

Official BDFPA Score Sheet (V13.7)

Date of Comp: 19th May 2024

Organiser: Richard Bremner

South West Full Power Championships at Synergy Barbell Weston Super Mare

British Record		European Record					World Record			MPF World Record			Divisional Record			Drug Tested		Calibrated Scales and Weights Used YES									
Age Cat	Wt Class	Age	Body Weight	UN/EQ	F/M	DIV	Name	SQUAT				BENCH				DEADLIFT				Total	QUALIFY REQ	Co eff.	Points	Place Class	Place Cat	Best Lifter	
								1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift	1st Lift	2nd Lift	3rd Lift	4th Lift								
Open	80.00	26	76.6	EQ	F		Kenya Wellings	110.0 kg	112.5 kg	115.0 kg		62.5 kg	65.0 kg	67.5 kg		130.0 kg	132.5 kg	132.5 kg		310.0 kg	322.5	0.71070	220.3170	1	1	Best Equipped Female Powerlifter	
Open	90.00	37	87	EQ	M		Jan Turba	220.0 kg	235.0 kg	250.0 kg		130.0 kg	140.0 kg	140.0 kg		220.0 kg	240.0 kg	250.0 kg		630.0 kg	572.5	0.59780	376.6140	1	1		
Open	100.00	25	98.4	EQ	M		Ash Cutter	250.0 kg	265.0 kg	265.0 kg		175.0 kg	175.0 kg	182.5 kg		250.0 kg	267.5 kg	275.0 kg		700.0 kg	607.5	0.55810	390.6700	1	1	Best Equipped Male Powerlifter	
Open	53.00	37	52.8	UN	F		Zoe-May Jones	80.0 kg	85.0 kg	87.5 kg		47.5 kg	52.5 kg	52.5 kg		90.0 kg	100.0 kg	105.0 kg		237.5 kg	202.5	0.95650	227.1688	1	1		
M1	58.50	41	56.4	UN	F		Adynna Ling	52.5 kg	57.5 kg	65.0 kg		35.0 kg	40.0 kg	42.5 kg		82.5 kg	92.5 kg	92.5 kg		197.5 kg	210	0.90590	178.9153	1	1		
T2	60.00	17	58.2	UN	M		Brady Wright	85.0 kg	92.5 kg	100.0 kg		60.0 kg	67.5 kg	72.5 kg		110.0 kg	117.5 kg	125.0 kg		292.5 kg	272.5	0.83910	245.4368	1	1		
Open	70.00	30	64.8	UN	F		Chrissie Richardson	115.0 kg	125.0 kg	130.0 kg		70.0 kg	77.5 kg	77.5 kg		130.0 kg	135.0 kg	140.0 kg		340.0 kg	257.5	0.80630	274.1420	1	1		
Open	70.00	36	68.2	UN	F		Nicola Heath	95.0 kg	107.0 kg	120.0 kg		55.0 kg	60.0 kg	65.0 kg		130.0 kg	140.0 kg	150.0 kg		330.0 kg	257.5	0.77210	254.7930	2	2		
Jnr	75.00	22	75	UN	M		Dominic Bovill	130.0 kg	140.0 kg	147.5 kg		100.0 kg	105.0 kg	110.0 kg		170.0 kg	182.5 kg	190.0 kg		447.5 kg	412.5	0.66450	297.3638	1	1		
Open	80.00	34	78.8	UN	F		Sarah Dutnall	100.0 kg	105.0 kg	110.0 kg		70.0 kg	75.0 kg	80.0 kg		130.0 kg	135.0 kg	140.0 kg		325.0 kg	282.5	0.69620	226.2650	1	1		
M2	80.00	48	74.3	UN	F		Lesley Keenan	80.0 kg	90.0 kg	100.0 kg		60.0 kg	65.0 kg	70.0 kg		125.0 kg	135.0 kg	142.5 kg		312.5 kg	255	0.72650	227.0313	2	1		
M1	80.00	42	72.4	UN	F		Amanda Dunning	55.0 kg	60.0 kg	65.0 kg		40.0 kg	47.5 kg	52.5 kg		85.0 kg	95.0 kg	100.0 kg		212.5 kg	267.5	0.74010	157.2713	3	1		
Open	82.50	33	82.4	UN	M		Jay Akponoivi	220.0 kg	235.0 kg	240.0 kg		162.5 kg	170.0 kg	175.0 kg		282.5 kg	300.0 kg	pass		705.0 kg	490	0.61980	436.9590	1	1	Best Unequipped Male Powerlifter	
M3	90.00	52	87.8	UN	M		Mark Lowe	205.0 kg	217.5 kg	217.5 kg		130.0 kg	142.5 kg	150.0 kg		215.0 kg	227.5 kg	235.0 kg		602.5 kg	447.5	0.59430	358.0658	1	1		
Open	90.00	32	88.8	UN	M		Louis Wainwright-Vale	170.0 kg	180.0 kg	190.0 kg		115.0 kg	122.5 kg	125.0 kg		190.0 kg	200.0 kg	215.0 kg		515.0 kg	520	0.59010	303.9015	2	2		
T3	100.00	18	99.8	UN	M		Jacob Williams	200.0 kg	210.0 kg	215.0 kg		130.0 kg	140.0 kg	pass		200.0 kg	205.0 kg	207.5 kg		550.0 kg	447.5	0.55450	304.9750	1	1		
T2	100.00	17	95.6	UN	M		Joshua Albers	165.0 kg	177.5 kg	190.0 kg		100.0 kg	105.0 kg	112.5 kg		205.0 kg	225.0 kg	237.5 kg		520.0 kg	402.5	0.56600	294.3200	2	1		
T2	100.00	17	94.8	UN	M		Shay Minty	175.0 kg	180.0 kg	187.5 kg		100.0 kg	107.5 kg	112.5 kg		205.0 kg	217.5 kg	225.0 kg		512.5 kg	402.5	0.56850	291.3563	3	2		
M1	125.00	44	119.4	UN	M		Dan Ling	210.0 kg	220.0 kg	230.0 kg		70.0 kg	80.0 kg	90.0 kg		240.0 kg	255.0 kg	270.0 kg		575.0 kg	555	0.52750	303.3125	1	1		
Open	145.00	37	128	UN	M		David Sherwin	180.0 kg	190.0 kg	200.0 kg		105.0 kg	112.5 kg	117.5 kg		200.0 kg	220.0 kg	230.0 kg		547.5 kg	612.5	0.51740	283.2765	1	1		
Open	90+	35	104.6	UN	F		Mel Rawsthorne	155.0 kg	165.0 kg	170.0 kg		75.0 kg	85.0 kg	90.0 kg		180.0 kg	200.0 kg	210.0 kg		470.0 kg	327.5	0.58490	274.9030	1	1	Best Unequipped Female Powerlifter	
M1	90+	40	92.8	UN	F		Sara Huws	110.0 kg	120.0 kg	120.0 kg		55.0 kg	57.5 kg	60.0 kg		150.0 kg	155.0 kg	155.0 kg		332.5 kg	310	0.62160	206.6820	2	1		
Open	90+	39	90.2	UN	F		Hannah Sherwin	70.0 kg	70.0 kg	85.0 kg		57.5 kg	65.0 kg	70.0 kg		100.0 kg	110.0 kg	122.5 kg		272.5 kg	327.5	0.63030	171.7568	3	3		
M2	90+	46	103	UN	F		Karen Gooch	85.0 kg	92.5 kg	102.5 kg		52.5 kg	57.5 kg	62.5 kg		95.0 kg	105.0 kg	115.0 kg		270.0 kg	295	0.58960	159.1920	4	1		
Open	90+	28	91.2	UN	F		Holly Johnstone	70.0 kg	77.5 kg	85.0 kg		40.0 kg	47.5 kg	52.5 kg		95.0 kg	105.0 kg	115.0 kg		252.5 kg	327.5	0.62690	158.2923	5	5		

Refs
 Mark Ratenberry (nat)
 Paul Collinson (Int)
 Russell Martin (Int)

Loaders
 Adam Harding
 Chris Lynn
 David Kersh