

Official BDFPA Score Sheet (V13.6)

Date of Comp: 26 Aug 23 Organiser: Chris Martin / Emma Hebborn

Highland Full Power Championships 2023

| Division |         | British Record |     |             |        |      |     |                            | European Record |          |          |          |            |    |          | World Record |          |            |          |          |          |               | Divisional Record |             |         |          |             |                      |                        | Drug Tested |  |  | Calibrated Scales and Weights Used YES/NO |  |  |  |  |
|----------|---------|----------------|-----|-------------|--------|------|-----|----------------------------|-----------------|----------|----------|----------|------------|----|----------|--------------|----------|------------|----------|----------|----------|---------------|-------------------|-------------|---------|----------|-------------|----------------------|------------------------|-------------|--|--|---|--|--|--|--|
| FLT      | Age Cat | Wt Class       | Age | Body Weight | UN/ EQ | F/ M | DIV | Name                       | RH              | SQUAT    |          |          | Best Squat | RH | BENCH    |              |          | Best Bench | DEADLIFT |          |          | Best Deadlift | Total             | QUALIFY REQ | Co eff. | Points   | Place Class | Place Cat            | Best Lifter            |             |  |  |   |  |  |  |  |
|          |         |                |     |             |        |      |     |                            |                 | 1st Lift | 2nd Lift | 3rd Lift |            |    | 1st Lift | 2nd Lift     | 3rd Lift |            | 1st Lift | 2nd Lift | 3rd Lift |               |                   |             |         |          |             |                      |                        |             |  |  |   |  |  |  |  |
| 1        | T2      | 53.00          | 17  | 52.5        | UN     | F    | SCO | Eva O'Donnell              | 12              | 40.0 kg  | 50.0 kg  | 60.0 kg  | 60.0 kg    | 15 | 25.0 kg  | 30.0 kg      | 30.0 kg  | 25.0 kg    | 60.0 kg  | 70.0 kg  | 72.5 kg  | 70.0 kg       | 155.0 kg          | 147.5       | 0.96100 | 148.9550 | 1           | 1                    |                        |             |  |  |   |  |  |  |  |
| 1        | T3      | 63.00          | 19  | 62.1        | UN     | F    | SCO | Rachel Lawson              | 8               | 87.5 kg  | 92.5 kg  | 92.5 kg  | 87.5 kg    | 12 | 52.5 kg  | 55.0 kg      | 57.5 kg  | 55.0 kg    | 115.0 kg | 120.0 kg | 125.0 kg | 125.0 kg      | 267.5 kg          | 192.5       | 0.83580 | 223.5765 | 1           | 1                    |                        |             |  |  |   |  |  |  |  |
| 1        | Open    | 70.00          | 33  | 70.0        | UN     | F    | SCO | Sarah Ralston              | 8               | 115.0 kg | 122.5 kg | 127.5 kg | 127.5 kg   | 11 | 57.5 kg  | 62.5 kg      | 65.0 kg  | 62.5 kg    | 135.0 kg | 145.0 kg | 152.5 kg | 152.5 kg      | 342.5 kg          | 257.5       | 0.75810 | 259.6493 | 1           | 1                    | Best Unequipped Female |             |  |  |   |  |  |  |  |
| 1        | T2      | 80.00          | 17  | 76.5        | UN     | F    | SCO | Emma Campbell              | 11              | 125.0 kg | 130.0 kg | 135.0 kg | 130.0 kg   | 11 | 65.0 kg  | 70.0 kg      | 70.0 kg  | 65.0 kg    | 130.0 kg | 137.5 kg | 145.0 kg | 145.0 kg      | 340.0 kg          | 207.5       | 0.71140 | 241.8760 | 1           | 1                    |                        |             |  |  |   |  |  |  |  |
| 1        | Open    | 80.00          | 39  | 75.0        | UN     | F    | SCO | Stacyann Smillie           | 12              | 85.0 kg  | 87.5 kg  | 90.0 kg  | 90.0 kg    | 14 | 47.5 kg  | 50.0 kg      | 55.0 kg  | 50.0 kg    | 122.5 kg | 125.0 kg | 127.5 kg | 127.5 kg      | 267.5 kg          | 282.5       | 0.72160 | 193.0280 | 2           | 2                    |                        |             |  |  |   |  |  |  |  |
| 1        | M1      | 90+            | 43  | 117.5       | UN     | F    | SCO | Sheila Moug                | 12              | 145.0 kg | 155.0 kg | 160.0 kg | 160.0 kg   | 14 | 92.5 kg  | 97.5 kg      | 100.0 kg | 100.0 kg   | 150.0 kg | 160.0 kg | 170.0 kg | 170.0 kg      | 430.0 kg          | 310         | 0.55940 | 240.5420 | 1           | 1                    |                        |             |  |  |   |  |  |  |  |
| 1        | Open    | 75.00          | 29  | 74.1        | UN     | M    | SCO | Colin Docherty             | 13              | 190.0 kg | 200.0 kg | 205.0 kg | 205.0 kg   | 16 | 130.0 kg | 135.0 kg     | 145.0 kg | 135.0 kg   | 230.0 kg | 240.0 kg | 250.0 kg | 250.0 kg      | 590.0 kg          | 457.5       | 0.67080 | 395.7720 | 1           | 1                    | Best Unequipped Male   |             |  |  |   |  |  |  |  |
| 1        | Open    | 75.00          | 33  | 74.1        | UN     | M    | SCO | Kris Wright                | 10              | 167.5 kg | 177.5 kg | 182.5 kg | 182.5 kg   | 13 | 97.5 kg  | 105.0 kg     | 110.0 kg | 110.0 kg   | 205.0 kg | 217.5 kg | 227.5 kg | 227.5 kg      | 520.0 kg          | 457.5       | 0.67080 | 348.8160 | 2           | 2                    |                        |             |  |  |   |  |  |  |  |
| 1        | Jnr     | 75.00          | 22  | 69.1        | UN     | M    | SCO | Keir Ian Osborne           | 14              | 150.0 kg | 155.0 kg | 165.0 kg | 155.0 kg   | 14 | 80.0 kg  | 85.0 kg      | 90.0 kg  | 85.0 kg    | 165.0 kg | 175.0 kg | 182.5 kg | 182.5 kg      | 422.5 kg          | 412.5       | 0.71100 | 300.3975 | 3           | 1                    |                        |             |  |  |   |  |  |  |  |
| 1        | M6      | 75.00          | 68  | 74.1        | UN     | M    | SCO | Ronnie Kerr                | 12              | 117.5 kg | 127.5 kg | 132.5 kg | 132.5 kg   | 13 | 105.0 kg | 110.0 kg     | 112.5 kg | 110.0 kg   | 167.5 kg | 167.5 kg | 167.5 kg | 167.5 kg      | 410.0 kg          | 337.5       | 0.67080 | 275.0280 | 4           | 1                    |                        |             |  |  |   |  |  |  |  |
| 1        | Open    | 82.50          | 24  | 77.3        | UN     | M    | SCO | Jordan Steele              | 12              | 180.0 kg | 190.0 kg | 195.0 kg | 195.0 kg   | 12 | 110.0 kg | 115.0 kg     | 120.0 kg | 115.0 kg   | 210.0 kg | 225.0 kg | 235.0 kg | 235.0 kg      | 545.0 kg          | 490         | 0.64920 | 353.8140 | 1           | 1                    |                        |             |  |  |   |  |  |  |  |
| 2        | Open    | 90.00          | 33  | 85.8        | UN     | M    | SCO | Martin Murphy              | 12              | 180.0 kg | 190.0 kg | 200.0 kg | 200.0 kg   | 12 | 115.0 kg | 122.5 kg     | 127.5 kg | 122.5 kg   | 205.0 kg | 215.0 kg | 225.0 kg | 225.0 kg      | 547.5 kg          | 520         | 0.60310 | 330.1973 | 1           | 1                    |                        |             |  |  |   |  |  |  |  |
| 2        | Open    | 90.00          | 38  | 89.4        | UN     | M    | SCO | John Wilson                | 16              | 140.0 kg | 155.0 kg | 162.5 kg | 162.5 kg   | 17 | 87.5 kg  | 95.0 kg      | 97.5 kg  | 97.5 kg    | 180.0 kg | 190.0 kg | 200.0 kg | 200.0 kg      | 460.0 kg          | 520         | 0.58770 | 270.3420 | 2           | 2                    |                        |             |  |  |   |  |  |  |  |
| 2        | Open    | 100.00         | 33  | 94.4        | UN     | M    | SCO | Scott Lawrie               | 18              | 200.0 kg | 210.0 kg | 222.5 kg | 222.5 kg   | 19 | 152.5 kg | 160.0 kg     | 165.0 kg | 160.0 kg   | 210.0 kg | 230.0 kg | 240.0 kg | 240.0 kg      | 622.5 kg          | 552.5       | 0.56970 | 354.6383 | 1           | 1                    |                        |             |  |  |   |  |  |  |  |
| 2        | M1      | 100.00         | 40  | 98.7        | UN     | M    | SCO | Kevin Doig                 | 17              | 182.5 kg | 185.0 kg | 190.0 kg | 190.0 kg   | 19 | 110.0 kg | 120.0 kg     | 130.0 kg | 130.0 kg   | 240.0 kg | 262.5 kg | 262.5 kg | 262.5 kg      | 582.5 kg          | 525         | 0.55730 | 324.6273 | 2           | 1                    |                        |             |  |  |   |  |  |  |  |
| 2        | M2      | 100.00         | 45  | 94.9        | UN     | M    | SCO | Barry Sheeran              | 16              | 150.0 kg | 160.0 kg | 170.0 kg | 170.0 kg   | 15 | 117.5 kg | 122.5 kg     | 125.0 kg | 125.0 kg   | 230.0 kg | 245.0 kg | 252.5 kg | 245.0 kg      | 540.0 kg          | 500         | 0.56810 | 306.7740 | 3           | 1                    |                        |             |  |  |   |  |  |  |  |
| 2        | Open    | 100.00         | 33  | 97.9        | UN     | M    | SCO | Anthony Burnside-Shonk     | 17              | 180.0 kg | 192.5 kg | 200.0 kg | 192.5 kg   | 17 | 100.0 kg | 110.0 kg     | 120.0 kg | 110.0 kg   | 200.0 kg | 215.0 kg | 227.5 kg | 227.5 kg      | 530.0 kg          | 552.5       | 0.55940 | 296.4820 | 4           | 4                    |                        |             |  |  |   |  |  |  |  |
| 1        | T2      | 100.00         | 16  | 91.4        | UNB    | M    | SCO | Reese Joslin-Smith         |                 |          |          |          |            | 13 | 85.0 kg  | 92.5 kg      | 100.0 kg | 92.5 kg    |          |          |          | 92.5 kg       | 100               | 0.58010     | 53.6593 | 1        | 1           | Best Unequipped male |                        |             |  |  |   |  |  |  |  |
| 2        | Open    | 110.00         | 25  | 108.8       | UN     | M    | SCO | Alexander (Sandy) Hamilton | 17              | 230.0 kg | 255.0 kg | 267.5 kg | 255.0 kg   | 16 | 137.5 kg | 145.0 kg     | 150.0 kg | 150.0 kg   | 240.0 kg | 260.0 kg | 270.0 kg | 260.0 kg      | 665.0 kg          | 570         | 0.53800 | 357.7700 | 1           | 1                    |                        |             |  |  |   |  |  |  |  |
| 2        | Open    | 110.00         | 36  | 104.0       | UN     | M    | SCO | Chris McIntosh             | 19              | 180.0 kg | 190.0 kg | 200.0 kg | 190.0 kg   | 18 | 140.0 kg | 140.0 kg     | 150.0 kg | 150.0 kg   | 260.0 kg | 270.0 kg | 280.0 kg | 280.0 kg      | 620.0 kg          | 570         | 0.54550 | 338.2100 | 2           | 2                    |                        |             |  |  |   |  |  |  |  |
| 2        | Open    | 110.00         | 26  | 109.2       | UN     | M    | SCO | Sean Sandell               | 17              | 185.0 kg | 190.0 kg | 192.5 kg | 192.5 kg   | 15 | 140.0 kg | 142.5 kg     | 145.0 kg | 145.0 kg   | 250.0 kg | 260.0 kg | 265.0 kg | 265.0 kg      | 602.5 kg          | 570         | 0.53760 | 323.9040 | 3           | 3                    |                        |             |  |  |   |  |  |  |  |
| 2        | Open    | 110.00         | 33  | 108.0       | UN     | M    | SCO | Ryan Beveridge             | 16              | 205.0 kg | 212.5 kg | 220.0 kg | 220.0 kg   | 16 | 132.5 kg | 137.5 kg     | 142.5 kg | 142.5 kg   | 237.5 kg | 245.0 kg | 245.0 kg | 237.5 kg      | 600.0 kg          | 570         | 0.53910 | 323.4600 | 4           | 4                    |                        |             |  |  |   |  |  |  |  |
| 2        | M3      | 125.00         | 51  | 122.8       | UN     | M    | SCO | Derek Forsyth              | 18              | 240.0 kg | 255.0 kg | 265.0 kg | 255.0 kg   | 17 | 180.0 kg | 190.0 kg     | 190.0 kg | 190.0 kg   | 280.0 kg | 295.0 kg | 305.0 kg | 305.0 kg      | 750.0 kg          | 500         | 0.52400 | 393.0000 | 1           | 1                    | Best Unequipped Male   |             |  |  |   |  |  |  |  |
| 2        | Open    | 125.00         | 36  | 120.6       | UN     | M    | SCO | Robert Carmichael          | 18              | 185.0 kg | 200.0 kg | 210.0 kg | 210.0 kg   | 18 | 140.0 kg | 150.0 kg     | 155.0 kg | 155.0 kg   | 222.5 kg | 240.0 kg | 255.0 kg | 240.0 kg      | 605.0 kg          | 585         | 0.52640 | 318.4720 | 2           | 2                    |                        |             |  |  |   |  |  |  |  |

Refs  
Chris Martin  
Arthur Cowley  
Ellen Ball

Loaders