

Southwest: Men's Full Power Unequipped

OPEN UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
52								
56								
60	BUCHANAN	90	BUCHANAN	70	EASTWOOD	141	BUCHANAN	285
67.5	WILSON	190	MEREDITH	127.5	McMILLIAN	227.5	McMILLIAN	520
75	DEW	200	DEW	150	DEW	230.5	DEW	580
82.5	DEW	245	DEW	160	CHARLES	267.5	DEW	655
90	LOWE	235	LOWE	172.5	MINTY	287.5	MINTY	667.5
100	SPRANGE	265	HARRIS	170	SPRANGE	290	SPRANGE	700
110	MAJOR	252.5	JONES	170	COOPER	300	MAJOR	680
125	JONES	250	JONES	185	JONES	277.5	JONES	700
145	HASKINS	275	TAYLOR	180	HASKINS	265	HASKINS	695
145+								

TEENAGE 1 (14-15 years) UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
52					OWEN	75		
56								
60	BUCHANAN	90	BUCHANAN	70	JEWELL	141.5	BUCHANAN	285
67.5								
75	HOLLAND	140	SWEET	105	COCKBAIN	177.5	COCKBAIN	392.5
82.5	SOLOMI	130	SOLOMI	85	KEEGAN	190	SOLOMI	396
90	LOWE	130	LOWE	70	LOWE	172.5	LOWE	372.5
100								
110								
125								
145								
145+								

TEENAGE 2 (16-17 years) UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
52								
56								
60								
67.5	CURRELL	132.5	CURRELL	90	BUCHANAN	200	BUCHANAN	400
75	GILL	155	CURRELL	97.5	BURT	205	GILL	435
82.5	JENKIN	175	JENKIN	120	KUTI	240	KUTI	525
90			WATSON	125				
100	ORMEROD	157.5	ORMEROD	120	SAGAL	215	ORMEROD	472.5
110								
125								
145								
145+								

TEENAGE 3 (18-19 years) UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
52								
56								
60								
67.5								
75	FITZCOSTA-ALLISON	155	FITZCOSTA-ALLISON	98	DAVIES	200	HOPKINS	455
82.5	CUTLER	202.5	CUTLER	117.5	CUTLER	237.5	CUTLER	557.5
90	PERRY	140	PERRY	77.5	PERRY	155	PERRY	370
100	CUTTER	192.5	HOOPER	127.5	CUTTER	240	CUTTER	557.5
110								
125	RAWLING	180	WESTAWAY	122.5	WESTAWAY	230	RAWLING	505
145								
145+								

JUNIOR (20-23 years) UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
52								
56								
60			FOX	55				
67.5	LEONG	140	LEONG	100	BROWN	185	PEACOCK	420
75	RATTY	165	BURNARD	125	NEEDS	215	BURNARD	495
82.5	RAINE	215	MEAKIN	155	MEAKIN	250	MEAKIN	605
90	SMITH	215	McGUINNESS	152.5	MEAKIN	250	MEAKIN	590
100	BABEY	217.5	PERRY	165	CUTLER	262.5	CUTLER	615
110	MAYNARD	210	MAYNARD	160	CUTTER	260	MAYNARD	620
125	TAYLOR	180.5	TAYLOR	170	TAYLOR	240.5	TAYLOR	587.5
145								
145+								

MASTER 1 (40-44 years) UNEQUIPPED

WGT	Squat		Bench press		Deadlift		Total	
52								
56								
60								
67.5	MEREDITH	150	MEREDITH	115	ROWE	185	MEREDITH	445

MASTER 7 (70-74 years) UNEQUIPPED

WGT	Squat	Bench press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				
90				
100				
110				
125				
145				
145+				

MASTER 8 (75-79 years) UNEQUIPPED

WGT	Squat	Bench press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				
90				
100				
110				
125				
145				
145+				

MASTER 9 (80-84 years) UNEQUIPPED

WGT	Squat	Bench press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				
90				
100				
110				
125				
145				
145+				

MASTER 10 (85-89 years) UNEQUIPPED

WGT	Squat	Bench press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				
90				
100				
110				
125				
145				
145+				