

Official BDFPA Score Sheet (V13.8)

Date of Comp: 11 Feb 24 Organiser: Chris Martin

Division		BDFPA North East Scotland Full Power and Single Lifts										Divisional Record										Calibrated Scales and Weights Used YES/NO																																																				
British Record					European Record					World Record					MPF World Record					Squat					BENCH					DEADLIFT					Total					Co eff.					Points					MAM					Masters PN					Place Class					Place Cat					Best Lifter				
FLT	Age Cat	Wt Class	Age	Body Weight	UN/ED	F/M	DIV	Name	RH	1st Lift	2nd Lift	3rd Lift	4th Lift	Best Squat	RH	1st Lift	2nd Lift	3rd Lift	4th Lift	Best Bench	1st Lift	2nd Lift	3rd Lift	4th Lift	Best Deadlift	Total	QUALIFY REG	Co eff.	Points	MAM	Masters PN	Place Class	Place Cat	Best Lifter																																								
1	Jnr	58.50	20	58.2	UN	F	SCO	Rachel Lawson	9	77.5 kg	85.0 kg	85.0 kg		85.0 kg		55.0 kg	57.5 kg	57.5 kg		55.0 kg	117.5 kg	122.5 kg	125.0 kg		122.5 kg	262.5 kg	197.5	0.88250	231.6563	1.000	231.6563	1	1	Best unequipped female																																								
1	Open	63.00	25	62.8	UN	F	SCO	Aniela Henry	12	77.5 kg	85.0 kg	90.0 kg		90.0 kg		42.5 kg	45.0 kg	45.0 kg		42.5 kg	120.0 kg	130.0 kg	137.5 kg		130.0 kg	262.5 kg	235	0.82800	217.3500	1.000	217.3500	1	1	Best unequipped female																																								
1	M2	70.00	49	69.0	UN	F	SCO	Lene Harkjaer-Thorgrimsen						0.0 kg						0.0 kg	130.0 kg	135.0 kg	140.0 kg		140.0 kg	250.0 kg	100	0.76580	191.4500	1.132	216.7214	1	1	Best unequipped female																																								
1	M3	70.00	51	69.0	UN	F	SCO	Fiona Storton						0.0 kg		57.5 kg	62.5 kg	65.0 kg		62.5 kg					0.0 kg	62.5 kg	42.5	0.76580	47.8625	1.168	55.9034	1	1	Best unequipped female																																								
1	Open	80.00	37	79.8	UN	F	SCO	Rachael Steele	11	110.0 kg	115.0 kg	117.5 kg		115.0 kg		57.5 kg	62.5 kg	67.5 kg		67.5 kg	115.0 kg	122.5 kg	130.0 kg		130.0 kg	312.5 kg	262.5	0.68980	215.5625	1.000	215.5625	1	1																																									
1	M3	110.00	54	92.2	UN	F	SCO	Pauline Mackintosh	14	95.0 kg	100.0 kg	100.0 kg		95.0 kg		42.5 kg	47.5 kg	50.0 kg		50.0 kg	115.0 kg	125.0 kg			125.0 kg	270.0 kg	290	0.62360	168.3720	1.228	206.7608	1	1																																									
1	T3	67.50	18	66.1	UN	M	SCO	Zak Braid	16	105.0 kg	110.0 kg	120.0 kg		120.0 kg		70.0 kg	77.5 kg	77.5 kg		70.0 kg	160.0 kg	175.0 kg	195.0 kg		195.0 kg	385.0 kg	337.5	0.73980	284.8230	1.000	284.8230	1	1																																									
1	M7	67.50	72	66.5	UN	M	SCO	Alan Hosie	15	65.0 kg	70.0 kg	75.0 kg		75.0 kg		55.0 kg	60.0 kg	65.0 kg		60.0 kg	125.0 kg	0.0 kg	0.0 kg		125.0 kg	260.0 kg	277.5	0.73570	191.2820	1.780	340.4820	2	1																																									
2	M7	67.50	72	66.5	UN	M	SCO	Alan Hosie						0.0 kg						0.0 kg	135.0 kg	142.5 kg	150.0 kg		150.0 kg	150.0 kg	102.5	0.73570	110.3550	1.780	196.4319	1	1																																									
2	T2	75.00	17	71.1	UN	M	SCO	Milo McLaughlin	14	165.0 kg	175.0 kg	182.5 kg		182.5 kg		90.0 kg	95.0 kg	100.0 kg		100.0 kg	202.5 kg	216.0 kg	220.0 kg		215.0 kg	497.5 kg	335	0.69390	345.2153	1.000	345.2153	1	1																																									
2	Open	75.00	31	73.0	UN	M	SCO	Conor Hamilton	15	90.0 kg	95.0 kg	100.0 kg		100.0 kg		55.0 kg	57.5 kg	60.0 kg		60.0 kg	120.0 kg	120.0 kg	0.0 kg		160.0 kg	457.5	0.67890	108.6240	1.000	108.6240	2	2																																										
2	Open	82.50	25	81.2	UN	M	SCO	Ryan Armstrong	16	155.0 kg	162.5 kg	167.5 kg		162.5 kg		105.0 kg	110.0 kg	115.0 kg		110.0 kg	205.0 kg	217.5 kg	227.5 kg		217.5 kg	490.0 kg	490	0.62620	306.8380	1.000	306.8380	1	1																																									
2	Open	82.50	24	81.8	UN	M	SCO	Aaron Barber	18	140.0 kg	150.0 kg	160.0 kg		150.0 kg		90.0 kg	95.0 kg	102.5 kg		95.0 kg	180.0 kg	190.0 kg	195.0 kg		195.0 kg	440.0 kg	490	0.62300	274.1200	1.000	274.1200	2	2																																									
2	M6	82.50	69	80.7	UN	M	SCO	Michael Phillips						0.0 kg						0.0 kg	160.0 kg	170.0 kg	175.0 kg		175.0 kg	175.0 kg	135	0.62900	110.0750	1.664	183.1648	1	1																																									
2	Open	90.00	27	84.0	UN	M	SCO	Bradley Mitchell	13	170.0 kg	185.0 kg	200.0 kg		185.0 kg		100.0 kg	110.0 kg	115.0 kg		115.0 kg	185.0 kg	205.0 kg	220.0 kg		220.0 kg	520.0 kg	520	0.61170	318.0840	1.000	318.0840	1	1																																									
2	Open	90.00	28	89.2	UN	M	SCO	Jason Hart	17	160.0 kg	165.0 kg	170.0 kg		165.0 kg		130.0 kg	135.0 kg	140.0 kg		135.0 kg	190.0 kg	200.0 kg	207.5 kg		207.5 kg	507.5 kg	520	0.58850	298.6638	1.000	298.6638	2	2																																									
2	T3	100.00	19	93.7	UN	M	SCO	Mark Steele	19	140.0 kg	140.0 kg	150.0 kg		150.0 kg		75.0 kg	80.0 kg	85.0 kg		80.0 kg	185.0 kg	202.5 kg	210.0 kg		202.5 kg	432.5 kg	447.5	0.57200	247.3900	1.000	247.3900	1	1																																									
2	M3	100.00	50	98.2	UN	M	SCO	John Preston						0.0 kg		115.0 kg	120.0 kg	125.0 kg		125.0 kg				0.0 kg	125.0 kg	115	0.55860	69.8250	1.150	80.2988	1	1																																										
3	Open	110.00	37	103.1	UN	M	SCO	Tom Crawford	14	190.0 kg	200.0 kg	200.0 kg		200.0 kg		135.0 kg	142.5 kg	150.0 kg		150.0 kg	227.5 kg	235.0 kg	240.0 kg		240.0 kg	590.0 kg	570	0.54730	322.9070	1.000	322.9070	1	1																																									
3	M4	110.00	55	102.2	UN	M	SCO	Stephen Buckton	13	180.0 kg	190.0 kg	200.0 kg		200.0 kg		150.0 kg	157.5 kg	162.5 kg		162.5 kg	180.0 kg	200.0 kg	212.5 kg		212.5 kg	575.0 kg	465	0.54910	315.7325	1.250	394.6656	2	1																																									
3	Jnr	110.00	22	106.0	UN	M	SCO	George Stewart	19	170.0 kg	185.0 kg	195.0 kg		185.0 kg		125.0 kg	135.0 kg	145.0 kg		135.0 kg	210.0 kg	225.0 kg	235.0 kg		235.0 kg	555.0 kg	512.5	0.54210	300.8655	1.000	300.8655	3	1																																									
3	M2	110.00	46	105.0	UN	M	SCO	Mark Torrie	18	152.5 kg	162.5 kg	172.5 kg		172.5 kg		115.0 kg	122.5 kg	130.0 kg		130.0 kg	195.0 kg	212.5 kg	227.5 kg		212.5 kg	515.0 kg	515	0.54370	280.0055	1.078	301.8459	4	1																																									
3	Open	110.00	27	109.3	UN	M	SCO	Sean Sandell						0.0 kg						0.0 kg	252.5 kg	262.5 kg	262.5 kg		262.5 kg	262.5 kg	222.5	0.53730	141.0413	1.000	141.0413	1	1																																									
3	Open	125.00	26	112.9	UN	M	SCO	Sandy Hamilton	17	240.0 kg	260.0 kg	267.5 kg		267.5 kg						0.0 kg	0.0 kg	0.0 kg	0.0 kg		0.0 kg	267.5 kg	207.5	0.53330	142.6578	1.000	142.6578	1	1																																									
3	M2	125.00	45	118.6	UN	M	SCO	Fraser Frisael	21	180.0 kg	187.5 kg	192.5 kg		192.5 kg						0.0 kg	0.0 kg	0.0 kg	0.0 kg		0.0 kg	192.5 kg	187.5	0.52830	101.6978	1.060	107.7996	2	1																																									
3	M1	145.00	41	142.0	UN	M	SCO	Chrys Howe	23	150.0 kg	155.0 kg	165.0 kg		155.0 kg		110.0 kg	117.5 kg	120.0 kg		120.0 kg	195.0 kg	210.0 kg	220.0 kg		220.0 kg	495.0 kg	582.5	0.50120	248.0940	1.005	249.3345	1	1																																									
3	Open	145.00	25	143.5	UN	M	SCO	Conor Smith	17	160.0 kg	170.0 kg	180.0 kg		180.0 kg		85.0 kg	92.5 kg	100.0 kg		100.0 kg	175.0 kg	185.0 kg	200.0 kg		200.0 kg	472.5 kg	612.5	0.49950	236.0138	1.000	236.0138	2	2																																									
3	Open	145.00	33	127.0	UN	M	SCO	Ryan Fleming						0.0 kg						0.0 kg	230.0 kg	260.0 kg	270.0 kg		270.0 kg	270.0 kg	240	0.51860	140.0220	1.000	140.0220	1	1																																									
3	Open	145.00	33	127.0	UN	M	SCO	Ryan Fleming						0.0 kg		135.0 kg	150.0 kg	157.5 kg		150.0 kg	0.0 kg	0.0 kg	0.0 kg		0.0 kg	150.0 kg	150	0.51860	77.7900	1.000	77.7900	1	1																																									

Refs
Chris Martin
Joanne Martin
Arthur Cowley
Karen Dalziel

Loaders