

Official BDFPA Score Sheet (V13.6)

Date of Comp: 3 Dec 23 Organiser: Chris Martin

Scottish Open Dec 23

Division		British Record					European Record					World Record					Divisional Record					Drug Tested					Calibrated Scales and Weights Used YES/NO				
FLT	Age Cat	Wt Class	Age	Body Weight	UN/EO	F/M	DIV	Name	RH	SQUAT			Best Squat	RH	BENCH			Best Bench	DEADLIFT			Best Deadlift	Total	QUALIFY REQ	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter
										1st Lift	2nd Lift	3rd Lift			1st Lift	2nd Lift	3rd Lift		1st Lift	2nd Lift	3rd Lift										
1	T2	50.50	17	49.2	UNB	F	SCO	Eva O'Donnell					0.0 kg	8	22.5 kg	27.5 kg	30.0 kg	30.0 kg					0.0 kg	30	1.01320	30.3960	1.000	30.3960	1	1	
1	T2	50.50	17	49.2	UND	F	SCO	Eva O'Donnell					0.0 kg					0.0 kg	50.0 kg	60.0 kg	70.0 kg	60.0 kg	60.0 kg	60	1.01320	60.7920	1.000	60.7920	1	1	Best Unequipped Female
1	T2	50.50	17	49.2	UNS	F	SCO	Eva O'Donnell		10	40.0 kg	50.0 kg	52.5 kg	52.5 kg					0.0 kg				0.0 kg	50	1.01320	53.1930	1.000	53.1930	1	1	
1	Open	63.00	31	60.8	UN	F	SCO	Chloe Hodge		12	72.5 kg	80.0 kg	85.0 kg	85.0 kg	8	47.5 kg	52.5 kg	57.5 kg	52.5 kg	125.0 kg	130.0 kg	132.5 kg	132.5 kg	235	0.85080	229.7160	1.000	229.7160	1	1	
1	Open	70.00	27	67.4	UN	F	SCO	Jodie Halpin		10	102.5 kg	107.5 kg	112.5 kg	112.5 kg	6	45.0 kg	47.5 kg	50.0 kg	50.0 kg	127.5 kg	135.0 kg	140.0 kg	135.0 kg	257.5	0.77980	231.9905	1.000	231.9905	1	1	
1	Open	80.00	34	73.8	UN	F	SCO	Emma Hebborn		11	97.5 kg	105.0 kg	110.0 kg	110.0 kg	7	87.5 kg	95.0 kg	100.0 kg	100.0 kg	142.5 kg	152.5 kg	160.0 kg	160.0 kg	282.5	0.73010	270.1370	1.000	270.1370	1	1	Best Unequipped Female
1	T3	80.00	18	76.4	UN	F	SCO	Emma Campbell		11	130.0 kg	135.0 kg	140.0 kg	140.0 kg	7	65.0 kg	67.5 kg	72.5 kg	72.5 kg	140.0 kg	150.0 kg	155.0 kg	150.0 kg	230	0.71200	258.1000	1.000	258.1000	2	1	
1	Open	80.00	24	78.4	UN	F	SCO	Natalie Strelkova		12	110.0 kg	115.0 kg	120.0 kg	120.0 kg	8	50.0 kg	55.0 kg	62.5 kg	55.0 kg	130.0 kg	135.0 kg	142.5 kg	142.5 kg	282.5	0.69880	221.8690	1.000	221.8690	3	3	
1	Open	80.00	39	76.0	UN	F	SCO	Stacy Ann Smillie		13	87.5 kg	90.0 kg	95.0 kg	90.0 kg	13	50.0 kg	52.5 kg	55.0 kg	55.0 kg	122.5 kg	125.0 kg	130.0 kg	125.0 kg	282.5	0.71480	192.9660	1.000	192.9660	4	4	
1	Open	80.00	39	72.8	UNB	F	SCO	Nicola Scott						8	47.5 kg	50.0 kg	55.0 kg	50.0 kg					0.0 kg	57.5	0.73720	36.8600	1.000	36.8600	1	1	Best Unequipped Female
1	Open	80.00	39	72.8	UNS	F	SCO	Nicola Scott		11	90.0 kg	95.0 kg	100.0 kg	100.0 kg					0.0 kg				0.0 kg	100	0.73720	73.7200	1.000	73.7200	1	1	Best Unequipped Female
1	Open	90.00	37	81.6	UN	F	SCO	Rachael Steele		10	102.5 kg	107.5 kg	112.5 kg	112.5 kg	6	60.0 kg	62.5 kg	65.0 kg	65.0 kg	110.0 kg	120.0 kg	125.0 kg	120.0 kg	305	0.67860	201.8835	1.000	201.8835	1	1	
1	Open	90+	39	94.6	UN	F	SCO	Claire Grant		13	105.0 kg	115.0 kg	125.0 kg	125.0 kg	10	50.0 kg	52.5 kg	55.0 kg	55.0 kg	130.0 kg	145.0 kg	152.5 kg	152.5 kg	327.5	0.61570	204.7203	1.000	204.7203	1	1	
1	Jnr	90+	20	107.8	UND	F	SCO	Kaitlyn Martin											0.0 kg	90.0 kg	97.5 kg	105.0 kg	105.0 kg	125	0.57570	60.4485	1.000	60.4485	1	1	
2	Open	67.50	28	66.7	UN	M	SCO	Jason Lau		13	135.0 kg	142.5 kg	150.0 kg	150.0 kg	10	127.5 kg	135.0 kg	137.5 kg	137.5 kg	200.0 kg	216.0 kg	220.0 kg	220.0 kg	417.5	0.73370	372.3528	1.000	372.3528	1	1	
2	T1	67.50	15	66.3	UN	M	SCO	Kian Masterston		12	92.5 kg	105.0 kg	112.5 kg	105.0 kg	11	82.5 kg	87.5 kg	92.5 kg	87.5 kg	130.0 kg	140.0 kg	150.0 kg	150.0 kg	275	0.73770	252.6623	1.000	252.6623	2	1	
3	Open	75.00	38	74.1	EQ	M	SCO	Chris Empson		16	180.0 kg	190.0 kg	200.0 kg	200.0 kg	10	155.0 kg	162.5 kg	162.5 kg	155.0 kg	190.0 kg	200.0 kg	210.0 kg	210.0 kg	502.5	0.67080	379.0020	1.000	379.0020	1	1	Best Equipped Male
2	Open	75.00	29	74.0	UN	M	SCO	Colin Docherty		14	180.0 kg	200.0 kg	212.5 kg	200.0 kg	12	130.0 kg	140.0 kg	145.5 kg	140.0 kg	250.0 kg	263.0 kg	270.0 kg	262.5 kg	457.5	0.67160	404.6390	1.000	404.6390	1	1	Best Unequipped Male Powerlifter
2	T2	75.00	18	75.0	UN	M	SCO	Luca Young		12	157.5 kg	167.5 kg	175.0 kg	175.0 kg	11	105.0 kg	115.0 kg	120.0 kg	115.0 kg	205.0 kg	215.0 kg	220.0 kg	215.0 kg	372.5	0.66450	335.5725	1.000	335.5725	2	1	
2	T2	75.00	17	70.3	UN	M	SCO	Milo McLaughlin		14	157.5 kg	167.5 kg	175.0 kg	175.0 kg	12	90.0 kg	95.0 kg	102.5 kg	102.5 kg	190.0 kg	200.0 kg	215.0 kg	215.0 kg	335	0.70050	344.9663	1.000	344.9663	3	1	
2	T2	75.00	16	70.3	UN	M	SCO	Liam Ali		12	145.0 kg	155.0 kg	165.0 kg	165.0 kg	10	107.5 kg	112.5 kg	120.0 kg	120.0 kg	182.5 kg	195.0 kg	205.0 kg	195.0 kg	335	0.70050	336.2400	1.000	336.2400	4	2	
2	Open	75.00	26	72.0	UN	M	SCO	Matthew Woolley		13	152.5 kg	162.5 kg	170.0 kg	170.0 kg	11	95.0 kg	102.5 kg	107.5 kg	107.5 kg	150.0 kg	165.0 kg	175.0 kg	175.0 kg	457.5	0.68670	310.7318	1.000	310.7318	5	5	
2	Open	82.50	24	81.2	UN	M	SCO	Jordan Steele		13	180.0 kg	190.0 kg	190.0 kg	180.0 kg	11	105.0 kg	112.5 kg	120.0 kg	120.0 kg	210.0 kg	225.0 kg	240.0 kg	225.0 kg	490	0.62620	328.7550	1.000	328.7550	1	1	
2	Open	82.50	34	81.8	UN	M	SCO	Gavin Simpson		13	160.0 kg	165.0 kg	170.0 kg	170.0 kg	11	115.0 kg	117.5 kg	120.0 kg	120.0 kg	180.0 kg	190.0 kg	190.0 kg	490	0.62300	299.0400	1.000	299.0400	2	2		
3	Open	90.00	33	86.0	UN	M	SCO	Martin Murphy		13	185.0 kg	195.0 kg	205.0 kg	195.0 kg	10	117.5 kg	122.5 kg	127.5 kg	122.5 kg	210.0 kg	220.0 kg	227.5 kg	220.0 kg	520	0.60220	323.6825	1.000	323.6825	1	1	
3	T3	90.00	19	89.7	UN	M	SCO	Mark Steele		17	130.0 kg	135.0 kg	140.0 kg	140.0 kg	13	75.0 kg	80.0 kg	85.0 kg	85.0 kg	180.0 kg	190.0 kg	200.0 kg	200.0 kg	420	0.58650	249.2625	1.000	249.2625	2	1	
3	Open	100.00	38	96.7	UN	M	SCO	Norbert Kulczycki		17	190.0 kg	205.0 kg	215.0 kg	215.0 kg	15	155.0 kg	160.0 kg	165.0 kg	165.0 kg	250.0 kg	260.0 kg	265.0 kg	265.0 kg	552.5	0.56270	362.9415	1.000	362.9415	1	1	
3	Jnr	100.00	22	96.4	UN	M	SCO	Ross MacFarlane		17	200.0 kg	210.0 kg	217.5 kg	217.5 kg	15	135.0 kg	145.0 kg	145.0 kg	145.0 kg	240.0 kg	255.0 kg	255.0 kg	240.0 kg	497.5	0.56360	339.5690	1.000	339.5690	2	1	
3	Open	110.00	25	108.8	UN	M	SCO	Alexander Hamilton		17	240.0 kg	260.0 kg	288.0 kg	260.0 kg	13	145.0 kg	152.5 kg	155.0 kg	152.5 kg	240.0 kg	255.0 kg	265.0 kg	265.0 kg	570	0.53800	364.4950	1.000	364.4950	1	1	
3	Open	110.00	36	106.5	UN	M	SCO	Chris McIntosh		18	185.0 kg	200.0 kg	210.0 kg	210.0 kg	15	145.0 kg	152.5 kg	155.0 kg	152.5 kg	265.0 kg	282.5 kg	290.0 kg	282.5 kg	570	0.54130	349.1385	1.000	349.1385	2	2	
3	Open	125.00	31	120.4	UN	M	SCO	Ian Stewart		17	220.0 kg	240.0 kg	260.0 kg	260.0 kg	15	135.0 kg	135.0 kg	135.0 kg	135.0 kg	210.0 kg	230.0 kg	255.0 kg	255.0 kg	585	0.52660	342.2900	1.000	342.2900	1	1	

Refs
Chris Martin
Ellen Ball
Karen Dalziel
Arthur Cowley

Loaders
Mason Paterson
Jack Cook