

West Midland - Women Power Unequipped Records

OPEN UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44	REEVES Pat (2006) WM	37.5	REEVES Pat (2006) WM	95
47.5			THOMPSON Paula (1990) WM	37.5
50.5	REEVES Pat (2009) WM	25	REEVES Pat (2009) WM	100
53	BUTTERS Bobbie (2013) WM	120	BUTTERS Bobbie (2013) WM	140
55.5	COOK Jodie (2016) WM	112.5	COOK Jodie (2016) WM	130
58.5	POOLTON Kaytee (2013) WM	105	POOLTON Kaytee (2013) WM	127.5
63	CURAN Catherine (2016) WM	105	CURAN Catherine (2016) WM	137.5
70	MLOUK Dalya (2015) WM	115	MLOUK Dalya (2015) WM	167.5
80	FENLON Deirdre (2016) WM	147.5	MLOUK Dalya (2015) WM	70
90	STRUDWICK Victoria (2016) WM	115	STRUDWICK Victoria (2016) WM	65
90+	Marinda Wells (2018) WM	130	GRAY Betty (2015) WM	57.5

TEENAGE 1 (14-15) yrs UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

TEENAGE 2 (16-17) yrs UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53	BUTTERS Bobbie (2013) WM	95	BUTTERS Bobbie (2013) WM	55
55.5				
58.5				
63				
70				
80	GOUGH Lucy (2016) WM	67.5	GOUGH Lucy (2016) WM	35
90				
90+				

TEENAGE 3 (18-19) yrs UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53	BUTTERS Bobbie (2013) WM	120	BUTTERS Bobbie (2013) WM	65
55.5				
58.5	POOLTON Kaytee (2013) WM	105	POOLTON Kaytee (2013) WM	55
63				
70				
80				
90				
90+				

JUNIOR (20-23) yrs UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53	PEART Danielle (2014) WM	85	PEART Danielle (2014) WM	60
55.5				
58.5	PURICELLI Lucia (2016) WM	120	PURICELLI Lucia (2016) WM	55
63	WHITEFIELD Sophie (2011) WM	87.5	WHITEFIELD Sophie (2011) WM	55
70	MLOUK Dalya (2015) WM	115	MLOUK Dalya (2015) WM	67.5
80	MLOUK Dalya (2015) WM	125	MLOUK Dalya (2015) WM	70
90				
90+				

MASTER 1 (40-44) yrs UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5	MacDONALD Debbie (2015) WM	85	MacDONALD Debbie (2016) WM	50

MASTER 7 (70-74yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total	
44					
47.5					
50.5					
53					
55.5					
58.5	WALTER Catherine (2016) WM	95	WALTER Catherine (2016) WM 35	WALTER Catherine (2016) WM 100	WALTER Catherine (2016) WM 230
63					
70					
80					
90					
90+					

MASTER 8 (75-79yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

MASTER 9 (80-84yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

MASTER 10 (85-89yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				

M/P/F UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total	
44					
47.5					
50.5					
53					
55.5	MacDONALD Debbie (2015) WM	85	STREET Liz (2016) WM 50	MacDONALD Debbie (2015) WM 120	STREET Liz (2016) WM 245
58.5					
63					
70					
80					
90					
90+					