

Men's Full Power Equipped

OPEN EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
52								
56								
60								
67.5	ELLIOT DAVIES (13.11.2021)	150	ELLIOT DAVIES (13.11.2021)	100	ELLIOT DAVIES (13.11.2021)	185	ELLIOT DAVIES (13.11.2021)	435
75	PHIL WEBLEY-PARRY	225	PHIL WEBLEY-PARRY	162.5	PHIL WEBLEY-PARRY	250	PHIL WEBLEY-PARRY	637.5
82.5	PHIL WEBLEY-PARRY	235	PHIL WEBLEY-PARRY	170	PHIL WEBLEY-PARRY	250	PHIL WEBLEY-PARRY	655
90	ASH LEWIS (13.11.2021)	220	ASH LEWIS (13.11.2021)	147.5	JAMES NOBLE	260	ASH LEWIS (13.11.2021)	600
100	LUKE WILLIAMS	250	LUKE WILLIAMS	157.5	LUKE WILLIAMS	235	LUKE WILLIAMS	642.5
110	ANDREW STONE (09.12.2018)	265	ANDREW STONE	200	ANDREW STONE (09.12.2018)	280	ANDREW STONE (09.12.2018)	735
125	ANDREW STONE	275	ANDREW STONE	190	ANDREW STONE	280	ANDREW STONE	745
145								
145+								

TEENAGE 1 (14-15 yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				
90				
100				
110				
125				
145				
145+				

TEENAGE 2 (16-17 yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				
90				
100				
110				
125				
145				
145+				

TEENAGE 3 (18-19 yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
52								
56								
60								
67.5								
75								
82.5								
90								
100	SAMUEL READ (18.03.2018)	150	SAMUEL READ (18.03.2018)	92.5	SAMUEL READ (18.03.2018)	215	SAMUEL READ (18.03.2018)	457.5
110								
125								
145								
145+								

JUNIOR (20-23 yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
52								
56								
60								
67.5								
75								
82.5								
90	LIAM DAVIES (13.11.2021)	180	LIAM DAVIES (13.11.2021)	130	LIAM DAVIES (13.11.2021)	205	LIAM DAVIES (13.11.2021)	515
100								
110								
125								
145								
145+								

MASTER 1 (40-44yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
52								
56								
60								
67.5								
75								
82.5								
90								
100								
110	ANDREW STONE (09.12.2018)	265	ANDREW STONE	200	ANDREW STONE (09.12.2018)	280	ANDREW STONE (09.12.2018)	735
125	ANDREW STONE	275	ANDREW STONE	190	ANDREW STONE	280	ANDREW STONE	745
145								
145+								

MASTER 2 (45-49yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				
90				
100				
110				
125				
145				
145+				

MASTER 3 (50-54yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
52								
56								
60								
67.5								
75								
82.5	JOHN WILLIAMS	215	JOHN WILLIAMS	102.5	JOHN WILLIAMS	236	JOHN WILLIAMS	552.5
90								
100								
110								
125								
145								
145+								

MASTER 4 (55-59yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
52								
56								
60								
67.5								
75								
82.5								
90	BRAD CULVERWELL	190	WAYNE CHAMBERLAIN	140	BRAD CULVERWELL	230	WAYNE CHAMBERLAIN	510
100								
110								
125								
145								
145+								

MASTER 5 (60-64yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				
90				
100				
110				
125				
145				
145+				

MASTER 6 (65-69yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				
90				
100				
110				
125				
145				
145+				

MASTER 7 (70-74yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				
90				
100				
110				
125				
145				
145+				

MASTER 8 (75-79yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				
90				
100				
110				
125				
145				
145+				

MASTER 9 (80-84yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				
90				
100				
110				
125				
145				
145+				

MASTER 10 (85-89yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				
90				
100				
110				
125				
145				
145+				