

Official BDFPA Score Sheet (V13.8)

Date of Comp: 27th April 24 Organiser: Chris Martin

BDFPA North East Scotland Full Power and Single Lifts

| Divisk | | British Record | | | | | European Record | | | | | World Record | | | | MPF World Record | | | | Divisional Record | | | | Drug Tested | | | | Calibrated Scales and Weights Used YES/NO | | | |
|--------|---------|----------------|-----|-------------|--------|-----|-----------------|-----------------|----|----------|----------|--------------|----------|------------|----------|------------------|----------|----------|----------|-------------------|----------|----------|----------|-------------|---------------|-------|--------------------------|---|-------------|-----------|-------------|
| FLT | Age Cat | Wt Class | Age | Body Weight | UN/ EQ | F/M | DIV | Name | RH | SQUAT | | | | Best Squat | RH | BENCH | | | | Best Bench | DEADLIFT | | | | Best Deadlift | Total | Co eff. | Points | Place Class | Place Cat | Best Lifter |
| | | | | | | | | | | 1st Lift | 2nd Lift | 3rd Lift | 4th Lift | | | 1st Lift | 2nd Lift | 3rd Lift | 4th Lift | | 1st Lift | 2nd Lift | 3rd Lift | 4th Lift | | | | | | | |
| 1 | M1 | 63.00 | 44 | 62.5 | UN | F | SCO | Karen Dalziel | 9 | 117.5 kg | 120.0 kg | 122.5 kg | 120.0 kg | 12 | 77.5 kg | 80.0 kg | 85.0 kg | 80.0 kg | 162.5 kg | 167.5 kg | 172.5 kg | 167.5 kg | 367.5 kg | 0.83130 | 305.5028 | 2 | 1 | Best Oneequipped female | | | |
| 1 | M3 | 63.00 | 52 | 60.6 | UN | F | SCO | Nicola Ashmole | 9 | 75.0 kg | 80.0 kg | 85.0 kg | 85.0 kg | 12 | 40.0 kg | 45.0 kg | 50.0 kg | 45.0 kg | 100.0 kg | 110.0 kg | 120.0 kg | 110.0 kg | 240.0 kg | 0.85320 | 204.7680 | 2 | 1 | | | | |
| 1 | Open | 70.00 | 25 | 69.2 | UN | F | SCO | Chloe Parker | 10 | 75.0 kg | 85.0 kg | 95.0 kg | 95.0 kg | 11 | 45.0 kg | 50.0 kg | 57.5 kg | 57.5 kg | 110.0 kg | 120.0 kg | 130.0 kg | 130.0 kg | 282.5 kg | 0.76420 | 215.8865 | 1 | 1 | | | | |
| 1 | T3 | 80.00 | 18 | 76.3 | UN | F | SCO | Emma Campbell | 9 | 137.5 kg | 142.5 kg | 147.5 kg | 142.5 kg | 11 | 67.5 kg | 72.5 kg | 75.0 kg | 72.5 kg | 145.0 kg | 152.5 kg | 160.0 kg | 160.0 kg | 375.0 kg | 0.71270 | 267.2625 | 1 | 1 | | | | |
| 1 | Open | 80.00 | 33 | 70.5 | UN | F | SCO | Sarah Ralston | 9 | 120.0 kg | 127.5 kg | 130.0 kg | 130.0 kg | 11 | 60.0 kg | 65.0 kg | 65.0 kg | 65.0 kg | 140.0 kg | 150.0 kg | 157.5 kg | 150.0 kg | 345.0 kg | 0.75430 | 260.2335 | 2 | 2 | | | | |
| 1 | Open | 80.00 | 37 | 79.5 | UN | F | SCO | Rachael Steele | 11 | 117.5 kg | 122.5 kg | 127.5 kg | 127.5 kg | 14 | 62.5 kg | 67.5 kg | 70.0 kg | 67.5 kg | 125.0 kg | 135.0 kg | 140.0 kg | 140.0 kg | 335.0 kg | 0.69170 | 231.7195 | 3 | 3 | | | | |
| 1 | Jnr | 80.00 | 20 | 75.1 | EQ | F | SCO | Maria Feeney | 13 | 107.5 kg | 117.5 kg | 122.5 kg | 122.5 kg | 12 | 40.0 kg | 42.5 kg | 45.0 kg | 45.0 kg | 125.0 kg | 135.0 kg | 145.0 kg | 145.0 kg | 312.5 kg | 0.72090 | 225.2813 | 1 | 1 | Best equipped female | | | |
| 1 | Open | 80.00 | 28 | 70.6 | UN | F | SCO | Chloe Cameron | 12 | 97.5 kg | 100.0 kg | 105.0 kg | 100.0 kg | 15 | 52.5 kg | 55.0 kg | 57.5 kg | 55.0 kg | 127.5 kg | 130.0 kg | 137.5 kg | 137.5 kg | 292.5 kg | 0.75350 | 220.3988 | 4 | 4 | | | | |
| 1 | Open | 80.00 | 24 | 77.3 | UN | F | SCO | Charis Sneddon | 11 | 95.0 kg | 97.5 kg | 97.5 kg | 97.5 kg | 11 | 50.0 kg | 55.0 kg | 57.5 kg | 57.5 kg | 115.0 kg | 125.0 kg | 135.0 kg | 135.0 kg | 290.0 kg | 0.70600 | 204.7400 | 5 | 5 | | | | |
| 1 | Open | 80.00 | 29 | 78.7 | UN | F | SCO | Nicole Neilson | 15 | 70.0 kg | 75.0 kg | 75.0 kg | 75.0 kg | 17 | 37.5 kg | 40.0 kg | 42.5 kg | 42.5 kg | 110.0 kg | 120.0 kg | 130.0 kg | 130.0 kg | 247.5 kg | 0.69680 | 172.4580 | 6 | 6 | | | | |
| 2 | Open | 90.00 | 37 | 81.9 | UN | F | SCO | Mairi Ross | 15 | 90.0 kg | 105.0 kg | 120.0 kg | 120.0 kg | 16 | 55.0 kg | 60.0 kg | 65.0 kg | 60.0 kg | 130.0 kg | 145.0 kg | 160.0 kg | 145.0 kg | 325.0 kg | 0.67670 | 219.9275 | 1 | 1 | | | | |
| 2 | Open | 110.00 | 31 | 100.8 | UN | F | SCO | Jessika Halifax | 15 | 120.0 kg | 130.0 kg | 140.0 kg | 140.0 kg | 16 | 65.0 kg | 70.0 kg | 77.5 kg | 77.5 kg | 140.0 kg | 150.0 kg | 165.0 kg | 165.0 kg | 382.5 kg | 0.59620 | 228.0465 | 1 | 1 | | | | |
| 2 | Jnr | 110.00 | 20 | 106.1 | UN | F | SCO | Kaitlyn Martin | 11 | 70.0 kg | 80.0 kg | 87.5 kg | 87.5 kg | 12 | 30.0 kg | 37.5 kg | 45.0 kg | 37.5 kg | 80.0 kg | 90.0 kg | 105.0 kg | 105.0 kg | 230.0 kg | 0.58050 | 133.5150 | 2 | 1 | | | | |
| 2 | M1 | 110.00 | 42 | 104.0 | UN | F | SCO | Amy Robertson | | | | 0.0 kg | 0.0 kg | | | | | 0.0 kg | 110.0 kg | 120.0 kg | 130.0 kg | 130.0 kg | 330.0 kg | 0.58660 | 76.2580 | 1 | 1 | Best Oneequipped female | | | |
| 2 | M1 | 110.00 | 42 | 104.0 | UN | F | SCO | Amy Robertson | | | | 0.0 kg | 18 | 37.5 kg | 45.0 kg | 45.0 kg | 45.0 kg | | | | | 0.0 kg | 45.0 kg | 0.58660 | 26.3970 | 1 | 1 | Best Oneequipped female | | | |
| 2 | Open | 60.00 | 32 | 59.6 | UN | M | SCO | Sean Fraser | 14 | 110.0 kg | 115.0 kg | 120.0 kg | 110.0 kg | 14 | 70.0 kg | 75.0 kg | 80.0 kg | 75.0 kg | 170.0 kg | 180.0 kg | 190.0 kg | 190.0 kg | 375.0 kg | 0.81850 | 306.9375 | 1 | 1 | Best equipped male | | | |
| 3 | M3 | 67.50 | 54 | 66.4 | EQ | M | SCO | Paul Rutherford | 10 | 155.0 kg | x | x | 155.0 kg | 11 | 120.0 kg | x | x | 120.0 kg | 170.0 kg | x | x | 170.0 kg | 445.0 kg | 0.73670 | 327.8315 | 1 | 1 | Best equipped male | | | |
| 2 | Open | 75.00 | 24 | 73.8 | UN | M | SCO | Aidan Taylor | | | | 0.0 kg | 14 | 107.5 kg | 115.0 kg | 120.0 kg | 120.0 kg | | | | 0.0 kg | 120.0 kg | 0.67300 | 80.7600 | 1 | 1 | | | | | |
| 2 | Open | 82.50 | 26 | 81.2 | UN | M | SCO | Jordan Horne | 13 | 210.0 kg | 210.0 kg | 228.0 kg | 227.5 kg | 14 | 140.0 kg | 147.5 kg | 150.0 kg | 147.5 kg | 260.0 kg | 270.0 kg | 281.0 kg | 270.0 kg | 645.0 kg | 0.62620 | 403.8990 | 1 | 1 | Best Oneequipped male | | | |
| 3 | Open | 82.50 | 26 | 81.4 | EQ | M | SCO | Ryan Rutherford | | | | 0.0 kg | 11 | 150.0 kg | 160.0 kg | x | 150.0 kg | | | | 0.0 kg | 150.0 kg | 0.62510 | 93.7650 | 1 | 1 | Best equipped male bench | | | | |
| 2 | Open | 90.00 | 28 | 89.2 | UN | M | SCO | Shuai Jiang | 17 | 190.0 kg | 200.0 kg | 205.0 kg | 200.0 kg | 15 | 171.0 kg | 180.0 kg | 180.0 kg | 170.0 kg | 240.0 kg | 260.0 kg | 270.5 kg | 260.0 kg | 630.0 kg | 0.58850 | 370.7550 | 1 | 1 | | | | |
| 2 | M1 | 90.00 | 42 | 88.2 | UN | M | SCO | Gary Dick | 13 | 200.0 kg | 210.0 kg | 220.0 kg | 210.0 kg | 14 | 125.0 kg | 130.0 kg | 130.0 kg | 130.0 kg | 210.0 kg | 220.0 kg | 230.0 kg | 230.0 kg | 570.0 kg | 0.59260 | 337.7820 | 2 | 1 | | | | |
| 2 | Open | 90.00 | 27 | 88.6 | UN | M | SCO | John Treasurer | 17 | 160.0 kg | 172.5 kg | 180.0 kg | 180.0 kg | 16 | 115.0 kg | 122.5 kg | 127.5 kg | 127.5 kg | 215.0 kg | 225.0 kg | 240.0 kg | 240.0 kg | 547.5 kg | 0.59100 | 323.5725 | 3 | 3 | | | | |
| 2 | M7 | 90.00 | 73 | 87.8 | UN | M | SCO | Ash Sinclair | | | | 0.0 kg | 14 | 130.0 kg | 135.0 kg | 140.0 kg | 140.0 kg | | | | 0.0 kg | 140.0 kg | 0.59430 | 83.2020 | 1 | 1 | Best Un-equipped Male | | | | |
| 2 | M3 | 90.00 | 52 | 88.6 | UN | M | SCO | Matt Wing | | | | 0.0 kg | 16 | 110.0 kg | 115.0 kg | 120.0 kg | 120.0 kg | | | | 0.0 kg | 120.0 kg | 0.59100 | 70.9200 | 2 | 1 | | | | | |
| 3 | M2 | 100.00 | 46 | 97.2 | UN | M | SCO | Barry Sheeran | 16 | 170.0 kg | 180.0 kg | 190.0 kg | 190.0 kg | 14 | 125.0 kg | 130.0 kg | 132.5 kg | 130.0 kg | 235.0 kg | 250.0 kg | 255.0 kg | 250.0 kg | 570.0 kg | 0.56130 | 319.9410 | 1 | 1 | | | | |
| 3 | M2 | 100.00 | 48 | 97.0 | UN | M | SCO | Rodger Lyon | 16 | 140.0 kg | 140.0 kg | 140.0 kg | 140.0 kg | 15 | 135.0 kg | 142.5 kg | 150.0 kg | 142.5 kg | 200.0 kg | 210.0 kg | x | 200.0 kg | 482.5 kg | 0.56190 | 271.1168 | 2 | 2 | | | | |
| 3 | M4 | 100.00 | 55 | 96.4 | UN | M | SCO | Tom Ashmole | | | | 0.0 kg | 14 | 145.0 kg | 157.5 kg | 160.0 kg | 160.0 kg | | | | 0.0 kg | 160.0 kg | 0.56360 | 90.1760 | 1 | 1 | Best Oneequipped male | | | | |
| 3 | Open | 110.00 | 29 | 103.6 | UN | M | SCO | Yingshuai Sun | 16 | 210.0 kg | 220.0 kg | 230.0 kg | 230.0 kg | 15 | 160.0 kg | 170.0 kg | 180.0 kg | 170.0 kg | 220.0 kg | 240.0 kg | 250.0 kg | 250.0 kg | 650.0 kg | 0.54630 | 355.0950 | 1 | 1 | | | | |
| 3 | Open | 110.00 | 34 | 107.6 | UN | M | SCO | Ryan Beveridge | 16 | 205.0 kg | 220.0 kg | 220.0 kg | 220.0 kg | 15 | 135.0 kg | 142.5 kg | 150.0 kg | 142.5 kg | 235.0 kg | 250.0 kg | 260.0 kg | 250.0 kg | 612.5 kg | 0.53960 | 330.5050 | 2 | 2 | | | | |
| 3 | Jnr | 110.00 | 22 | 103.0 | UN | M | SCO | George Stewart | 19 | 170.0 kg | 182.5 kg | 190.0 kg | 190.0 kg | 17 | 125.0 kg | 125.0 kg | 127.5 kg | 127.5 kg | 220.0 kg | 235.0 kg | 250.0 kg | 235.0 kg | 552.5 kg | 0.54750 | 302.4938 | 3 | 1 | | | | |
| 3 | M4 | 110.00 | 56 | 106.2 | UN | M | SCO | Steve Buckton | | | | 0.0 kg | 13 | 155.0 kg | 162.5 kg | 165.0 kg | 162.5 kg | | | | 0.0 kg | 162.5 kg | 0.54170 | 88.0263 | 1 | 1 | | | | | |
| 3 | M3 | 125.00 | 52 | 123.2 | UN | M | SCO | Derek Forsyth | 18 | 240.0 kg | 255.0 kg | 265.0 kg | 265.0 kg | 15 | 175.0 kg | 182.5 kg | 188.0 kg | 187.5 kg | 285.0 kg | 300.0 kg | 310.0 kg | 310.0 kg | 762.5 kg | 0.52350 | 399.1688 | 1 | 1 | Best Un-equipped Male | | | |

Refs

Chris Martin
Joanne Martin
Jim Sheddou
Arthur Cowley

Loaders