Southwest: Women's Full Power Unequipped

OPEN UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
44								
47.5	TATMAN	110	TATMAN	65	TATMAN	125	TATMAN	300
50.5	TATMAN	110	TATMAN	72.5	TATMAN	120	TATMAN	305
53	SMITH	110	SMITH	70	SMITH	140.5	SMITH	320.5
55.5	BARWELL	105	SMITH	62.5	BARWELL	145	SMITH	300
58.5	FORD	132.5	FORD	84	BARWELL	150	FORD	362.5
63	NEWNHAM	120	JONES	75.5	POOLE	165	POOLE	352.5
70	HARRISON	115	HALL	72.5	HARRISON	150	HARRISON	312.5
80	HEAD	147.5	HEAD	82.5	HEAD	162.5	HEAD	387.2
90	HEAD	110	HEAD	65	HEAD	132.5	HEAD	307.5
90+	MOHAMMED	150	EDWARDS	72.5	MOHAMMED	180	MOHAMMED	395

TEENAGE 1 (14-15 years) UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
44								
47.5								
50.5								
53								
55.5								
58.5								
63								
70								
80	HEAD	110	HEAD	70	HEAD	140	HEAD	320
90	HEAD	110	HEAD	65	HEAD	132.5	HEAD	307.5
90+								

TEENAGE 2 (16-17 years) UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
44								
47.5								
50.5								
53								
55.5								
58.5								
63								
70								
80	HEAD	130	HEAD	80	HEAD	160	HEAD	370
90	RAWLING	95	RAWLING	40	RAWLING	127.5	RAWLING	260
90+			RAWLING	42.5				

TEENAGE 3 (18-19 years) UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
44								
47.5								
50.5								
53								
55.5								
58.5	PALMER	110	EDMONDS	62.5	PALMER	135	PALMER	300
63	PALMER	100	PALMER	47.5	BUTLER	130	BUTLER	275
70								
80	HEAD	147.5	HEAD	82.5	HEAD	162.5	HEAD	387.5
90								
90+								

JUNIOR (20-23 years) UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
44								
47.5								
50.5								
53	SMITH	110	SMITH	70	SMITH	140.5	SMITH	320.5
55.5	SMITH	102.5	SMITH	62.5	LIDDICOAT	135	SMITH	300
58.5								
63	MILLS	85	BUTCHER	50	DUDFIELD	115	DUDFIELD	242.5
70	WARE	100	WARE	75	WARE	132.5	WARE	307.5
80	HEAD	145	HEAD	75	HEAD	160	HEAD	380
90	SPRAGGON	107.5	GLOVER	57.5	SPRAGGON	132.5	SPRAGGON	295
90+	PEARCE	75			PEARCE	142.5	PEARCE	260

MASTER 1 (40-44 years) UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
44								
47.5								
50.5								
53								
55.5	BURKE	57.5	BURKE	35	BURKE	110	BURKE	200
58.5								
63	POOLE	115	POOLE	75	POOLE	165	POOLE	352.5
70								
80								

90								
90+	BUSCOMBE	110	BUSCOMBE	60	BUSCOMBE	142.5	BUSCOMBE	307.5

MASTER 2 (45-49 years) UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
44								
47.5								
50.5								
53								
55.5								
58.5								
63	STUART	60						
70	ALLEN	110	ALLEN	67.5	ALLEN	140	ALLEN	317.5
80	ALLEN	142.5	ALLEN	90	ALLEN	160	ALLEN	392.5
90								
90+	BUSCOMBE	107.5	BUSCOMBE	55	BUSCOMBE	137.5	BUSCOMBE	300

MASTER 3 (50-54 years) UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
44								
47.5								
50.5								
53								
55.5								
58.5								
63								
70	FROST	80	FROST	50	FROST	130	FROST	257.5
80								
90								
90+	SINCLAIR	80	SINCLAIR	50	SINCLAIR	100	SINCLAIR	230

MASTER 4 (55-59 years) UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
44								
47.5								
50.5								
53								
55.5								
58.5								
63								
70								
80								
90								
90+	SMITH	100			SMITH	130	SMITH	300

MASTER 5 (60-64 years) UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
44								
47.5								
50.5								
53								
55.5								
58.5								
63								
70								
80								
90								
90+								

MASTER 6 (65-69 years) UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
44								
47.5								
50.5								
53								
55.5								
58.5								
63								
70								
80								
90								
90+								

MASTER 7 (70-74 years) UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
44								
47.5								
50.5								
53								
55.5								
58.5								
63								
70								

80								
90								
90+								

MASTER 8 (75-79 years) UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
44								
47.5								
50.5								
53								
55.5								
58.5								
63								
70								
80								
90								
90+								

MASTER 9 (80-84 years) UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
44								
47.5								
50.5								
53								
55.5								
58.5								
63								
70								
80								
90								
90+								

MASTER 10 (85-89 years) UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
44								
47.5								
50.5								
53								
55.5								
58.5								
63								
70								
80								
90								
90+								