0 kg		180.0 kg	180.0 kg	132.5	0.62300	112.1400	1.000	112.1400	1	1	Best Equipped Male Bench		
1	T1	90.00	15	84.4	UNB	M	SCO	Reece Joslin-Smith	14	80.0 kg	85.0 kg	90.0 kg		90.0 kg	90.0 kg	82.5	0.60980	54.8820	1.000	54.8820	2	1			
2	M7	90.00	72	87.7	UNB	M	SCO	Ash Sinclair	14	130.0 kg	140.0 kg	145.0 kg		140.0 kg	140.0 kg	80	0.59470	83.2580	1.780	148.1992	1	1			
2	M7	100.00	72	96.3	UNB	M	SCO	Iain Macaslan	16	60.0 kg	65.0 kg	66.5 kg	67.5 kg	65.0 kg	65.0 kg	85	0.56390	36.6535	1.780	65.2432	2	1			
2	Open	100.00	33	94.1	UNB	M	SCO	Scott Lawrie	17	152.5 kg	160.0 kg	165.0 kg		165.0 kg	165.0 kg	135	0.57070	94.1655	1.000	94.1655	1	1	Best Unequipped Male Bench		
2	T2	110.00	16	109.9	UNB	M	SCO	Sam Newson	17	130.0 kg	137.5 kg	142.5 kg	145.0 kg	142.5 kg	142.5 kg	102.5	0.53660	76.4655	1.000	76.4655	2	1			
2	Open	110.00	26	109.8	UNB	M	SCO	Sean Sandell	15	142.5 kg	147.5 kg	147.5 kg		142.5 kg	142.5 kg	140	0.53670	76.4798	1.000	76.4798	1	1			

Refs

Chris Martin
Joanne Martin
Ellen Ball

Loaders