

Official BDFPA Score Sheet (V13.6)

Date of Comp: 21 January 2024 Organiser: Ruth Gardner

NW Divisional, Qualifier, The Hive, Lancaster

SQ FLT	B FLT	DL FLT	Divisional Record		British Record		European Record		World Record		MPF World Record		Divisional Record				Bench Tested				Best Deadlift								
			FLT	PLT	Age Cat	Wt Class	Age	Body Weight	UN	EQ	FM	DIV	Name	RH	SQUAT		Best Squat	RH	BENCH			Best Bench	DEADLIFT						
															1st Lift	2nd Lift	3rd Lift	4th Lift		1st Lift		2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	
					Jnr	0.00	23		UN	F	NW	Lauren Ratcliffe		80.0 kg	90.0 kg	100.0 kg		90.0 kg	45.0 kg	50.0 kg	50.0 kg		50.0 kg	100.0 kg	110.0 kg	x		100.0 kg	
					M2	0.00	48		UN	F	NW	Emma Foxall		42.5 kg	45.0 kg	50.0 kg		45.0 kg	32.5 kg	35.0 kg	35.0 kg		35.0 kg	72.5 kg	75.0 kg	80.0 kg		80.0 kg	
					M2	0.00	47		UN	F	NW	Jane Morrey		65.0 kg	70.0 kg	72.5 kg		72.5 kg	40.0 kg	42.5 kg	45.0 kg		45.0 kg	75.0 kg	80.0 kg	90.0 kg		90.0 kg	
					M1	0.00	41		UN	F	NW	Angelika Novak		115.0 kg	120.0 kg	122.5 kg		122.5 kg	60.0 kg	65.0 kg	70.0 kg		65.0 kg	115.0 kg	120.0 kg	125.0 kg		125.0 kg	
					M1	0.00	43		UN	F	NW	Ros Lindow		115.0 kg	122.5 kg	130.0 kg		130.0 kg	70.0 kg	75.0 kg	75.0 kg		75.0 kg	135.0 kg	142.5 kg	145.0 kg		142.5 kg	
					M4	0.00	56		UN	F	NM	Pam McVitie		60.0 kg	65.0 kg	70.0 kg		70.0 kg	35.0 kg	37.5 kg	40.0 kg		40.0 kg	75.0 kg	80.0 kg	87.5 kg		87.5 kg	
					M1	0.00	40		UN	M	NW	Daniel Awciola		180.0 kg	200.0 kg	x		200.0 kg	140.0 kg	150.0 kg	160.0 kg		160.0 kg	260.0 kg	280.0 kg	300.0 kg		300.0 kg	
					M5	0.00	62		UN	M	NW	Brian Shields							130.0 kg	140.0 kg	145.0 kg		145.0 kg	220.0 kg	230.0 kg	240.0 kg		240.0 kg	
					M5	0.00	61		UN	M	NW	Tony Shields							130.0 kg	140.0 kg	145.0 kg		145.0 kg	180.0 kg	200.0 kg	220.0 kg		220.0 kg	
					M4	0.00	59		UN	M	NW	Chris Pilling							120.0 kg	130.0 kg	x								
					M4	0.00	57		UN	M	NW	Nigel Bracken							105.0 kg	115.0 kg	120.0 kg		115.0 kg	167.5 kg	175.0 kg	x		167.5 kg	
					M4	0.00	57		UN	M	NW	Neil Coventry							160.0 kg	170.0 kg	177.5 kg		177.5 kg	260.0 kg	270.0 kg	282.5 kg		270.0 kg	
					Jnr	0.00	23		UN	M	NW	Cole Whitehead											172.5 kg	182.5 kg	x		182.5 kg		
					M10	0.00	87		UN	M	NM	Brian Winslow											60.0 kg	67.5 kg	70.0 kg		67.5 kg		
						0.00																							
						0.00																							

Refs
Mike Leadbetter
Steve Thomas
Neil Ratcliffe
Ruth Gardner

Loaders
Neil Ratcliffe
Simon Gardener
Nigel Bracken
Neil Coventry
Gary Fisher