

Official BDFPA Score Sheet (V13.6)

NW Divisional, Qualifier, The Hive, Lancaster

Date of Comp: 21 January 2024

Organiser: Ruth Gardner

SQ		B		DL		FLT		PLT		Morning		DAY		Age		Wt		European Record				World Record				MPF World Record				Divisional Record				Drug Tested				Best Deadlift
FLT	FLT	FLT	FLT	FLT	FLT	Afternoon	DAY	Cat	Class	Age	Weight	UN	EQ	F/M	DIV	Name	RH	SQUAT				Best Squat	RH	BENCH				Best Bench	DEADLIFT				Best Deadlift					
																		1st Lift	2nd Lift	3rd Lift	4th Lift					1st Lift	2nd Lift	3rd Lift	4th Lift					1st Lift	2nd Lift	3rd Lift	4th Lift	
								Jnr	63.00	23	63.0	UN	F	NW	Lauren Ratcliffe		80.0 kg	90.0 kg	100.0 kg		90.0 kg		45.0 kg	50.0 kg	50.0 kg		50.0 kg	100.0 kg	110.0 kg	x		100.0 kg						
								M2	70.00	48	67.3	UN	F	NW	Emma Foxall		42.5 kg	45.0 kg	50.0 kg		45.0 kg		32.5 kg	35.0 kg	35.0 kg		35.0 kg	72.5 kg	75.0 kg	80.0 kg		80.0 kg						
								M2	90+	47	108.8	UN	F	NW	Jane Morrey		65.0 kg	70.0 kg	72.5 kg		72.5 kg		40.0 kg	42.5 kg	45.0 kg		45.0 kg	75.0 kg	80.0 kg	90.0 kg		90.0 kg						
								M1	90.00	41	88.7	UN	F	NW	Angelika Novak		115.0 kg	120.0 kg	122.5 kg		122.5 kg		60.0 kg	65.0 kg	70.0 kg		65.0 kg	115.0 kg	120.0 kg	125.0 kg		125.0 kg						
								M1	90+	43	90.4	UN	F	NW	Ros Lindow		115.0 kg	122.5 kg	130.0 kg		130.0 kg		70.0 kg	75.0 kg	75.0 kg		75.0 kg	135.0 kg	142.5 kg	145.0 kg		142.5 kg						
								M4	70.00	56	63.7	UN	F	NM	Pam McVitie		60.0 kg	65.0 kg	70.0 kg		70.0 kg		35.0 kg	37.5 kg	40.0 kg		40.0 kg	75.0 kg	80.0 kg	87.5 kg		87.5 kg						
								M1	####	40	115.6	UN	M	NW	Daniel Awolola		180.0 kg	200.0 kg	x		200.0 kg		140.0 kg	150.0 kg	160.0 kg		160.0 kg	260.0 kg	280.0 kg	300.0 kg		300.0 kg						
									0.00																													
								M5	####	62	97.3	UN	M	NW	Brian Shields								130.0 kg	140.0 kg	145.0 kg		145.0 kg	220.0 kg	230.0 kg	240.0 kg		240.0 kg						
								M5	####	61	107.3	UN	M	NW	Tony Shields								130.0 kg	140.0 kg	145.0 kg		145.0 kg	180.0 kg	200.0 kg	220.0 kg		220.0 kg						
								M4	####	59	108.9	UN	M	NW	Chris Pilling								120.0 kg	130.0 kg	x													
								M4	90.00	57	86.8	UN	M	NW	Nigel Bracken								105.0 kg	115.0 kg	120.0 kg		115.0 kg	167.5 kg	175.0 kg	x		167.5 kg						
								M4	####	57	131.8	UN	M	NW	Neil Coventry								160.0 kg	170.0 kg	177.5 kg		177.5 kg	260.0 kg	270.0 kg	282.5 kg		270.0 kg						
								Jnr	82.50	23	81.7	UN	M	NW	Cole Whitehead													172.5 kg	182.5 kg	x		182.5 kg						
								M10	60.00	87	57.8	UN	M	NM	Brian Winslow													60.0 kg	67.5 kg	70.0 kg		67.5 kg						
									0.00																													
									0.00																													
									0.00																													

Refs

Mike Leadbetter  
Steve Thomas  
Neil Ratcliffe  
Ruth Gardner

Loaders

Neil Ratcliffe  
Simon Gardener  
Nigel Bracken  
Neil Coventry  
Gary Fisher