

**OPEN EQUIPPED**

WGT	Squat		Bench Press		Deadlift
44					
47.5					
50.5					
53	Olivia Busby (2020) EC	107.5	Olivia Busby (2020) EC	57.5	Olivia Busby (2020) EC
55.5					
58.5					THOMAS Ann (2017) EC
63					THOMAS Ann (2012) EC
70			COOPER Alisha (2016) EC	120	
80			COOPER Alisha (2016) EC	117.5	
90					
90+					

**TEENAGE 1 (14-15) yrs EQUIPPED**

WGT	Squat		Bench Press		Deadlift
44					
47.5					
50.5					
53					
55.5					
58.5					THOMAS Megan (2017) EC
63					
70					
80					
90					
90+					

**TEENAGE 2 (16-17 yrs) EQUIPPED**

WGT	Squat		Bench Press		Deadlift
44					
47.5					
50.5					
53					
55.5					
58.5					
63					
70					
80					
90					
90+					

**TEENAGE 3 (18-19 yrs) EQUIPPED**

WGT	Squat		Bench Press		Deadlift
44					
47.5					
50.5					
53					
55.5					
58.5					
63					
70					
80					
90					
90+					

**JUNIOR (20-23 yrs) EQUIPPED**

WGT	Squat		Bench Press		Deadlift
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44					
47.5					
50.5					
53	Olivia Busby (2020) EC	107.5	Olivia Busby (2020) EC	57.5	Olivia Busby (2020) EC
55.5					
58.5					
63					
70			COOPER Alisha (2016) EC	120	
80			COOPER Alisha (2016) EC	117.5	
90					
90+					

**MASTER 1 (40-44yrs) EQUIPPED**

WGT	Squat		Bench Press		Deadlift
44					
47.5					
50.5					
53					
55.5					
58.5					
63					
70					
80					
90					
90+					

**MASTER 2 (44-49yrs) EQUIPPED**

WGT	Squat		Bench Press		Deadlift
44					
47.5					

50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

**MASTER 3 (50-54yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			
63			
70			
80			
90			
90+			

**MASTER 4 (55-59yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			

55.5				
58.5				
63				
70				
80				
90				
90+				

**MASTER 5 (60-64yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			
63			
70			
80			
90			
90+			

**MASTER 6 (65-69yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			

63				
70				
80				
90				
90+				

**MASTER 7 (70-74yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			
63			
70			
80			
90			
90+			

**MASTER 8 (75-79yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			
63			
70			

80				
90				
90+				

**MASTER 9 (80-84yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			
63			
70			
80			
90			
90+			

**MASTER 10 (85-89yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			
63			
70			
80			
90			

90+				
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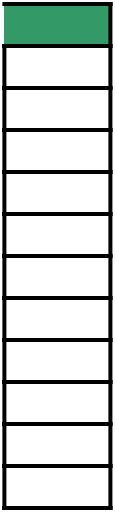
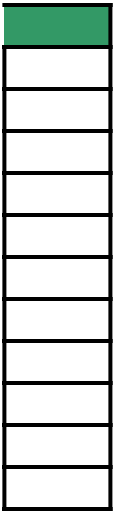
**M/P/F EQUIPPED**

<b>WGT</b>	<b>Squat</b>		<b>Bench Press</b>		<b>Deadlift</b>
44					
47.5					
50.5					
53					
55.5					
58.5					THOMAS Ann (2017) EC
63					THOMAS Ann (2012) EC
70					
80					
90					
90+					



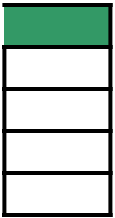
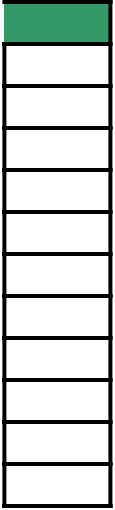
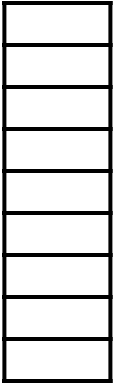
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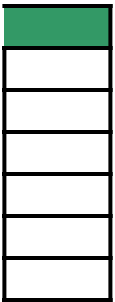
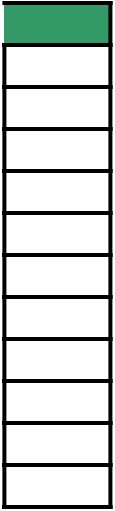
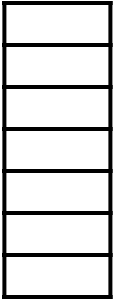
100



110













150
150