

Official BDFPA Score Sheet (V13.6)

Date of Comp: 2 Dec 23 Organiser: Chris Martin

UK Masters 2023

FLT	British Record						European Record						World Record			Divisional Record			Drug Tested			Calibrated Scales and Weights Used YES/NO									
	Age Cat	Wt Class	Age	Body Weight	UN/EQ	F/M	DIV	Name	SQUAT			Best Squat	BENCH			Best Bench	DEADLIFT			Best Deadlift	Total	QUALIFY REQ	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Sex/Life		
									1st Lift	2nd Lift	3rd Lift		1st Lift	2nd Lift	3rd Lift		1st Lift	2nd Lift	3rd Lift												
1	M2	53.00	45	53.0	UN	F	SCO	Nancy Daly	67.5 kg	72.5 kg	77.5 kg	77.5 kg	52.5 kg	55.0 kg	57.5 kg	57.5 kg	110.0 kg	117.5 kg	120.0 kg	120.0 kg	255.0 kg	182.5	0.95360	243.1680	1.060	257.7581	1	1			
1	M1	80.00	43	73.0	UN	F	SCO	Carol McAlaney	95.0 kg	102.5 kg	110.0 kg	110.0 kg	55.0 kg	60.0 kg	67.5 kg	67.5 kg	110.0 kg	115.0 kg	125.0 kg	125.0 kg	302.5 kg	267.5	0.73580	222.5795	1.028	228.8117	1	1			
1	M7	80.00	70	75.0	UN	F	SCO	Catherine Macaslan	50.0 kg	55.0 kg	61.0 kg	60.0 kg	37.5 kg	38.5 kg	40.0 kg	40.0 kg	92.5 kg	97.5 kg	106.0 kg	97.5 kg	197.5 kg	175	0.72160	142.5160	1.700	242.2772	2	1			
1	M1	90+	44	117.8	UN	F	SCO	Sheila Moug	155.0 kg	165.0 kg	175.0 kg	175.0 kg	90.0 kg	95.0 kg	101.0 kg	95.0 kg	155.0 kg	165.0 kg	172.5 kg	172.5 kg	442.5 kg	310	0.55900	247.3575	1.044	258.2412	1	1	Best Un-equipped Female		
1	M2	90+	46	119.0	UN	F	SCO	Amanda McBride	110.0 kg	120.0 kg	130.0 kg	120.0 kg	70.0 kg	75.0 kg	80.0 kg	75.0 kg	145.0 kg	155.0 kg	165.0 kg	165.0 kg	360.0 kg	295	0.55740	200.6640	1.078	216.3158	2	1			
1	M2	90+	49	120.8	EQ	F	SCO	Rhian Millington	60.0 kg	65.0 kg	70.0 kg	65.0 kg	42.5 kg	45.0 kg	47.5 kg	45.0 kg	75.0 kg	80.0 kg	85.0 kg	85.0 kg	195.0 kg	#N/A	0.55500	108.2250	1.132	122.5107	3	2			
2	M3	100.00	50	90.4	EQB	M	SCO	Gary Lovett				0.0 kg	175.0 kg	175.0 kg	175.0 kg	175.0 kg				0.0 kg		125	0.58380	102.1650	1.150	117.4898	1	1	Best Equipped male Bench		
1	M6	75.00	68	74.0	UN	M	SCO	Ronnie Kerr	120.0 kg	130.0 kg	133.0 kg	132.5 kg	102.5 kg	107.5 kg	111.0 kg	110.0 kg	160.0 kg	165.0 kg	165.0 kg	160.0 kg	402.5 kg	337.5	0.67160	270.3190	1.630	440.6200	1	1			
2	M2	100.00	45	96.4	UN	M	SCO	Barry Sheeran	165.0 kg	175.0 kg	180.0 kg	180.0 kg	120.0 kg	125.0 kg	127.5 kg	127.5 kg	235.0 kg	247.5 kg	255.0 kg	247.5 kg	555.0 kg	500	0.56360	312.7980	1.060	331.5659	1	1			
2	M2	100.00	47	97.2	UN	M	SCO	Rodger Lyon	145.0 kg	152.5 kg	160.0 kg	160.0 kg	122.5 kg	130.0 kg	135.0 kg	135.0 kg	195.0 kg	205.0 kg	217.5 kg	217.5 kg	512.5 kg	500	0.56130	287.6663	1.096	315.2822	2	2			
2	M2	110.00	46	105.2	UN	M	SCO	Mark Torrie	145.0 kg	155.0 kg	165.0 kg	165.0 kg	115.0 kg	120.0 kg	127.5 kg	127.5 kg	195.0 kg	207.5 kg	222.5 kg	222.5 kg	515.0 kg	515	0.54340	279.8510	1.078	301.6794	1	1			
2	M3	125.00	51	122.1	UN	M	SCO	Derek Forsyth	240.0 kg	252.5 kg	265.0 kg	265.0 kg	175.0 kg	180.0 kg	185.0 kg	185.0 kg	280.0 kg	290.0 kg	300.0 kg	300.0 kg	750.0 kg	500	0.52480	393.6000	1.168	459.7248	1	1	Best Un-equipped male		
2	M1	145.00	41	141.7	UN	M	SCO	Chrys Howe	145.0 kg	155.0 kg	165.0 kg	165.0 kg	105.0 kg	110.0 kg	117.5 kg	117.5 kg	190.0 kg	205.0 kg	220.0 kg	205.0 kg	487.5 kg	582.5	0.50150	244.4813	1.005	245.7037	1	1			
2	M1	82.50	41	75.6	UNB	M	SCO	Daniel Richardson				0.0 kg	125.0 kg	130.0 kg	130.0 kg	130.0 kg				0.0 kg		115	0.66030	85.8390	1.005	86.2682	1	1	Best Un-equipped male		
2	M7	100.00	72	97.8	UNB	M	SCO	Iain Macaslan				0.0 kg	60.0 kg	62.5 kg	68.0 kg	67.5 kg				0.0 kg		85	0.55970	37.7798	1.780	67.2480	1	1			
1	M10	75.00	87	74.7	UND	M	SCO	George Byng				0.0 kg				0.0 kg	92.5 kg	97.5 kg	100.0 kg	92.5 kg	92.5 kg	82.5	0.66660	61.6605	2.380	146.7520	1	1			
2	M1	82.50	41	75.6	UND	M	SCO	Daniel Richardson				0.0 kg				0.0 kg	230.0 kg	240.0 kg	250.0 kg	240.0 kg	240.0 kg	182.5	0.66030	158.4720	1.005	159.2644	1	1	Best Un-equipped male		
2	M6	82.50	68	79.7	UND	M	SCO	Michael Phillips				0.0 kg				0.0 kg	160.0 kg	175.0 kg	185.0 kg	175.0 kg	175.0 kg	135	0.63470	111.0725	1.630	181.0482	2	1			

Refs
Chris Martin
Ellen Ball
Karen Dalziel
Arthur Cowley

Loaders
Mason Paterson
Jack Cook
Chris Bennett