

OPEN EQUIPPED

WGT	Squat		Bench Press		Deadlift
44					
47.5					
50.5					
53	Olivia Busby (2020) EC	107.5	Olivia Busby (2020) EC	57.5	Olivia Busby (2020) EC
55.5					
58.5					
63					
70					
80					
90					
90+					

TEENAGE 1 (14-15) yrs EQUIPPED

WGT	Squat		Bench Press		Deadlift
44					
47.5					
50.5					
53					
55.5					
58.5					
63					
70					
80					
90					
90+					

TEENAGE 2 (16-17 yrs) EQUIPPED

WGT	Squat		Bench Press		Deadlift
44					
47.5					
50.5					
53					
55.5					
58.5					
63					
70					
80					
90					
90+					

TEENAGE 3 (18-19 yrs) EQUIPPED

WGT	Squat		Bench Press		Deadlift
44					
47.5					
50.5					
53					
55.5					
58.5					
63					
70					
80					
90					
90+					

JUNIOR (20-23 yrs) EQUIPPED

WGT	Squat		Bench Press		Deadlift
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44					
47.5					
50.5					
53	Olivia Busby (2020) EC	107.5	Olivia Busby (2020) EC	57.5	Olivia Busby (2020) EC
55.5					
58.5					
63					
70					
80					
90					
90+					

MASTER 1 (40-44yrs) EQUIPPED

WGT	Squat		Bench Press		Deadlift
44					
47.5					
50.5					
53					
55.5					
58.5					
63					
70					
80					
90					
90+					

MASTER 2 (44-49yrs) EQUIPPED

WGT	Squat		Bench Press		Deadlift
44					
47.5					

50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

MASTER 3 (50-54yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			
63			
70			
80			
90			
90+			

MASTER 4 (55-59yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			

55.5				
58.5				
63				
70				
80				
90				
90+				

MASTER 5 (60-64yrs) EQUIPPED

WGT	Squat		Bench Press		Deadlift
44					
47.5					
50.5					
53					
55.5					
58.5					
63					
70					
80					
90					
90+					

MASTER 6 (65-69yrs) EQUIPPED

WGT	Squat		Bench Press		Deadlift
44					
47.5					
50.5					
53					
55.5					
58.5					

63				
70				
80				
90				
90+				

MASTER 7 (70-74yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			
63			
70			
80			
90			
90+			

MASTER 8 (75-79yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			
63			
70			

80				
90				
90+				

MASTER 9 (80-84yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			
63			
70			
80			
90			
90+			

MASTER 10 (85-89yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			
63			
70			
80			
90			

90+				
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M/P/F EQUIPPED

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			
63			
70			
80			
90			
90+			

	Total	

	Total	

	Total	
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110		

	Total	

	Total	

	Total	

	Total	

	Total	

	Total	

