



90+							
110							
110+							

**MASTER 1 (40-44yrs) EQUIPPED**

WGT	Squat		Bench Press		Deadlift		Total	
44								
47.5								
50.5								
53								
55.5								
58.5								
63								
70	ANDERSON Mary () SCO	160	ANDERSON Mary () SCO	87.5		ANDERSON Mary () SCO	447.5	
80	ANDERSON Mary (2011) SCO	200.5	ANDERSON Mary (2009) SCO	116	ANDERSON Mary (2009) SCO	220	ANDERSON Mary (2011) SCO	527.5
90	ANDERSON Mary (2010) SCO	190	ANDERSON Mary (2010) SCO	117.5	ANDERSON Mary (2010) SCO	212.5	ANDERSON Mary (2010) SCO	515
90+								
110								
110+								

**MASTER 2 (44-49yrs) EQUIPPED**

WGT	Squat		Bench Press		Deadlift		Total	
44								
47.5								
50.5								
53								
55.5								
58.5								
63								
70	ANDERSON Mary (2014) SCO	160	ANDERSON Mary (2014) SCO	87.5	ANDERSON Mary (2014) SCO	200	ANDERSON Mary (2014) SCO	447.5
80	ANDERSON Mary (2015) SCO	195	ANDERSON Mary (2014) SCO	115	ANDERSON Mary (2015) SCO	210	ANDERSON Mary (2015) SCO	510
90	ANDERSON Mary (2016) SCO	180	ANDERSON Mary (2016) SCO	115	ANDERSON Mary (2016) SCO	200.5	ANDERSON Mary (2016) SCO	495
90+								
110								
110+								

**MASTER 3 (50-54yrs) EQUIPPED**

WGT	Squat		Bench Press		Deadlift		Total	
44								
47.5								
50.5								
53								
55.5								
58.5								
63								
70	ANDERSON Mary (2021) SCO	160	ANDERSON Mary (2021) SCO	97.5	ANDERSON Mary (2021) SCO	182.5	ANDERSON Mary (2021) SCO	432.5
80	ANDERSON Mary (2018) SCO	175	ANDERSON Mary (2018) SCO	110	ANDERSON Mary (2018) SCO	200	ANDERSON Mary (2018) SCO	485
90								
90+								
110								
110+								

**MASTER 4 (55-59yrs) EQUIPPED**

WGT	Squat		Bench Press		Deadlift		Total	
44								
47.5								
50.5								
53								
55.5								
58.5								
63								
70								
80	COIA Gabrielle (2021) SCO	120	COIA Gabrielle (2021) SCO	62.5	COIA Gabrielle (2021) SCO	130	COIA Gabrielle (2021) SCO	312.5
90								
90+								
110								
110+								

**MASTER 5 (60-64yrs) EQUIPPED**

WGT	Squat		Bench Press		Deadlift		Total
44							
47.5							
50.5							
53							
55.5							
58.5							

63							
70							
80							
90							
90+							
110							
110+							

**MASTER 6 (65-69yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				
110				
110+				

**MASTER 7 (70-74yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				
110				
110+				

**MASTER 8 (75-79yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				
110				
110+				

**MASTER 9 (80-84yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				
50.5				
53				
55.5				
58.5				
63				
70				
80				
90				
90+				
110				
110+				

**MASTER 10 (85-89yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5				

