

### OPEN EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total	
52					
56					
60	BROWN Ted (2011) EM	107.5	BROWN Ted (2011) EM 85	BROWN Ted (2011) EM 145	BROWN Ted (2011) EM 337.5
67.5					
75	CLARK Henry (2011) EM	135	CLARK Henry (2011) EM 55	CLARK Henry (2011) EM 150	CLARK Henry (2011) EM 340
82.5	ABERY Neil (2015) EM	294	ABERY Neil (2011) EM 180	OTTOLANGUI David () EM 282.5	ABERY Neil (2011) EM 735
90	ABERY Neil (2010) EM	320	ABERY Neil (2010) EM 187.5	ABERY Neil (2010) EM 265	ABERY Neil (2010) EM 762.5
100					WEST John () EM 700
110	MARSHALL Simon (2011) EM	320	MARSHALL Simon (2011) EM 245.5	MARSHALL Simon (2011) EM 312.5	MARSHALL Simon (2011) EM 867.5
125					
145					
145+					

### TEENAGE 1 (14-15 yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total	
52					
56					
60					
67.5					
75					
82.5					
90		PYE Lee () EM	80	PYE Lee () EM	395
100					
110					
125					
145					
145+					

### TEENAGE 2 (16-17 yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
52				
56				
60				
67.5				
75				

82.5							
90							
100							
110							
125							
145							
145+							

**TEENAGE 3 (18-19 yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				
90				
100				
110				
125				
145				
145+				

**JUNIOR (20-23 yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5	ABERY Neil () EM	247.5		ABERY Neil (2001) EM 680
90				
100				
110				
125				
145				
145+				

**MASTER 1 (40-44yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5			OTTOLANGUI David () EM	282.5
90				
100				
110				
125				
145				
145+				

**MASTER 2 (45-49yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift	Total	
52					
56					
60					
67.5					
75					
82.5					
90		AMBLER Derek () EM	161		
100				WEST John () EM	695
110					
125					
145					
145+					

**MASTER 3 (50-54yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				

90								
100							WEST John () EM	700
110								
125								
145								
145+								

**MASTER 4 (55-59yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				
90				
100				
110	WEST John () EM	252.5		
125				
145				
145+				

**MASTER 5 (60-64yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				
90				
100				
110				
125				
145				
145+				

**MASTER 6 (65-69yrs) EQUIPPED**



100								
110								
125								
145								
145+								

**MASTER 9 (80-84yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift	Total	
52					
56					
60	BROWN Ted (2011) EM	107.5	BROWN Ted (2011) EM 85	BROWN Ted (2011) EM 145	BROWN Ted (2011) EM 337.5
67.5					
75					
82.5					
90					
100					
110					
125					
145					
145+					

**MASTER 10 (85-89yrs) EQUIPPED**

WGT	Squat	Bench Press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				
90				
100				
110				
125				
145				
145+				

**M/P/F EQUIPPED**

WGT	Squat	Bench Press	Deadlift	Total
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52								
56								
60								
67.5								
75								
82.5								
90								
100								
110								
125								
145								
145+								